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FONDAZIONE
Paolo Procacci
FOUNDATION
Comprendere e curare il dolore
Understanding and curing pain

50
YEARS OF
FONDAZIONE
MENARINI

Recent Innovations in Pain Management



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20th-21st March 2026 - Tbilisi (Georgia)

Venue: Radisson Blu Iveria Hotel, Tbilisi (Georgia)

INTRODUCTION

Recent Innovations in Pain Management is an international congress designed to provide a high-level, multidisciplinary update on the evolving landscape of acute, postoperative, and chronic pain care. Bringing together leading experts from Europe, the United States, and beyond, the meeting offers a scientifically rigorous platform for discussing translational mechanisms, clinical strategies, and health system challenges in contemporary pain medicine.

The program opens with a dedicated focus on acute and postoperative pain under the chairmanship of Professors Kiladze and Varrassi. Foundational insights into acute pain pathophysiology will be delivered by Professor A. Dickenson, followed by clinically oriented perspectives on acute pain in rheumatology and oncology presented by Professor P. Sarzi Puttini and R. Guillen.

Subsequent sessions broaden the scope to multimodal perioperative strategies in plastic surgery, transplantation, and bariatric procedures, highlighting the increasing importance of individualized, procedure-specific analgesia. Emerging paradigms, including the role of the gut microbiome in chronic pain and neuroinflammatory mechanisms in fibromyalgia, underscore the congress's commitment to mechanistic innovation and translational relevance.

The general sessions address regional anesthesia, pain management during pregnancy and breastfeeding, mechanisms of pain chronification, and updated guidelines for postoperative pain. Internationally recognized experts such as Professor O. de Leon Casasola, C. Gharibo, and V. Mayoral will contribute to evidence-based discussions on multimodal analgesia and guideline implementation.

The congress concludes with a focus on communication, education, and Georgian national experiences in chronic pain management, emphasizing the integration of scientific evidence, clinical excellence, and health policy development.

We express our sincere gratitude to Fondazione Manarini for supporting the organization of this event; to the institutions responsible for the scientific program (American Hospital – Tbilisi and Fondazione Paolo Procacci); to all speakers who have generously contributed to this communication initiative; and to the Organizing Secretariat, whose dedicated efforts have made this congress possible.

Prof. Giustino Varrassi

Prof. Merab Kiladze

CO-PRESIDENTS OF THE MEETING

Giustino Varrassi

President of the Fondazione Paolo Procacci,
Specialist in Pain Medicine Specialist in Anesthesia and Emergency Medicine,
Rome, Italy

Merab Kiladze

Full Professor and Head of Department of Clinical Surgery
at the Javakhishvili Tbilisi State University,
Tbilisi, Georgia

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SCIENTIFIC AND ORGANIZING SECRETERIAT

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Recent Innovations in Pain Management

PROGRAMME

FRIDAY, 20TH MARCH

FRIDAY, 20TH MARCH 2026 - MORNING

09.00 a.m. - 10.00 a.m. Registration

SESSION I - PAIN MEDICINE (ACUTE AND POSTOPERATIVE PAIN)

Chairpersons: **M. Kiladze** (Tbilisi, GE), **G. Varrassi** (Rome, IT)

10.00 a.m. - 10.30 a.m. Welcome addresses
G. Varrassi (Rome, IT), **M. Kiladze** (Tbilisi, GE),
G. Caracciolo (Florence, IT)

10.30 a.m. - 11.00 a.m. Recent developments in acute pain pathophysiology
A. Dickenson (London, UK)

11.00 a.m. - 11.30 a.m. Acute pain in Rheumatology
P. Sarzi-Puttini (Milan, IT)

11.30 a.m. - 12.00 p.m. Acute pain in cancer patients
R. Guillen (Mexico City, MX)

12.00 p.m. - 12.30 p.m. Q&A

12.30 p.m. - 01.00 p.m. *Coffee Break*

FRIDAY, 20TH MARCH 2026 - AFTERNOON

SESSION II - PAIN MEDICINE (ACUTE AND POSTOPERATIVE PAIN)

