

CO-ORGANIZED BY



FONDAZIONE
MENARINI



UNIVERSITÀ
DEGLI STUDI
FIRENZE

Dipartimento di Scienze
Biomediche, Sperimentali
e Cliniche "Mario Serio"
Eccellenza 2023-2027

50

YEARS OF
FONDAZIONE
MENARINI

HALF A CENTURY OF MEDICINE

Looking Towards The Future



5th-6th October 2026

Camera di Commercio, Piazza Mentana 1 (Florence, IT)

WWW.FONDAZIONE-MENARINI.COM

WHO WE ARE

50
YEARS OF
FONDAZIONE
MENARINI

The “**Fondazione Menarini**” was established in the spring of **1976** to promote research and knowledge in the fields of biology, pharmacology and medicine as well as economy and human sciences.

One of the main tools the Foundation uses to achieve its goals is the organization of **international congresses** with a specific focus on medical disciplines.



FONDAZIONE
MENARINI

The logo the **Fondazione Menarini** adopted at the time of its establishment derives from a famous seventeenth-century treatise, the **Novissima Iconologia del Ripa** (Ripas’ New Iconology), rich in symbolic meanings from Parmenides to Plato’s Myth of the Soul.

The image, which depicts a man leading a horse while firmly gripping the bridle, was chosen as it effectively represents the Foundation’s goals and topics based on its **balanced interests in humanistic and biological sciences**.



FONDAZIONE
MENARINI

OPENING REMARKS BY THE CONGRESS PRESIDENTS

Fifty years is both a long time and, in the history of medicine, barely a breath. Yet the pace of transformation we have witnessed since 1976, the year Fondazione Menarini was founded, has been nothing short of extraordinary.

When the Fondazione Menarini was established, coronary stenting did not exist, catheter ablation for atrial fibrillation was unimaginable, cardiac resynchronization therapy was decades away, and the molecular underpinnings of heart failure, cardiomyopathies, and pulmonary hypertension remained largely unexplored.

In metabolic medicine, the landscape of type 2 diabetes treatment was limited to a handful of agents, obesity was barely recognized as a disease, and the concept of precision medicine in diabetes heterogeneity had yet to emerge. Respiratory medicine, similarly, was on the threshold of a revolution that would bring biological therapies for severe asthma, new disease-modifying strategies for COPD and interstitial lung diseases, and the recognition of bronchiectasis as a condition deserving dedicated clinical attention.

Over the two days of this meeting, leading international experts will guide us through half a century of landmark achievements in cardiovascular, respiratory, and metabolic diseases — not as a retrospective exercise, but as a foundation for understanding where the most promising frontiers lie. We will hear from the very protagonists of some of the most transformative advances in clinical medicine and we will explore the evolving understanding of cardiovascular, respiratory and metabolic diseases. We will also examine how artificial intelligence will reshape medicine and the medical activity.

Special Lectures will offer complementary perspectives on how our understanding of disease continues to evolve. One will focus on the remarkable progress in gender medicine, reminding us that our interpretation of disease is closely linked to the populations we study. The second lecture will explore how the integration of metabolic networks and genomic insights is reshaping our approach to complex diseases, opening the way to more truly individualized care. A third lecture will examine how artificial intelligence is transforming diabetes care, from clinical decision support and data integration to personalized management, highlighting both its current applications and future potential in everyday practice.

Over these five decades, the Fondazione Menarini has played a consistent and distinguished role in fostering scientific exchange, nurturing the dialogue between academia and clinical practice, and supporting the dissemination of medical knowledge across disciplines and borders. This congress is both a celebration of that legacy and a forward-looking commitment to the work that still lies ahead.

Welcome to Florence. Welcome to the next fifty years

Co-Presidents of the Meeting

Linda Vignozzi

Louis J. Ignarro

UNDER THE AUSPICES OF**CO-PRESIDENTS:****Linda Vignozzi**

(Florence, IT)

Louis J. Ignarro

(Los Angeles, CA, US)

SCIENTIFIC COMMITTEE:**Marianne J. Legato**

(New York, NY, US)

Filippo Crea

(Rome, IT)

Leonardo M. Fabbri

(Ferrara, IT)

Stefano Del Prato

(Pisa, IT)

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FIRENZEDipartimento di Scienze
Biomediche, Sperimentali
e Cliniche "Mario Serio"

