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FONDAZIONE
MENARINI

 **KAROLINSKA**
UNIVERSITY HOSPITAL

50
YEARS OF
FONDAZIONE
MENARINI



INTERNATIONAL SYMPOSIUM ON
**CARDIOMETABOLIC RISK
AND VASCULAR DISEASE**
FROM MECHANISMS TO TREATMENT

16th-17th June 2026
Stockholm, Sweden

SUNE BERGSTRÖM HALL, Karolinska University Hospital
Eugeniavägen 3, Solna, 171 76 Stockholm, Sweden

Chairman: Francesco Cosentino
Karolinska Institutet, Karolinska University Hospital

WHO WE ARE

50
YEARS OF
FONDAZIONE
MENARINI

The “**Fondazione Menarini**” was established in the spring of **1976** to promote research and knowledge in the fields of biology, pharmacology and medicine as well as economy and human sciences.

One of the main tools the Foundation uses to achieve its goals is the organization of **international congresses** with a specific focus on medical disciplines.



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The logo the **Fondazione Menarini** adopted at the time of its establishment derives from a famous seventeenth-century treatise, the **Novissima Iconologia del Ripa** (Ripas’ New Iconology), rich in symbolic meanings from Parmenides to Plato’s Myth of the Soul.

The image, which depicts a man leading a horse while firmly gripping the bridle, was chosen as it effectively represents the Foundation’s goals and topics based on its **balanced interests in humanistic and biological sciences**.



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RATIONALE

Cardiometabolic risk drives progression of atherosclerotic cardiovascular disease (ASCVD) and adversely affects prognosis. Type 2 diabetes mellitus (T2D), chronic kidney disease (CKD), and ASCVD have common risk factors including insulin resistance, hypertension, obesity, and dyslipidemia. These conditions are still overlooked. Hence, the recognition of ASCVD and kidney disease in patients with metabolic disorders and vice versa of metabolic disorders in patients with cardio-renal disease remains an unmet need. Furthermore, several studies have reported substantial overlaps in the pathophysiological mechanisms of these diseases and syndromes suggesting that a mechanism-based approach to intervention may be useful across multiple disorders. Interventions used for the management of patients with T2D, including sodium-glucose cotransporter 2 (SGLT-2) inhibitors, glucagon-like peptide-1 receptor agonists (GLP-1 RA), selective mineral-corticoid receptor antagonists (MRA), combined glucose-dependent insulinotropic peptide (GIP)/GLP-1 RA have demonstrated beneficial effects in the prevention and treatment of CVD and CKD beyond their reductions in body weight, HbA1c, and blood pressure.

Our symposium aims to explore the challenges and barriers in the recognition and treatment of patients with multiple cardiometabolic comorbidities. It is designed to promote a working and learning environment across specialty borders. Indeed, these patients require a comprehensive approach using a combination of pharmacological and non-pharmacological approaches for prevention, diagnosis, and treatment.

Prof. Dr. Francesco Cosentino

CHAIRMAN

Francesco Cosentino

Professor of Cardiology

Karolinska Institutet and Karolinska University Hospital

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DIVISION OF CARDIOLOGY

Karolinska Universitetssjukhuset

Eugenivägen 3 Solna, 171 76 Stockholm, Sweden

www.karolinska.se



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Fondazione Menarini

Centro Direzionale Milanofiori, I-20089 Rozzano (Milan, Italy) Strada 8 - Edificio N

milan@fondazione-menarini.it / www.fondazione-menarini.com

SCIENTIFIC SECRETARIAT

Collage S.p.A.

Via Umberto Giordano, 55 - 90144 Palermo, Italy

Mobile Phone: +39 334 6233864

marzia.scaglione@collage-spa.it / www.collage-spa.it

TUESDAY, JUNE 16TH 2026 - MORNING

08:00 a.m. - 08:30 a.m. Registration of participants

08:30 a.m. - 08:45 a.m. Welcome addresses and Introduction
F. Cosentino (Stockholm, SE)

08:45 a.m. - 09:00 a.m. Fondazione Menarini
G. Caracciolo (Florence, IT)

SESSION I: Emerging Risk Factors and Novel Disease Mechanisms

CHAIRPERSONS: **A. Abreu** (Lisbon, PT), **B. Shahim** (Stockholm, SE)

09:00 a.m. - 09:20 a.m. Cardiometabolic risk: from genes to outcomes
A. Tybjærg-Hansen (Copenhagen, DK)

09:20 a.m. - 09:40 a.m. Perivascular adipose tissue: therapeutic target or marker of vascular disease?
C. Antoniades (Oxford, UK)

