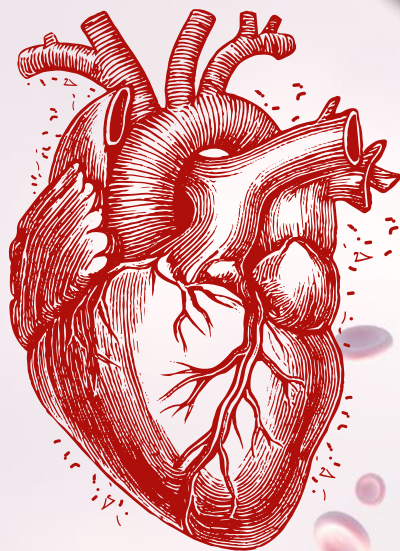


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Prevention throughout the cardiovascular continuum



WWW.FONDAZIONE-MENARINI.COM

11th-12th December 2026, Madrid

VENUE: Hotel Princesa Plaza - Calle de Serrano Jover 3, Madrid 28015

WHO WE ARE

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MENARINI

The “**Fondazione Menarini**” was established in the spring of **1976** to promote research and knowledge in the fields of biology, pharmacology and medicine as well as economy and human sciences.

One of the main tools the Foundation uses to achieve its goals is the organization of **international congresses** with a specific focus on medical disciplines.



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The logo the **Fondazione Menarini** adopted at the time of its establishment derives from a famous seventeenth-century treatise, the **Novissima Iconologia del Ripa** (Ripas’ New Iconology), rich in symbolic meanings from Parmenides to Plato’s Myth of the Soul.

The image, which depicts a man leading a horse while firmly gripping the bridle, was chosen as it effectively represents the Foundation’s goals and topics based on its **balanced interests in humanistic and biological sciences**.



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INTRODUCTION

Prevention throughout the cardiovascular continuum demands a life-course strategy that addresses risk factors, organs and clinical syndromes as a single, connected pathway—from obesity, diabetes and dyslipidaemia to vascular inflammation, hypertension, angina, heart failure and cardiorenal disease. This Menarini Foundation course brings together an international faculty to review state-of-the-art science and practical therapies at every step of that pathway, including GLP-1 receptor agonists and SGLT2 inhibitors, advanced lipid-lowering strategies for LDL-C, Lp(a) and triglyceride-rich lipoproteins, as well as PCSK9-targeted and other emerging oral agents, and novel anti-inflammatory approaches to atherosclerosis. Through focused sessions on obesity/diabetes, lipids, inflammation, hypertension, angina, heart failure and the cardiorenal axis, the programme will address the management of high-risk phenotypes commonly seen in practice—such as patients with combined CAD, HF, CKD, obesity or diabetes—and provide case-based guidance on how to sequence and combine therapies to reduce residual risk. Finally, participants will explore how emerging tools in personalised medicine, including AI-enabled decision support, coronary CT imaging, contemporary clinical risk scores (e.g. SCORE2 and SMART2) and polygenic risk scores, can refine cardiovascular risk prediction, support shared decision-making and help deliver truly individualised prevention strategies in everyday clinical care.

Co-Presidents of the Congress

Miguel Camafort Babkowski

José Maria Mostaza

Giuseppe Rosano

CO-PRESIDENTS OF THE MEETING

Miguel Camafort Babkowski (Barcelona, ES)

José Maria Mostaza (Madrid, ES)

Giuseppe Rosano (London, UK)

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SCIENTIFIC AND ORGANIZING SECRETARIAT

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20154 Milano

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Fax +39023491629

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FRIDAY, 11TH DECEMBER 2026 - MORNING

- 08.30 a.m. - 08.40 a.m. Welcome addresses and Introduction
CO-PRESIDENTS OF THE MEETING:
M. Camafort Babkowski (Barcelona, ES),
J. M. Mostaza (Madrid, ES), **G. Rosano** (London, UK)
- 08.40 a.m. - 08.50 a.m. Institutional greetings **Fondazione Menarini:**
G. Caracciolo (Florence, IT)

SESSION I - INFLAMMATION - OBESITY AND DIABETES

Chairpersons: **F. Pinto** (Lisbon, PT), **C. Berra** (Milan, IT)