Eccellenza 2023-2027

Fondazione Menarini

Centro Direzionale Milanofiori

20089 Rozzano (Milan, Italy)

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milan@fondazione-menarini.it

www.fondazione-menarini.com

SCIENTIFIC SECRETARIAT**TARGET MOTIVATION S.R.L**

Via Torino, 151/E - 30172 Mestre (VE)

Tel 041 2392605

congress@targetmotivation.it

www.targetmotivation.it

MONDAY, 5TH OCTOBER 2026 - MORNING

08.30 a.m. - 09.00 a.m. Welcome and Greetings
G. Caracciolo (Florence, IT)
L. Vignozzi (Florence, IT)
L. J. Ignarro (Los Angeles, CA, US)
Faculty of Medicine University of Florence

SESSION I - METABOLIC DISEASES – PART I

Chairpersons:

E. Alti - TBC (Florence, IT), **L. Vignozzi** (Florence, IT)

09.00 a.m. - 09.30 a.m. Half a century of achievements in the diabetes arena
M. Nauck (Bochum, DE)

09.30 a.m. - 09.50 a.m. One, two, three....multitarget treatment for diabetes and obesity
T. D. Müller (Munich, DE)

09.50 a.m. - 10.10 a.m. Understanding the heterogeneity of type 2 diabetes
S. Misra (London, UK)

10.10 a.m. - 10.40 a.m. Moderators:
A. Galli (Florence, IT), **E. Mannucci** (Florence, IT)
General Discussion

Special Lecture Introduction:
P. Ferragina (Pisa, IT)

10.40 a.m. - 11.10 a.m. *Special Lecture:* AI for the diabetologist
V. Natarajan (Mountain View, CA, US)

11.10 a.m. - 11.25 a.m. *Coffee break*

SESSION II - METABOLIC DISEASES – PART II

Chairpersons:

L. Livi (Florence, IT), **A. M. Vannucchi** (Florence, IT)

11.25 a.m. - 11.45 a.m. Frontiers in obesity

M. Bluher (Leipzig, DE)

11.45 a.m. - 12.05 p.m. New venues in the treatment of dyslipidemia

L. Tokgozoglu (Ankara, TR)

12.05 p.m. - 12.25 p.m. Preventing Type 1 diabetes

A. Ziegler (Munich, DE)

12.25 p.m. - 12.55 p.m. Moderators:

E. Cerbai (Florence, IT), **L. Vignozzi** (Florence, IT)

General Discussion

12.55 p.m. - 01.25 p.m. *Special Lecture:* Precision Medicine Across Disciplines:
Integrating Metabolic Network and Genomic Concepts

M. A. Schmidt (Denver, CO, US)

01.25 p.m. - 02.10 p.m. *Lunch*

MONDAY, 5TH OCTOBER 2026 - AFTERNOON

SESSION III - RESPIRATORY DISEASES – PART I

Chairpersons:

L. Corbetta (Florence, IT), **S. Romagnoli** (Florence, IT)

02.10 p.m. - 02.40 p.m. 1976 – 2026 – Half a century of achievements in the
respiratory diseases area
B. R. Celli (Boston, MA, US)

02.40 p.m. - 03.00 p.m. Advances in severe asthma
L. Cosmi (Florence, IT)

03.00 p.m. - 03.20 p.m. Advances in COPD
A. Agustí (Barcelona, ES)

03.20 p.m. - 03.40 p.m. Advances in lung cancer
A. Ardizzoni (Bologna, IT)

03.40 p.m. - 04.10 p.m. Moderators:
A. Agustí (Barcelona, ES), **L.M. Fabbri** (Ferrara, IT)
General Discussion

04.10 p.m. - 04.25 p.m. *Coffee break*

SESSION IV - RESPIRATORY DISEASES – PART II

Chairpersons:

TBD, F. Lavorini (Florence, IT)

04.25 p.m. - 04.45 p.m. Advances in bronchiectasis
S. Aliberti (Milan, IT)

04.45 p.m. - 05.05 p.m. Advances in interstitial lung diseases
F. J. Martinez (Boston, MA, US)

05.05 p.m. - 05.25 p.m. Advances in pulmonary hypertension
G. Kovacs (Graz, AT)

05.25 p.m. - 05.55 p.m. Moderators:
A. Agustí (Barcelona, ES), **L.M. Fabbri** (Ferrara, IT)
General Discussion