09:40 a.m. - 10:00 a.m. Emerging role of micro- and nanoplastics in CVD
F. Cosentino (Stockholm, SE)

10:00 a.m. - 10:20 a.m. The gut microbiota
T. Fall (Uppsala, SE)

10:20 a.m. - 10:40 a.m. Discussion

10:40 a.m. - 11:00 a.m. *Coffee Break*

International Symposium on Cardiometabolic Risk and Vascular Disease from Mechanisms to Treatment



PROGRAMME

TUESDAY, JUNE 16TH

TUESDAY, JUNE 16TH 2026 - MORNING

KEYNOTE LECTURE

CHAIRPERSON: **S. Verma** (Toronto, CA)

11:00 a.m. - 11:30 a.m. Cardiovascular risk reduction in children
V. Fuster (New York, US)

SESSION II: Obesity: Causes, Mechanisms and Management

CHAIRPERSON: **V. Delgado** (Madrid, ES), **L. Ryden** (Stockholm, SE)

11:30 a.m. - 11:50 a.m. Obesity and inflammation - **T. Guzik** (Edinburgh, UK)

11:50 a.m. - 12:10 p.m. What links obesity to CVD – **F. Lopez-Jimenez** (Rochester, US)

12:10 p.m. - 12:30 p.m. GLP-1 receptor agonists and dual agonists in CV prevention
S. Del Prato (Pisa, IT)

12:30 p.m. - 12:50 p.m. Triple agonists and next generation metabolic drugs
J. E. Deanfield (London, UK)

12:50 p.m. - 01:10 p.m. Discussion

01:10 p.m. - 02:10 p.m. *Lunch*

TUESDAY, JUNE 16TH 2026 - AFTERNOON

SESSION III: Clinical Assessment of Cardio-Renal-Metabolic Disease

CHAIRPERSONS: **L. Badimon** (Barcelona, ES),

L. Lund (Stockholm, SE)

02:10 p.m. - 02:30 p.m. CV Risk assessment: the ESC SCORE/SCORE 2
K. Davos (Athens, EL)

02:30 p.m. - 02:50 p.m. Clinical utility of biomarkers - **P. M. Elliott** (London, UK)

02:50 p.m. - 03:10 p.m. Albuminuria, eGFR and outcomes - **P-H. Groop** (Helsinki, FI)

03:10 p.m. - 03:30 p.m. Advanced imaging in multi-organ evaluation
V. Delgado (Madrid, ES)

03:30 p.m. - 03:50 p.m. Discussion

03:50 p.m. - 04:10 p.m. *Coffee Break*

TUESDAY, JUNE 16TH 2026 - AFTERNOON

**SESSION IV: Optimising Chronic Coronary Syndromes
Management**

CHAIRPERSONS: **P. M. Elliot** (London, UK),
C. Gim Hooi (Kuala Lumpur, MY)

- 04:10 p.m. - 04:30 p.m. Contemporary, non-invasive imaging in CCS
F. Pinto (Lisbon, PT)
- 04:30 p.m. - 04:50 p.m. From clinical trials to RWE to inform clinical practice
S. James (Uppsala, SE)
- 04:50 p.m. - 05:10 p.m. Optimal management of INOCA, a common cause of CCS
J. C. Kaski (London, UK)
- 05:10 p.m. - 05:30 p.m. Lp(a) lowering is the next frontier - **U. Landmesser** (Berlin, GE)
- 05:30 p.m. - 05:50 p.m. Discussion
- 05:50 p.m. - 06:05 p.m. Survey event: appreciation survey with certificate
- 06:05 p.m. - 06:15 p.m. First day's conclusion and remarks

International Symposium on Cardiometabolic Risk and Vascular Disease from Mechanisms to Treatment



PROGRAMME

WEDNESDAY, JUNE 17TH

WEDNESDAY, JUNE 17TH 2026 - MORNING

SESSION V: The Changing Horizon in Lipid Lowering Treatment

CHAIRPERSONS: **W. Almahmeed** (Abu Dhabi, UAE),
F. Braunschweig (Stockholm, SE)

- 08:30 a.m. - 08:50 a.m. 2025 Update of EAS/ESC dyslipidaemia guidelines
L. Badimon (Barcelona, SP)
- 08:50 a.m. - 09:10 a.m. Dyslipidemia in patients with diabetes
L. Mellbin (Stockholm, SE)
- 09:10 a.m. - 09:30 a.m. Appropriate use of statin, ezetimibe, bempedoic acid and icosapent ethyl can control most patients?
F. Mach (Geneva, CH)
- 09:30 a.m. - 09:50 a.m. Expanding the lipid toolbox: Apo-C3 and ANGPTL inhibition
B. Nordestgaard (Copenhagen, DK)
- 09:50 a.m. - 10:10 a.m. Discussion
- 10:10 a.m. - 10:30 a.m. *Coffee Break*