- 08.50 a.m. - 09.10 a.m. Nature versus Nurture- the molecular basis of obesity
J. Vidal (Barcelona, ES)
- 09.10 a.m. - 09.30 a.m. Systemic Metabolic Disorders - What are they and how
do I use them to guide patient care
A.V. Puig (Cambridge, UK)
- 09.30 a.m. - 09.50 a.m. Targeting the Inflamed Plaque- why and how
C. Antoniades (Oxford, UK)
- 09.50 a.m. - 10.10 a.m. Complex cases in Diabetes –Using all the tools
A. Cebrian (Madrid, ES)
- 10.10 a.m. - 10.40 a.m. Discussion
- 10.40 a.m. - 11.00 a.m. *Coffee break*

SESSION II - LIPIDS

Chairpersons: **R. Ferrari** (Ferrara, IT),
M. Laufer-Perl (Tel Aviv, IL)

- | | |
|-------------------------|--|
| 11.00 a.m. - 11.20 a.m. | Lipoprotein (a) and ASCVD - Who should I test and what do I do about it
F. Pinto (Lisbon, PT) |
| 11.20 a.m. - 11.40 a.m. | Demystifying Triglyceride Rich Lipoproteins – From atherosclerosis to pancreatitis and Novel Therapies
E. Stroes (Amsterdam, NL) |
| 11.40 a.m. - 12.00 p.m. | Beyond statins- what other oral LDL-C lowering therapies do we have in our tool kit
P. Perrone-Filardi (Naples, IT) |
| 12.00 p.m. - 12.20 p.m. | The evolution of PCSK9 targeted therapies
J. J. Badimón |
| 12.20 p.m. - 12.40 p.m. | Bridging the East-West CV gap in Europe: the role of risk factor control
D. Vinereanu (Bucharest, RO) |
| 12.40 p.m. - 01.10 p.m. | Discussion |
| 01.10 p.m. - 02.00 p.m. | <i>Lunch</i> |

FRIDAY, 11TH DECEMBER 2026 - AFTERNOON

SESSION III - MEDITERRANEAN DIET

Chairpersons: **R. Ferrari** (Ferrara, IT),
R. Estruch (Barcelona, ES), **J. M. Mostaza** (Madrid, ES)

- 02.00 p.m. - 02.20 p.m. The Power of Diet in the Prevention of Cardiovascular Disease: Primary Prevention
R. Estruch (Barcelona, ES)
- 02.20 p.m. - 02.40 p.m. Improving the Prognosis of Cardiovascular Disease: Secondary Prevention
J. Delgado (Córdoba, ES)
- 02.40 p.m. - 03.00 p.m. Biological Mechanisms Underlying the Health Benefits of the Mediterranean Diet
D. Corella (Valencia, ES)
- 03.00 p.m. - 03.20 p.m. The Mediterranean Diet Beyond Nutrients: A Consensus Statement of the Spanish Atherosclerosis Society (SEA) and the Spanish Society of Internal Medicine (SEMI)
C. Guijarro (Madrid, ES)
- 03.20 p.m. - 04.00 p.m. Discussion
- 04.00 p.m. - 04.30 p.m. *Coffee break*

SESSION IV - ARTERIAL HYPERTENSION IN THE REAL WORLD: MORE THAN JUST BP

Chairpersons: **M. Camafort Babkowski** (Barcelona, ES),
G. Mancia (Milan, IT)

- | | |
|-------------------------|---|
| 04.30 p.m. - 04.50 p.m. | High-risk phenotypes: CAD, HF, CKD, and residual risk
D. Aristizábal (Medellín, CO) |
| 04.50 p.m. - 05.10 p.m. | Modern β -blockade: hemodynamics, endothelial function, metabolic profile
C. Borghi (Bologna, IT) |
| 05.10 p.m. - 05.30 p.m. | Managing hypertension in patients with angina
A. Manolis (Athens, GR) |
| 05.30 p.m. - 05.50 p.m. | Management of uncontrolled hypertension in CAD, HFpEF, and CKD
E. Rodilla (Valencia, ES) |
| 05.50 p.m. - 06.30 p.m. | Discussion |
| 06.30 p.m. - 06.45 p.m. | Survey event: Satisfaction survey with certificate |
| 06.45 p.m. - 07.00 p.m. | End of the day |

SATURDAY, 12TH DECEMBER 2026 - MORNING

SESSION V - SUBCLINICAL VASCULAR DISEASE

Chairpersons: **D. Banerjee** (London, UK),
B. López Melgar (Madrid, ES)