05.55 p.m. - 06.10 p.m. Questions and Answers
Survey event: Appreciation survey with certificate

TUESDAY, 6TH OCTOBER 2026 - MORNING

SESSION V - CARDIOVASCULAR DISEASES – PART I

Chairpersons:

F. Crea (Rome, IT), **M. J. Legato** (New York, NY, US)

08.00 a.m. - 08.30 a.m. *Welcome Coffee*

08.30 a.m. - 09.00 a.m. 1976 – 2026 – Half a century of achievements in the cardiovascular diseases arena
T. Lüscher (London, UK)

09.00 a.m. - 09.20 a.m. Brugada syndrome narrated by a protagonist
J. Brugada (Barcelona, ES)

09.20 a.m. - 09.40 a.m. Coronary stenting narrated by a protagonist
U. Sigwart (Zurich, CH)

09.40 a.m. - 10.00 a.m. Cardiac resynchronization therapy narrated by a protagonist
C. Linde (Stockholm, SE)

10.00 a.m. - 10.30 a.m. Moderators:
A. Mugelli (Florence, IT), **A. Ungar** (Florence, IT)
General Discussion

10.30 a.m. - 11.00 a.m. *Special Lecture: Half a century of achievements in gender medicine*
M. J. Legato (New York, NY, US)

SESSION VI - CARDIOVASCULAR DISEASES – PART II

Chairpersons:

C. Linde (Stockholm, SE), **T. Lüscher** (London, UK)

11.00 a.m. - 11.20 a.m. Ischemic heart disease: from epicardial stenoses to microvascular dysfunction

F. Crea (Rome, IT)

11.20 a.m. - 11.40 a.m. Cardiomyopathies: from phenotype to genotype

P. Elliott (London, UK)

11.40 a.m. - 12.00 p.m. Heart failure: from symptomatic to disease modifying treatment

M. Pfeffer (Boston, MA, US)

12.00 p.m. - 12.30 p.m. Moderators:

I. Olivetto (Florence, IT), **P. Stefano** (Florence, IT)

General Discussion

12.30 p.m. - 02.00 p.m. Round Table: Discussion with experts from different countries

02.00 p.m. - 02.30 p.m. Questions and Answers

Survey event: Appreciation survey with certificate

02.30 p.m. - 03.30 p.m. *Lunch*

TUESDAY, 6TH OCTOBER 2026 - AFTERNOON

FONDAZIONE MENARINI 50TH ANNIVERSARY CELEBRATION

04.00 p.m. - 04.10 p.m. Introduction of the event:
M. R. Montebelli (Rome, IT)

WELCOME REMARKS

04.10 p.m. - 04.25 p.m. **A. G. Aleotti** and **L. Aleotti** (Florence, IT)
Shareholders and Board Members of Menarini Group
E. Barker Ergun (Florence, IT)
CEO, Menarini Group

CELEBRATING LECTURES

04.25 p.m. - 04.30 p.m. Chairperson:
G. Caracciolo (Florence, IT)
Scientific and Operations Director,
Fondazione Menarini
04.30 p.m. - 04.50 p.m. **S. Del Prato** (Pisa, IT)
President, Fondazione Menarini
04.50 p.m. - 05.00 p.m. **M. Scaccabarozzi** (Florence, IT)
Director, Fondazione Menarini On Radar Think Tank
05.00 p.m. - 05.40 p.m. *Keynote Lecture:* Fondazione Menarini: The Journey of
a Nobel Laureate
L. J. Ignarro (Los Angeles, CA, US)

INSTITUTIONAL REMARKS

05.40 p.m. - 05.45 p.m. Chairpersons:
G. Caracciolo (Florence, IT),
S. Del Prato (Pisa, IT)

05.45 p.m. - 06.00 p.m. **Authorities**

PRESS CONFERENCE

Chairpersons:
S. Del Prato (Pisa, IT), **L. Vignozzi** (Florence, IT)
Moderator:
M. R. Montebelli (Rome, IT)

06.00 p.m. - 07.00 p.m. **Press Conference** on the Scientific Event and the 50th Anniversary Celebration, with the participation of the Scientific Committee
L. J. Ignarro (Los Angeles, CA, US),
M. J. Legato (New York, NY, US),
F. Crea (Rome, IT),
L. M. Fabbri (Ferrara, IT)