SESSION VI: Artificial Intelligence: an Empowerment Tool for Cardiometabolic Health

CHAIRPERSONS: **A. Tybjærg-Hansen** (Copenhagen, DK),
E. Barbato (Roma, IT)

- 10:30 a.m. - 10:50 a.m. AI the good and the bad in medicine and not only
R. Ferrari (Ferrara, IT)
- 10:50 a.m. - 11:10 a.m. Understanding data-driven research to advance care
M. Lingman (Göteborg, SE)
- 11:10 a.m. - 11:30 a.m. Heart failure device and digital empowerment
F. Braunschweig (Stockholm, SE)
- 11:50 a.m. - 12.10 p.m. Discussion

WEDNESDAY, JUNE 17TH 2026 - MORNING

KEYNOTE LECTURE

CHAIRPERSON: **F. Cosentino** (Stockholm, SE)

12:10 p.m. - 12:40 p.m. Preventing CV risk in prediabetes – **L. Ryden** (Stockholm, SE)

12:40 p.m. - 01:40 p.m. *Lunch*

WEDNESDAY, JUNE 17TH 2026 - AFTERNOON

SESSION VII: Management of HFpEF

CHAIRPERSONS: **M. Lettino** (Milan, IT), **J. Pernow** (Stockholm, SE)

01:40 p.m. - 02:00 p.m. Implementation of GDMT – **L. Lund** (Stockholm, SE)

02:00 p.m. - 02:20 p.m. GLP-1 RAs in obesity-related HFpEF – **G. Savarese** (Stockholm, SE)

02:20 p.m. - 02:40 p.m. Hypertension and HFpEF – **M. Volpe** (Rome, IT)

02:40 p.m. - 03:00 p.m. Monitoring devices – **M. Ståhlberg** (Stockholm, SE)

03:00 p.m. - 03:20 p.m. Discussion

03:20 p.m. - 03:40 p.m. *Coffee break*

International Symposium on Cardiometabolic Risk and Vascular Disease from Mechanisms to Treatment



PROGRAMME

WEDNESDAY, JUNE 17TH

WEDNESDAY, JUNE 17TH 2026 - AFTERNOON

SESSION VIII: Evidence-Based Treatment of Cardiometabolic Disease

CHAIRPERSONS: **G. Graetz** (Zurich, CH), **D. Gaita** (Timisoara, RO)

03:40 p.m. - 04:00 p.m. Are we getting patients to target?

A. Abreu (Lisbon, PT)

04:00 p.m. - 04:20 p.m. A diabetologist point of view

A. Ceriello (Milan, IT)

04:20 p.m. - 04:40 p.m. Semaglutide in people with symptomatic PAD and type 2 diabetes

S. Verma (Toronto, CA)

04:40 p.m. - 05:00 p.m. Nutrition, physical activity and lifestyle: the forgotten therapy

N. Kränkel (Berlin, GE)

05:00 p.m. - 05:20 p.m. Discussion

05:20 p.m. - 05:40 p.m. Survey event: appreciation survey with certificate

05:40 p.m. - 06:00 p.m. Final remarks and take-home message

International Symposium on Cardiometabolic Risk and Vascular Disease from Mechanisms to Treatment

FACULTY

Ana Abreu	Lisbon, PT
Wael Almahmeed	Abu Dhabi, UAE
Charalambos Antoniades	Oxford, UK
Lina Badimon	Barcelona, ES
Emanuele Barbato	Rome, IT
Frieder Braunschweig	Stockholm, SE
Antonio Ceriello	Milan, IT
Francesco Cosentino	Stockholm, SE
Kostantinos Davos	Athens, EL
John Eric Deanfield	London, UK
Stefano Del Prato	Pisa, IT
Victoria Delgado	Madrid, ES
Perry Mark Elliott	London, UK
Tove Fall	Uppsala, SE
Roberto Ferrari	Ferrara, IT
Valentin Fuster	New York, US
Dan Gaita	Timisoara, RO
Galleon Graetz	Zurich, CH
Per-Henrik Groop	Helsinki, FI
Tom Guzik	Edinburgh, UK

International Symposium on Cardiometabolic Risk and Vascular Disease from Mechanisms to Treatment