- 08.30 a.m. - 08.50 a.m. Seeing the Invisible: Lessons from the PESA Study on Detecting Subclinical Atherosclerosis with Non-invasive Imaging
I. García Lunar (Madrid, ES)
- 08.50 a.m. - 09.10 a.m. Coronary CT in Familial Hypercholesterolemia: Identifying Patients Who Need More. Insights from the SAFEHEART Study
L. Pérez de Isla (Madrid, ES)
- 09.10 a.m. - 09.30 a.m. Coronary Artery Calcium Scoring: From Evidence to Everyday Clinical Practice
M. Cainzos (Barcelona, ES)
- 09.30 a.m. - 09.50 a.m. Beyond Stenosis: Should Non-Obstructive Coronary Artery Disease Burden and Vulnerable Plaque by intravascular imaging Guide Prevention?
F. Alfonso (Madrid, ES)
- 09.50 a.m. - 10.30 a.m. Discussion
- 10.30 a.m. - 11.00 a.m. *Coffee break*

SESSION VI - ANGINA 2.0: FROM BLOCKAGES TO MICROVESSELS

Chairpersons: **G. Rosano** (London, UK),
R. Vidal Pérez (Coruña, ES)

- | | |
|-------------------------|---|
| 11.00 a.m. - 11.20 a.m. | Contemporary view of chronic angina: obstructive CAD vs INOCA/microvascular disease
R. Vidal Pérez (Coruña, ES) |
| 11.20 a.m. - 11.40 a.m. | Combination anti-anginal therapy in patients with angina
C. Escobar (Madrid, ES) |
| 11.40 a.m. - 12.00 p.m. | Management of angina beyond haemodynamic agents
G. Rosano (London, UK) |
| 12.00 p.m. - 12.20 p.m. | Update in the management of angina from the latest international guidelines
F. Pinto (Lisbon, PT) |
| 12.20 p.m. - 01.00 p.m. | Discussion |
| 01.00 p.m. - 02.00 p.m. | <i>Lunch</i> |

SATURDAY, 12TH DECEMBER 2026 - AFTERNOON

SESSION VII - HEART FAILURE FROM HFREF TO HFPEF

Chairpersons: **P. Seferović** (Belgrade, RS),
A. Rosman (Jerusalem, IL)

- 02.00 p.m. - 02.20 p.m. State-of-the-art on the management of HF across the EF spectrum
G. Rosano (London, UK)
- 02.20 p.m. - 02.40 p.m. Integrated management of ischaemic HF with angina
E. Barbato (Rome, IT)
- 02.40 p.m. - 03.00 p.m. Beyond SGLT2i and MRAs in HFpEF: role of β -blockers
O. Chioncel (Bucharest, RO)
- 03.00 p.m. - 03.20 p.m. Heart failure management in elderly and frail patients
C. Vitale (London, UK)
- 03.20 p.m. - 04.00 p.m. Discussion
- 04.00 p.m. - 04.20 p.m. *Coffee break*
- 04.20 p.m. - 04.30 p.m. Survey event: Satisfaction survey with certificate
- 04.30 p.m. - 04.40 p.m. Take home messages
- 04.40 p.m. - 04.50 p.m. Concluding remarks

FACULTY

Miguel Camafort Babkowski	Hospital Clínic de Barcelona, Barcelona, Spain
Fernando Alfonso	Madrid, Spain
Charalambos Antoniades	Oxford, UK
Dagnóvar Aristizábal	Medellín, Colombia
Juan José Badimón	
Debasish Banerjee	London, UK
Emanuele Barbato	Rome, Italy
Cesare Berra	Milan, Italy
Miguel Cainzos	Barcelona, Spain
Ana Cebrian	Madrid, Spain
Ovidiu Chioncel	Bucharest, Romania
Dolores Corella	Valencia, Spain
Javier Delgado	Córdoba, Spain
Carlos Escobar	Madrid, Spain
Ramon Estruch	Barcelona, Spain
Roberto Ferrari	Ferrara, Italy
Inés García Lunar	Madrid, Spain
Carlos Guijarro	Madrid, Spain

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Claudio Borghi	Università di Bologna Policlinico S. Orsola Malpighi, Bologna, Italy
Michal Laufer-Perl	Cardiology Department, Tel Aviv, University, Israel Tel Aviv Sourasky Medical Center, Tel Aviv, Israel
Beatriz López Melgar	Madrid, Spain
Giuseppe Mancia	Università di Milano Bicocca, Milano, Italy
José Maria Mostaza	Madrid, Spain
Leopoldo Pérez de Isla	Madrid, Spain
Pasquale Perrone-Filardi	Naples, Italy
Athanasios Manolis	Metropolitan Hospital Piraeus Greece, Athens, Greece
Antonio-Vidal Puig	Cambridge, UK
Enrique Rodilla	Valencia, Spain
Fausto J. Pinto	Centro Hospitalar Universitário Lisboa Norte, E.P.E. Lisbon, Portugal
Giuseppe Rosano	St. George's Hospital NHS Trust, University of London, London, UK
Azhari Rosman	Kuala Lumpur, Malaysia
Peter Seferović	Serbian Academy of Sciences and Art, Belgrade, Serbia
Erik Strokes	Amsterdam UMC, Amsterdam, Netherlands