Chairpersons: **V. Mayoral Rojals** (Barcelona, ES_n), **R. Guillen** (Mexico City, MX)

01.00 p.m. - 01.30 p.m. Multimodal pain management in plastic surgery procedures

T. Gogichaishvili (Tbilisi, GE)

01.30 p.m. - 02.00 p.m. Challenges in historic approach of chronic pain management

T. Rukhadze (Tbilisi, GE)

02.00 p.m. - 02.30 p.m. New insights into chronic pain: The role of the gut microbiome

K. Chelidze (Tbilisi, GE)

02.30 p.m. - 03.00 p.m. Q&A

03.00 p.m. - 04.00 p.m. Lunch

SESSION III - PAIN MEDICINE (ACUTE AND POSTOPERATIVE PAIN)

Chairpersons: **O. De Leon Casasola** (Buffalo, NY, USA), **G. Varrassi** (Rome, Italy)

04.00 p.m. - 04.30 p.m. Postoperative management of pain in transplantation and bariatric surgery

N. Hakim (London, UK)

04.30 p.m. - 05.00 p.m. Neuroinflammation and immunological aspects of fibromyalgia

J. Nicolas (Paris, France)

05.00 p.m. - 05.30 p.m. Q&A

Recent Innovations in Pain Management

PROGRAMME

SATURDAY, 21ST MARCH

SATURDAY, 21ST MARCH 2026 - MORNING

09.00 a.m. - 10.00 a.m. Registration

SESSION IV - PAIN MEDICINE (GENERAL TOPICS)

Chairpersons: **L. Lowenstein** (Galilee, IL), **C. Gharibo** (New York, USA)

10.00 a.m. - 10.30 a.m. The role of regional anesthesia in perioperative and chronic pain management
I. Gogokhia (Tbilisi, GE)

10.30 a.m. - 11.00 a.m. Management of neurological pain during pregnancy and breastfeeding
G. Gegelashvili (Tbilisi, GE)

11.00 a.m. - 11.30 a.m. Chronification of pain and beyond
M. Janelidze (Tbilisi, GE)

11.30 a.m. - 12.00 p.m. Q&A

12.00 p.m. - 12.30 p.m. *Coffee Break*

Recent Innovations in Pain Management

PROGRAMME

FRIDAY, 20TH MARCH

SATURDAY, 21ST MARCH 2026 - AFTERNOON

SESSION V - PAIN MEDICINE (GENERAL TOPICS)

Chairpersons: **N. Hakim** (London, UK), **P. Sarzi-Puttini** (Milano, IT)

12.30 p.m. - 01.00 p.m. New perspectives on postoperative pain
V. Mayoral Rojals (Barcelona, ES)

01.00 p.m. - 01.30 p.m. Guidelines for the treatment of acute postoperative pain
O. De Leon Casasola (Buffalo - NY, USA)

01.30 p.m. - 02.00 p.m. Multimodal analgesia in postoperative pain
C. Gharibo (New York, USA)

02.00 p.m. - 02.30 p.m. Q&A

02.30 p.m. - 03.00 p.m. *Lunch*

SESSION VI - PAIN MEDICINE (GENERAL TOPICS)

Chairpersons: **N. Hakim** (London, UK), **P. Sarzi-Puttini** (Milano, IT)

03.00 p.m. - 03.30 p.m. Empowering Pain Management Through Evidence-Based Communicatio
N. Bortsvadze (Tbilisi, GE)

03.30 p.m. - 04.00 p.m. Chronic pain management in Georgia: Achievements and Challenges
I. Abesadze (Tbilisi, GE)

04.00 p.m. - 04.30 p.m. Q&A

04.30 p.m. - 05.00 p.m. Closing Remarks
G. Varrassi (Rome, IT), **M. Kiladze** (Tbilisi, GE)

