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FONDAZIONE  
Paolo Procacci  
FOUNDATION

Comprendere e curare il dolore

Understanding and caring pain

50

YEARS OF  
FONDAZIONE  
MENARINI

# Recent Innovations in Pain Management



[WWW.FONDAZIONE-MENARINI.COM](http://WWW.FONDAZIONE-MENARINI.COM)

20<sup>th</sup>-21<sup>st</sup> March 2026 - Tbilisi (Georgia)

Venue: Radisson Blu Iveria Hotel, Tbilisi (Georgia)

## INTRODUCTION

Recent Innovations in Pain Management is an international congress designed to provide a high-level, multidisciplinary update on the evolving landscape of acute, postoperative, and chronic pain care. Bringing together leading experts from Europe, the United States, and beyond, the meeting offers a scientifically rigorous platform for discussing translational mechanisms, clinical strategies, and health system challenges in contemporary pain medicine.

The program opens with a dedicated focus on acute and postoperative pain under the chairmanship of Professors Kiladze and Varrassi. Foundational insights into acute pain pathophysiology will be delivered by Professor A. Dickenson, followed by clinically oriented perspectives on acute pain in rheumatology and oncology presented by Professor P. Sarzi Puttini and R. Guillen.

Subsequent sessions broaden the scope to multimodal perioperative strategies in plastic surgery, transplantation, and bariatric procedures, highlighting the increasing importance of individualized, procedure-specific analgesia. Emerging paradigms, including the role of the gut microbiome in chronic pain and neuroinflammatory mechanisms in fibromyalgia, underscore the congress's commitment to mechanistic innovation and translational relevance.

The general sessions address regional anesthesia, pain management during pregnancy and breastfeeding, mechanisms of pain chronification, and updated guidelines for postoperative pain. Internationally recognized experts such as Professor C. Gharibo, and V. Mayoral will contribute to evidence-based discussions on multimodal analgesia and guideline implementation.

The congress concludes with a focus on communication, education, and Georgian national experiences in chronic pain management, emphasizing the integration of scientific evidence, clinical excellence, and health policy development.

We express our sincere gratitude to Fondazione Menarini for supporting the organization of this event; to the institutions responsible for the scientific program (American Hospital – Tbilisi and Fondazione Paolo Procacci); to all speakers who have generously contributed to this communication initiative; and to the Organizing Secretariat, whose dedicated efforts have made this congress possible.

**Prof. Giustino Varrassi**

**Prof. Merab Kiladze**

## **CO-PRESIDENTS OF THE MEETING**

### **Giustino Varrassi**

President of the Fondazione Paolo Procacci,  
Specialist in Pain Medicine Specialist in Anesthesia and Emergency Medicine,  
Rome, Italy

### **Merab Kiladze**

Full Professor and Head of Department of Clinical Surgery  
at the Javakhishvili Tbilisi State University,  
Tbilisi, Georgia

## **CO-ORGANIZED BY**



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### **Fondazione Menarini**

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I-20089 Rozzano (Milan, Italy)  
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[milan@fondazione-menarini.it](mailto:milan@fondazione-menarini.it)  
[www.fondazione-menarini.com](http://www.fondazione-menarini.com)

## **SCIENTIFIC AND ORGANIZING SECRETARIAT**

### **MARBEN S.R.L.**

Via Melzi d'EriI, 20  
20154 Milano  
Tel. +39023491732  
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[www.marben.it](http://www.marben.it)

# Recent Innovations in Pain Management

PROGRAMME

FRIDAY, 20<sup>TH</sup> MARCH

## FRIDAY, 20<sup>TH</sup> MARCH 2026 - MORNING

09.00 a.m. - 10.00 a.m. Registration

### **SESSION I - PAIN MEDICINE (ACUTE AND POSTOPERATIVE PAIN)**

Chairpersons: **M. Kiladze** (Tbilisi, GE), **G. Varrassi** (Rome, IT)

10.00 a.m. - 10.30 a.m. Welcome addresses  
**G. Varrassi** (Rome, IT), **M. Kiladze** (Tbilisi, GE),  
**G. Caracciolo** (Florence, IT)

10.30 a.m. - 11.00 a.m. Recent developments in acute pain pathophysiology  
**A. Dickenson** (London, UK)