07.00 p.m. *Light Dinner*

**International Congress on:
Half a Century of Medicine Looking Towards The Future**

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FACULTY

Agustí Àlvar	Barcelona, ES
Aliberti Stefano	Milan, IT
Alti Elisabetta	Florence, IT
Ardizzoni Andrea	Bologna, IT
Bluher Matthias	Leipzig, DE
Brugada Josip	Barcelona, ES
Celli Bartolomé R.	Boston, MA, US
Cerbai Elisabetta	Florence, IT
Corbetta Lorenzo	Florence, IT
Cosmi Lorenzo	Florence, IT
Crea Filippo	Rome, IT
Del Prato Stefano	Pisa, IT
Elliott Perry	London, UK
Fabbri Leonardo M.	Ferrara, IT
Ferragina Paolo	Pisa, IT
Galli Andrea	Florence, IT
Ignarro Louis J.	Los Angeles, CA, US
Kovacs Gabor	Graz, AT
Lavorini Federico	Florence, IT
Legato Marianne J.	New York, NY, US
Linde Cecilia	Stockholm, SE
Livi Lorenzo	Florence, IT

International Congress on: Half a Century of Medicine Looking Towards The Future

FACULTY

Lüscher Thomas	London, UK
Mannucci Edoardo	Florence, IT
Martinez Fernando J.	Boston, MA, US
Misra Shivani	London, UK
Mugelli Alessandro	Florence, IT
Müller Timo Dirk	Munich, DE
Natarajan Vivek	Mountain View, CA, US
Nauck Michael A.	Bochum, DE
Olivotto Iacopo	Florence, IT
Pfeffer Mark	Boston, MA, US
Romagnoli Stefano	Florence, IT
Scaccabarozzi Massimo	Florence, IT
Schmidt Michael A.	Denver, CO, US
Sigwart Ulrich	Zurich, CH
Stefano Pier Luigi	Florence, IT
Tokgozoglu Lale	Ankara, TR
Ungar Andrea	Florence, IT
Vannucchi Alessandro Maria	Florence, IT
Vignozzi Linda	Florence, IT
Ziegler Annette	Munich, DE

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REGISTRATION - HYBRID EVENT

VIA WEBSITE AND/OR APP - HYBRID EVENT

Subscription to the Reserved Area and to the Event of your interest is required.
REGISTRATION IS FREE.

RESIDENTIAL EVENT

Via website **www.fondazione-menarini.com**

IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

- 1) Please **visit the page of the congress** of your interest:

<https://fondazione-menarini.com/en/courses-and-events/event-information.html/international-congress-on-half-a-century-of-medicine-looking-towards-the-future>

- 2) Click on **“SUBSCRIBE TO RESIDENTIAL EVENT”** and **LOG IN** with your credentials.
- 3) Choose which days you wish to attend.

You will receive a confirmation email.

IF YOU ARE NOT YET A SUBSCRIBER, REGISTER **FOR FREE** IN THE FONDAZIONE MENARINI RESERVED AREA

- 1) Go to **www.fondazione-menarini.com** and click on **“Reserved Area”** (home page, on the right)
- 2) To **register in the reserved area**, just fill in the form, available here:

www.fondazione-menarini.com/en/reserved-area.html

- 3) Fill in all the mandatory fields and complete the registration, click on **REGISTER** (only once).

Wait for the confirmation page to appear, do not click on anything or leave the page.

Once you receive confirmation, return to the home page, you will already be logged-in to the reserved area.

- 4) **Visit the page of the congress** of your interest:

<https://fondazione-menarini.com/en/courses-and-events/event-information.html/international-congress-on-half-a-century-of-medicine-looking-towards-the-future>

- 5) Confirm your registration by clicking on **“SUBSCRIBE TO RESIDENTIAL EVENT”** and **LOG IN** with your credentials.
- 6) Choose which days you wish to attend.

You will receive a confirmation email.

International Congress on: Half a Century of Medicine Looking Towards The Future

REGISTRATION - LIVE STREAMING

LIVE STREAMING

Via website www.fondazione-menarini.com

IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

- 1) Please **visit the page of the congress** of your interest:

<https://fondazione-menarini.com/en/courses-and-events/event-information.html/international-congress-on-half-a-century-of-medicine-looking-towards-the-future>

- 2) Click on **"SUBSCRIBE TO LIVE STREAMING"** and **LOG IN** with your credentials, check the Privacy Notice and click on **"ATTEND"**.

You can enjoy the LIVE STREAMING for free on 5th and 6th October 2026.