FACULTY

Jim Hooi Choo	Kuala Lumpur, MY
Juan Carlos Kaski	London, UK
Nicolle Kränkel	Berlin, GE
Ulf Landmesser	Berlin, GE
Maddalena Lettino	Milan, IT
Markus Lingman	Göteborg, SE
Francisco Lopez-Jimenez	Rochester, US
Lars Lund	Stockholm, SE
Francoise Mach	Geneva, CH
Linda Mellbin	Stockholm, SE
Borge Nørdestgaard	Copenhagen, DK
John Pernow	Stockholm, SE
Fausto Pinto	Lisbon, PT
Lars Ryden	Stockholm, SE
Gianluigi Savarese	Stockholm, SE
Bahira Shahim	Stockholm, SE
Marcus Ståhlberg	Stockholm, SE
Anne Tybjærg-Hansen	Copenhagen, DK
Subodh Verma	Toronto, CA
Massimo Volpe	Rome, IT

International Symposium on Cardiometabolic Risk and Vascular Disease from Mechanisms to Treatment

REGISTRATION - HYBRID EVENT

VIA WEBSITE AND/OR APP - HYBRID EVENT

Subscription to the Reserved Area and to the Event of your interest is required.

REGISTRATION IS FREE



RESIDENTIAL EVENT

Via website www.fondazione-menarini.com

IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

1) Please visit the page of the congress of your interest:

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international-symposium-on-cardiometabolic-risk-and-vascular-disease-from-mechanisms-to-treatment](https://fondazione-menarini.com/en/courses-and-events/event-information.html/international-symposium-on-cardiometabolic-risk-and-vascular-disease-from-mechanisms-to-treatment)

2) Click on “SUBSCRIBE RESIDENTIAL EVENT / LIVE STREAMING” and LOG IN with your credentials. Then click on “SUBSCRIBE TO RESIDENTIAL EVENT”

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Wait for the confirmation, check your email and activate your account by clicking on the link in the email we sent you and then click on “GO TO SIGN IN”. Once you verify your account via email, return to the home page to log into the reserved area.

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REGISTRATION - LIVE STREAMING

LIVE STREAMING

Via website www.fondazione-menarini.com

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International Symposium on Cardiometabolic Risk and Vascular Disease from Mechanisms to Treatment

REGISTRATION - FONDAZIONE APP



VIA FONDAZIONE MENARINI APP

Download the APP of Fondazione Menarini,
click here or scan the QR CODE:

www.fondazione-menarini.com/en/app-fondazione-menarini.html

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You can visit the schedule of the event, and click on the red button **"SUBSCRIBE TO EVENT"**, check the Privacy Notice and then confirm.

You can enjoy the **LIVE STREAMING** for free on **16th and 17th June 2026**.

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Please feel free to contact us if you need any further information or require any assistance, by clicking on the link below:

www.fondazione-menarini.com/en/contact-us.html

International Symposium on Cardiometabolic Risk and Vascular Disease from Mechanisms to Treatment



GENERAL INFORMATION

VENUE

SUNE BERGSTRÖM HALL, Karolinska University Hospital
Eugenivägen 3, Solna, 171 76 Stockholm, Sweden

SECRETARIAT DURING THE MEETING

The center will be open at the following times:
Tuesday, June 16th 2026: 08:00 a.m. - 06:15 p.m.
Wednesday, June 17th 2026: 08:30 a.m. - 06:00 p.m.
Please note that times are expressed in Local time

FACULTY SLIDE CENTRE OPENING HOURS

The faculty slide centre will be open at the following times:
Tuesday, June 16th 2026: 08:00 a.m. - 06:15 p.m.
Wednesday, June 17th 2026: 08:30 a.m. - 06:00 p.m.
Please note that times are expressed in Local time

OFFICIAL LANGUAGE

The official language of the meeting is English. Simultaneous translation will not be provided.

REGISTRATION

Attendance at the meeting is free.
For more information and to register please visit the following website:
www.fondazione-menarini.com

TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections.
A Slide Center with PCs (Windows and Macintosh operating systems) will be available for Speakers to preview and finalize their presentations. Speakers are kindly requested to submit their presentations to the Slide Center technicians at least one hour before their talks.

LUNCH AND COFFEE BREAK

Lunch and coffee break will be served both days in the catering area.

ATTENDANCE CERTIFICATE AND SURVEY

At the end of each day, faculty members and participants will have the possibility to answer a short appreciation questionnaire accessible using the QR code projected on the screen. After completing the survey it will immediately be possible to download the Attendance Certificate which can be kept, printed and shared.



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All slides and presentations are available on our website 15 days after the event.

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