11.00 a.m. - 11.30 a.m. Acute pain in Rheumatology  
**P. Sarzi-Puttini** (Milan, IT)

11.30 a.m. - 12.00 p.m. Acute pain in cancer patients  
**R. Guillen** (Mexico City, MX)

12.00 p.m. - 12.30 p.m. Q&A

12.30 p.m. - 01.00 p.m. *Coffee Break*

## FRIDAY, 20<sup>TH</sup> MARCH 2026 - AFTERNOON

### SESSION II - PAIN MEDICINE (ACUTE AND POSTOPERATIVE PAIN)

Chairpersons: **V. Mayoral Rojals** (Barcelona, ES), **R. Guillen** (Mexico City, MX)

01.00 p.m. - 01.30 p.m. Multimodal pain management in plastic surgery procedures

**T. Gogichaishvili** (Tbilisi, GE)

01.30 p.m. - 02.00 p.m. Challenges in historic approach of chronic pain management

**T. Rukhadze** (Tbilisi, GE)

02.00 p.m. - 02.30 p.m. New insights into chronic pain: The role of the gut microbiome

**K. Chelidze** (Tbilisi, GE)

02.30 p.m. - 03.00 p.m. Q&A

03.00 p.m. - 04.00 p.m. *Lunch*

### SESSION III - PAIN MEDICINE (ACUTE AND POSTOPERATIVE PAIN)

Chairpersons: **G. Varrassi** (Rome, Italy)

04.00 p.m. - 04.30 p.m. Postoperative management of pain in transplantation and bariatric surgery

**N. Hakim** (London, UK)

04.30 p.m. - 05.00 p.m. Neuroinflammation and immunological aspects of fibromyalgia

**J. Nicolas** (Beirut, LB)

05.00 p.m. - 05.30 p.m. Q&A

05.30 p.m. - 06.00 p.m. *Coffee Break*

# Recent Innovations in Pain Management

PROGRAMME

SATURDAY, 21<sup>ST</sup> MARCH

## SATURDAY, 21<sup>ST</sup> MARCH 2026 - MORNING

09.00 a.m. - 10.00 a.m. Registration

### SESSION IV - PAIN MEDICINE (GENERAL TOPICS)

Chairpersons: **L. Lowenstein** (Galilee, IL), **C. Gharibo** (New York, USA)

10.00 a.m. - 10.30 a.m. The role of regional anesthesia in perioperative and chronic pain management  
**I. Gogokhia** (Tbilisi, GE)

10.30 a.m. - 11.00 a.m. Management of neurological pain during pregnancy and breastfeeding  
**G. Gegelashvili** (Tbilisi, GE)

11.00 a.m. - 11.30 a.m. Chronification of pain and beyond  
**M. Janelidze** (Tbilisi, GE)

11.30 a.m. - 12.00 p.m. Q&A

12.00 p.m. - 12.30 p.m. *Coffee Break*

# Recent Innovations in Pain Management

PROGRAMME

SATURDAY, 21<sup>ST</sup> MARCH

## SATURDAY, 21<sup>ST</sup> MARCH 2026 - AFTERNOON

### SESSION V - PAIN MEDICINE (GENERAL TOPICS)

Chairpersons: **N. Hakim** (London, UK), **P. Sarzi-Puttini** (Milan, IT)

12.30 p.m. - 01.00 p.m. New perspectives on postoperative pain  
**V. Mayoral Rojals** (Barcelona, ES)

01.00 p.m. - 01.30 p.m. Rheumatic diseases and chronic pain: an everlasting story  
**P. Sarzi-Puttini** (Milan, IT)

01.30 p.m. - 02.00 p.m. Multimodal analgesia in postoperative pain  
**C. Gharibo** (New York, USA)

02.00 p.m. - 02.30 p.m. Q&A

02.30 p.m. - 03.30 p.m. *Lunch*

### SESSION VI - PAIN MEDICINE (GENERAL TOPICS)

Chairpersons: **M. Kiladze** (Tbilisi, GE), **M. Janelidze** (Tbilisi, GE)

03.30 p.m. - 04.00 p.m. Empowering Pain Management Through Evidence-Based Communication  
**N. Bortsvadze** (Tbilisi, GE)