FACULTY

Josep Vidal

Madrid, Spain

Rafael Vidal Pérez

Coruña, Spain

Dragoş Vinereanu

Bucharest, Romania

Cristiana Vitale

London, UK

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REGISTRATION - HYBRID EVENT

VIA WEBSITE AND/OR APP - HYBRID EVENT

Subscription to the Reserved Area and to the Event of your interest is required.
REGISTRATION IS FREE.

RESIDENTIAL EVENT

Via website www.fondazione-menarini.com

IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

- 1) Please visit the page of the congress of your interest:

www.fondazione-menarini.com

- 2) Click on “SUBSCRIBE TO RESIDENTIAL EVENT” and LOG IN with your credentials.
- 3) Choose which days you wish to attend.

You will receive a confirmation email including your registration QR CODE for entering the event.

IF YOU ARE NOT YET A SUBSCRIBER, REGISTER **FOR FREE** IN THE FONDAZIONE MENARINI RESERVED AREA

- 1) Go to www.fondazione-menarini.com and click on “Reserved Area” (home page, on the right)
- 2) To register in the reserved area, just fill in the form, available here:

www.fondazione-menarini.com/en/reserved-area.html

- 3) Fill in all the mandatory fields and complete the registration, click on REGISTER (only once).

Wait for the confirmation page to appear, do not click on anything or leave the page.

Once you receive confirmation, return to the home page, you will already be logged-in to the reserved area.

- 4) Visit the page of the congress of your interest:

www.fondazione-menarini.com

- 5) Confirm your registration by clicking on “SUBSCRIBE TO RESIDENTIAL EVENT” and LOG IN with your credentials.
- 6) Choose which days you wish to attend.

You will receive a confirmation email including your registration QR CODE for entering the event.

REGISTRATION - LIVE STREAMING

LIVE STREAMING

Via website www.fondazione-menarini.com

IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

1) Please **visit the page of the congress** of your interest:

www.fondazione-menarini.com

2) Click on **"SUBSCRIBE TO LIVE STREAMING"** and **LOG IN** with your credentials, check the Privacy Notice and click on **"ATTEND"**.

You can enjoy the LIVE STREAMING for free on 11th and 12th December 2026.

IF YOU ARE NOT YET A SUBSCRIBER, REGISTER **FOR FREE** IN THE FONDAZIONE MENARINI RESERVED AREA

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4) **Visit the page of the congress** of your interest:

www.fondazione-menarini.com

5) Confirm your registration by clicking on **"SUBSCRIBE TO LIVE STREAMING"**, check the Privacy Notice and click on **"ATTEND"**.

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REGISTRATION - FONDAZIONE APP



VIA FONDAZIONE MENARINI APP

Download the APP of Fondazione Menarini,
click here or scan the QR CODE:

www.fondazione-menarini.com/en/app-fondazione-menarini.html

LIVE STREAMING

IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

You can access the APP with the same username and password that you use in the website. Visit the page of the event and confirm your participation, click on “**SUBSCRIBE TO LIVE STREAMING**”.

You can enjoy the **LIVE STREAMING** for free on 11th and 12th December 2026.

IF YOU ARE NOT YET A SUBSCRIBER, REGISTER **FOR FREE** IN THE FONDAZIONE MENARINI RESERVED AREA

Click on the profile icon in the top right-hand corner, or in the details of an event. Click on **LOGIN**:

Click on the red button **REGISTER**; to register in the reserved area, just fill in all the mandatory fields of the form.

Now it is necessary to log in with your username (email) and password! Then click on **LOGIN**.

Now you are logged-in to the APP (you will see your name near the user icon).

You can visit the schedule of the event, and click on the red button “**SUBSCRIBE TO LIVE STREAMING**”, check the Privacy Notice and the confirm.

You can enjoy the **LIVE STREAMING** for free on 11th and 12th December 2026.

RESIDENTIAL EVENT

IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

You can access the APP with the same username and password that you use on the website. Visit the page of the event and confirm your participation, click on “**SUBSCRIBE TO RESIDENTIAL EVENT**”.