IF YOU ARE NOT YET A SUBSCRIBER, REGISTER **FOR FREE** IN THE FONDAZIONE MENARINI RESERVED AREA

- 1) Go to www.fondazione-menarini.com and click on **"Reserved Area"** (home page, on the right).

- 2) To **register in the reserved area**, just fill in the form, available here:

www.fondazione-menarini.com

- 3) Fill in all the mandatory fields and complete the registration, click on **REGISTER** (only once).

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- 4) **Visit the page of the congress** of your interest:

<https://fondazione-menarini.com/en/courses-and-events/event-information.html/international-congress-on-half-a-century-of-medicine-looking-towards-the-future>

- 5) Confirm your registration by clicking on **"SUBSCRIBE TO LIVE STREAMING"**, check the Privacy Notice and click on **"ATTEND"**.

You can enjoy the LIVE STREAMING for free on 5th and 6th October 2026.

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REGISTRATION - FONDAZIONE APP



VIA FONDAZIONE MENARINI APP

Download the APP of Fondazione Menarini,
click here or scan the QR CODE:

www.fondazione-menarini.com/en/app-fondazione-menarini.html

LIVE STREAMING

IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

You can access the APP with the same username and password that you use in the website. Visit the page of the event and confirm your participation, click on **"SUBSCRIBE TO LIVE STREAMING"**.

You can enjoy the **LIVE STREAMING** for free on 5th and 6th October 2026.

IF YOU ARE NOT YET A SUBSCRIBER, REGISTER **FOR FREE** IN THE FONDAZIONE MENARINI RESERVED AREA

Click on the profile icon in the top right-hand corner, or in the details of an event. Click on **LOGIN**:

Click on the red button **REGISTER**; to register in the reserved area, just fill in all the mandatory fields of the form.

Now it is necessary to log in with your username (email) and password! Then click on **LOGIN**.

Now you are logged-in to the APP (you will see your name near the user icon).

You can visit the schedule of the event, and click on the red button **"SUBSCRIBE TO LIVE STREAMING"**, check the Privacy Notice and the confirm.

You can enjoy the **LIVE STREAMING** for free on 5th and 6th October 2026.

RESIDENTIAL EVENT

IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

You can access the APP with the same username and password that you use on the website. Visit the page of the event and confirm your participation, click on **"SUBSCRIBE TO RESIDENTIAL EVENT"**.

As you will be redirected to the **Fondazione Menarini website**, please follow the instructions above for

RESIDENTIAL EVENT.

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Click on the profile icon in the top right-hand corner, or in the details of an event. Click on **LOGIN**:

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As you will be redirected to the **Fondazione Menarini website**, please follow the instructions above for **RESIDENTIAL EVENT**.

Please feel free to contact us if you need any further information or require any assistance, by clicking on the link below:

www.fondazione-menarini.com/en/contact-us.html

International Congress on: Half a Century of Medicine Looking Towards The Future

GENERAL INFORMATION

VENUE

The venue for the Meeting will be: Camera di Commercio (Chamber of Commerce), Piazza Mentana 1, Florence (Italy)

SECRETARIAT DURING THE MEETING

The Secretariat will be open at the following times:

Monday, 5th October from 07.30 a.m. to 06:10 p.m.

Tuesday, 6th October from 09.00 a.m. to 07:00 p.m.

OFFICIAL LANGUAGE

The official language of the Meeting will be English.

Simultaneous translation will be provided at the Anniversary Celebration and Press Conference.

REGISTRATION

The meeting is free to attend.

For more information and to register please visit the following website:

<https://fondazione-menarini.com/en/courses-and-events/event-information.html/international-congress-on-half-a-century-of-medicine-looking-towards-the-future>

TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections.

A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:

Monday, 5th October from 07.30 a.m. to 06:10 p.m.

Tuesday, 6th October from 09.00 a.m. to 07:00 p.m.

LUNCHE AND COFFEE BREAKS

Lunches and welcome coffee will be served near the meeting area.

ATTENDANCE CERTIFICATE AND SURVEY

At the end of each day, faculty members and participants will have the possibility to answer a short appreciation questionnaire accessible using the QR code projected on the screen. After completing the survey it will immediately be possible to download the Attendance Certificate which can be kept, printed and shared



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www.fondazione-menarini.com

All slides and presentations are available on our website 15 days after the event.

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**50
YEARS**



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