04.00 p.m. - 04.30 p.m. Chronic pain management in Georgia: Achievements and Challenges  
**I. Abesadze** (Tbilisi, GE)

04.30 p.m. - 05.00 p.m. Q&A

05.00 p.m. - 05.30 p.m. Closing Remarks  
**G. Varrassi** (Rome, IT), **M. Kiladze** (Tbilisi, GE)

05.30 p.m. - 06.00 p.m. *Coffee Break*

# Recent Innovations in Pain Management

## FACULTY

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<b>Abesadze Ioseb</b>	Professor of the Department Of Oncology, Tbilisi State Medical University, Department of Oncology, Tbilisi, Georgia
<b>Bortsvadze Nino</b>	Healthcare Communication Education Lead, Georgian Federation of Doctors for Continuous Medical Education (GFDCME), Tbilisi & National Representative for Georgia, International Association for Healthcare Communication (EACH) Tbilisi, Georgia
<b>Chelidze Kakhaber</b>	Clinical Director and Head of Department of TSMU SMU & Ingorokva High Medical Technologies Tbilisi, Georgia
<b>Dickenson Anthony</b>	Emeritus Professor, BSc, PhD, FMEDSCI, FBPhS of Neuroscience, Physiology and Pharmacology, University College London London, UK
<b>Gegelashvili George</b>	Consultant at Maritime Hospital, Batumi, Director at Health Institute of Georgia & Chief Clinical Neurologist, Consultant at David Metreveli Medical Center Tbilisi, Georgia
<b>Gharibo Christopher</b>	Medical Director of Pain Medicine NYU Langone Health, Professor of Anesthesiology, Peri Operative Care & Pain Medicine Professor of Orthopedics NYU School of Medicine, New York, USA
<b>Gogichaishvili Tamar</b>	MD, PhD fellow, Tbilisi State University, Tbilisi, Georgia
<b>Gogokhia Irakli</b>	Head of Cardiac Anesthesiology and Intensive Care at the Alexandre Aladashvili University Clinic, Tbilisi, Georgia

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# Recent Innovations in Pain Management

## FACULTY

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<b>Guillén Rocío</b>	MD, CEO, Pain Medicine and Palliative Care Consultant at Alive Clinic, Mexico City & Clinical Research Instituto Nacional De Cancerología Mexico City, Mexico
<b>Hakim Nadey</b>	International Relations Director Cleveland Clinic London, Prof General Surgery Lerner College of Medicine Cleveland Clinic, London, UK
<b>Janelidze Marine</b>	Professor of Neurology, Head of Department of Clinical Neurology of the Tbilisi State Medical University Tbilisi, Georgia
<b>Kiladze Merab</b>	Full Professor and Head of Department of Clinical Surgery at the Javakhishvili Tbilisi State University, Tbilisi, Georgia
<b>Lowenstein Lior</b>	Clinical Professor Bar Ilan University, Azrieli School of medicine Tel Aviv, Israel
<b>Mayoral Rojals Victor</b>	Consultant in the Anesthesiology Department. Pain Unit. Bellvitge University Hospital, L'Hospitalet de Llobregat Medical Director of Instituto Aliaga - MIVI - Quirón Salud - Centro Médico Teknon, Barcelona Barcelona, Spain
<b>Nicolas Jessica</b>	Rheumatology and Auto-Immune Diseases Specialist, American University of Beirut Medical Center, Beirut, Lebanon
<b>Rukhadze Tamar</b>	Vice-Dean of Faculty of Medicine at Iv. Javakhishvili Tbilisi State University Head of Department of Clinical Oncology at Research Institute for Clinical Medicine Tbilisi, Georgia

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# Recent Innovations in Pain Management

## FACULTY

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**Sarzi-Puttini Piercarlo**

Full Professor of Rheumatology and Head of the  
Rheumatology Unit  
IRCCS Galeazzi-Sant'Ambrogio University Hospital  
Università Statale di Milano  
Milan, Italy

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**Varrassi Giustino**

President of the Fondazione Paolo Procacci , Specialist in Pain  
Medicine Specialist in Anesthesia and Emergency Medicine,  
Rome, Italy

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# Recent Innovations in Pain Management

## REGISTRATION - HYBRID EVENT

### VIA WEBSITE AND/OR APP - HYBRID EVENT

Subscription to the Reserved Area and to the Event of your interest is required.  
REGISTRATION IS FREE.