As you will be redirected to the **Fondazione Menarini website**, please follow the instructions above for **RESIDENTIAL EVENT**.

IF YOU ARE NOT YET A SUBSCRIBER, REGISTER **FOR FREE** IN THE FONDAZIONE MENARINI RESERVED AREA

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As you will be redirected to the **Fondazione Menarini website**, please follow the instructions above for **RESIDENTIAL EVENT**.

Please feel free to contact us if you need any further information or require any assistance, by clicking on the link below:

www.fondazione-menarini.com/en/contact-us.html

GENERAL INFORMATION

VENUE

Hotel Princesa Plaza
Calle de Serrano Jover 3, Madrid 28015

SECRETARIAT DURING THE MEETING

The Secretariat will be open at the following times:
Friday, 11th December from 09:00 am to 06:00 pm
Saturday, 12th December from 09:00 am to 06:00 pm

OFFICIAL LANGUAGE

The official language of the conference will be English.

REGISTRATION

The meeting is free to attend.
For more information and to register please visit the following website:
www.fondazione-menarini.com

TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections.
A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:
Friday, 11th December from 09:00 am to 06:00 pm
Saturday, 12th December from 09:00 am to 06:00 pm

LUNCHES AND COFFEE BREAKS

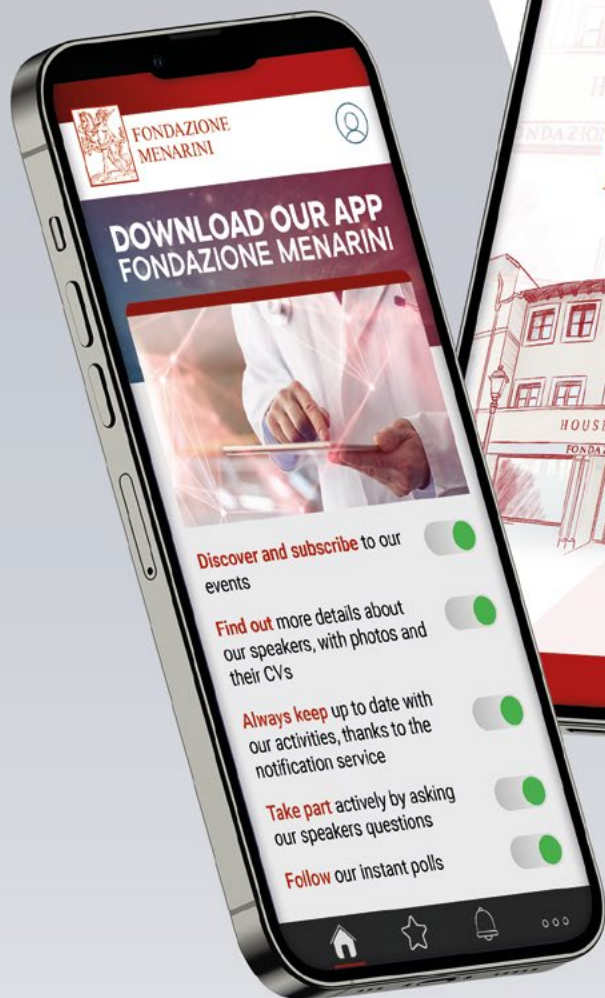
Lunches and coffee breaks will be served in the Meeting area.

ATTENDANCE CERTIFICATE AND SURVEY

At the end of each day, faculty members and participants will have the possibility to answer a short appreciation questionnaire accessible using the QR code projected on the screen. After completing the survey it will immediately be possible to download the Attendance Certificate which can be kept, printed and shared.



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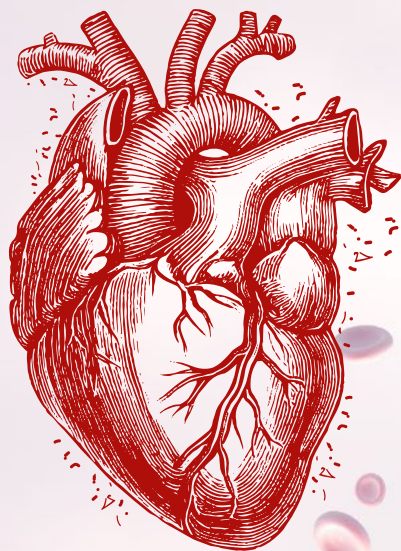
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All slides and presentations are available on our website 15 days after the event.

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