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FACULTY

Abesadze Ioseb	Professor of the Department Of Oncology, Tbilisi State Medical University, Department of Oncology, Tbilisi, Georgia
Bortsvadze Nino	Healthcare Communication Education Lead, Georgian Federation of Doctors for Continuous Medical Education (GFDCME), Tbilisi & National Representative for Georgia, International Association for Healthcare Communication (EACH) Tbilisi, Georgia
Chelidze Kakhaber	Clinical Director and Head of Department of TSMU SMU & Ingorokva High Medical Technologies Tbilisi, Georgia
De Leon Casasola Oscar	Professor of Anesthesiology and Medicine and Senior Vice-Chair, Department of Anesthesiology - The Jacobs School of Medicine at the University at Buffalo. Professor of Oncology and Chief of the Division of Pain Medicine - Roswell Park Comprehensive Cancer Center, Buffalo, USA
Dickenson Anthony	Emeritus Professor, BSc, PhD, FMedSci, FBPPhS of Neuroscience, Physiology and Pharmacology, University College London Londra, UK
Gegelashvili George	Consultant at Meritime Hospital, Batumi, Director at Health Institute of Georgia & Chief Clinical Neurologist, Consultant at David Metreveli Medical Center Tbilisi, Georgia
Gharibo Christopher	Medical Director of Pain Medicine NYU Langone Health, Professor of Anesthesiology, Peri Operative Care & Pain Medicine Professor of Orthopedics NYU School of Medicine, New York, USA
Gogichaishvili Tamar	MD, PhD fellow, Tbilisi State University, Tbilisi, Georgia

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FACULTY

Gogokhia Irakli	Head of Cardiac Anesthesiology and Intensive Care at the Alexandre Aladashvili University Clinic, Tbilisi, Georgia
Guillén Rocío	MD, CEO, Pain Medicine and Palliative Care Consultant at Alive Clinic, Mexico City & Clinical Research Instituto Nacional De Cancerología Mexico City, Mexico
Hakim Nadey	International Relations Director Cleveland Clinic London, Prof General Surgery Lerner College of Medicine Cleveland Clinic, London, UK
Janelidze Marine	Professor of Neurology, Head of Department of Clinical Neurology of the Tbilisi State Medical University Tbilisi, Georgia
Kiladze Merab	Full Professor and Head of Department of Clinical Surgery at the Javakhishvili Tbilisi State University, Tbilisi, Georgia
Lowenstein Lior	Clinical Professor Bar Ilan University, Azrieli School of medicine Tel Aviv, Israel
Mayoral Rojas Victor	Consultant in the Anesthesiology Department. Pain Unit. Bellvitge University Hospital, L'Hospitalet de Llobregat Medical Director of Instituto Aliaga - MIVI - Quirón Salud - Centro Médico Teknon, Barcelona Barcelona, Spain
Nicolas Jessica	Rheumatology and Auto-Immune Diseases Specialist, American University of Beirut Medical Center, Beirut, Lebanon
Rukhadze Tamar	Vice-Dean of Faculty of Medicine at Iv. Javakhishvili Tbilisi State University Head of Department of Clinical Oncology at Research Institute for Clinical Medicine Tbilisi, Georgia

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FACULTY

Sarzi-Puttini Piercarlo

Full Professor of Rheumatology and Head of the
Rheumatology Unit
IRCCS Galeazzi-Sant'Ambrogio University Hospital
Università Statale di Milano
Milan, Italy

Varrassi Giustino

President of the Fondazione Paolo Procacci , Specialist in Pain
Medicine Specialist in Anesthesia and Emergency Medicine,
Rome, Italy

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REGISTRATION - HYBRID EVENT

VIA WEBSITE AND/OR APP - HYBRID EVENT

Subscription to the Reserved Area and to the Event of your interest is required.
REGISTRATION IS FREE.

RESIDENTIAL EVENT

Via website www.fondazione-menarini.com

IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

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www.fondazione-menarini.com/en/reserved-area.html

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REGISTRATION - LIVE STREAMING

LIVE STREAMING

Via website www.fondazione-menarini.com

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REGISTRATION - FONDAZIONE APP



VIA FONDAZIONE MENARINI APP

Download the APP of Fondazione Menarini, click here or scan the QR CODE:

www.fondazione-menarini.com/en/app-fondazione-menarini.html

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Click on the red button **REGISTER**; to register in the reserved area, just fill in all the mandatory fields of the form.

Now it is necessary to log in with your username (email) and password! Then click on **LOGIN**.

Now you are logged-in to the APP (you will see your name near the user icon).

You can visit the schedule of the event, and click on the red button “**SUBSCRIBE TO LIVE STREAMING**”, check the Privacy Notice and the confirm.

You can enjoy the **LIVE STREAMING** for free on 20th and 21st March 2026.

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GENERAL INFORMATION

VENUE

Radisson Blu Iveria Hotel,
1 Rose Revolution Square, Tbilisi 0108, Georgia

SECRETARIAT DURING THE MEETING

The Secretariat will be open at the following times:

Friday, 20th March from 09:00 am to 05:30 pm

Saturday, 21st March from 09:00 am to 06:00 pm

OFFICIAL LANGUAGE

The official language of the Meeting will be English. Simultaneous translation will be provided.

REGISTRATION

The meeting is free to attend.

For more information and to register please visit the following website:

www.fondazione-menarini.com

TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections.

A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:

Friday, 20th March from 09:00 am to 05:30 pm

Saturday, 21st March from 09:00 am to 06:00 pm

LUNCHESS AND COFFEE BREAKS

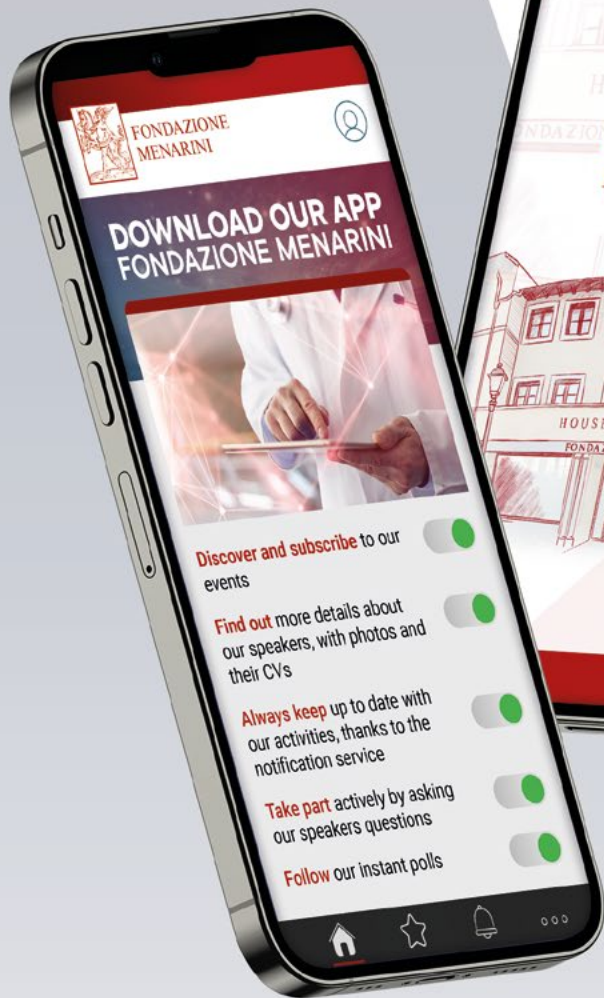
Lunches and coffee breaks will be served in the Meeting area.

ATTENDANCE CERTIFICATE AND SURVEY

At the end of each day, faculty members and participants will have the possibility to answer a short appreciation questionnaire accessible using the QR code projected on the screen. After completing the survey it will immediately be possible to download the Attendance Certificate which can be kept, printed and shared.



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