### RESIDENTIAL EVENT

Via website [www.fondazione-menarini.com](http://www.fondazione-menarini.com)

#### IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

1) Please visit the page of the congress of your interest:

[www.fondazione-menarini.com](http://www.fondazione-menarini.com)

2) Click on “SUBSCRIBE TO RESIDENTIAL EVENT” and LOG IN with your credentials.

3) Choose which days you wish to attend.

**You will receive a confirmation email including your registration QR CODE for entering the event.**

#### IF YOU ARE NOT YET A SUBSCRIBER, REGISTER **FOR FREE** IN THE FONDAZIONE MENARINI RESERVED AREA

1) Go to [www.fondazione-menarini.com](http://www.fondazione-menarini.com) and click on “Reserved Area” (home page, on the right)

2) To register in the reserved area, just fill in the form, available here:

[www.fondazione-menarini.com/en/reserved-area.html](http://www.fondazione-menarini.com/en/reserved-area.html)

3) Fill in all the mandatory fields and complete the registration, click on REGISTER (only once).

Wait for the confirmation page to appear, do not click on anything or leave the page.

Once you receive confirmation, return to the home page, you will already be logged-in to the reserved area.

4) Visit the page of the congress of your interest:

[www.fondazione-menarini.com](http://www.fondazione-menarini.com)

5) Confirm your registration by clicking on “SUBSCRIBE TO RESIDENTIAL EVENT” and LOG IN with your credentials.

6) Choose which days you wish to attend.

**You will receive a confirmation email including your registration QR CODE for entering the event.**

# Recent Innovations in Pain Management

## REGISTRATION - LIVE STREAMING

### LIVE STREAMING

Via website [www.fondazione-menarini.com](http://www.fondazione-menarini.com)

#### IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

1) Please **visit the page of the congress** of your interest:

[www.fondazione-menarini.com](http://www.fondazione-menarini.com)

2) Click on **"SUBSCRIBE TO LIVE STREAMING"** and **LOG IN** with your credentials, check the Privacy Notice and click on **"ATTEND"**.

**You can enjoy the LIVE STREAMING for free on 20<sup>th</sup> and 21<sup>st</sup> March 2026.**

#### IF YOU ARE NOT YET A SUBSCRIBER, REGISTER **FOR FREE** IN THE FONDAZIONE MENARINI RESERVED AREA

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4) **Visit the page of the congress** of your interest:

[www.fondazione-menarini.com](http://www.fondazione-menarini.com)

5) Confirm your registration by clicking on **"SUBSCRIBE TO LIVE STREAMING"**, check the Privacy Notice and click on **"ATTEND"**.

**You can enjoy the LIVE STREAMING for free on 20<sup>th</sup> and 21<sup>st</sup> March 2026.**

# Recent Innovations in Pain Management

## REGISTRATION - FONDAZIONE APP



### VIA FONDAZIONE MENARINI APP

Download the APP of Fondazione Menarini, click here or scan the QR CODE:

[www.fondazione-menarini.com/en/app-fondazione-menarini.html](http://www.fondazione-menarini.com/en/app-fondazione-menarini.html)

## LIVE STREAMING

### IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

You can access the APP with the same username and password that you use in the website. Visit the page of the event and confirm your participation, click on “**SUBSCRIBE TO LIVE STREAMING**”.

You can enjoy the **LIVE STREAMING** for free on 20<sup>th</sup> and 21<sup>st</sup> March 2026.

### IF YOU ARE NOT YET A SUBSCRIBER, REGISTER **FOR FREE** IN THE FONDAZIONE MENARINI RESERVED AREA

Click on the profile icon in the top right-hand corner, or in the details of an event. Click on **LOGIN**: Click on the red button **REGISTER**; to register in the reserved area, just fill in all the mandatory fields of the form. Now it is necessary to log in with your username (email) and password! Then click on **LOGIN**. Now you are logged-in to the APP (you will see your name near the user icon). You can visit the schedule of the event, and click on the red button “**SUBSCRIBE TO LIVE STREAMING**”, check the Privacy Notice and the confirm.

You can enjoy the **LIVE STREAMING** for free on 20<sup>th</sup> and 21<sup>st</sup> March 2026.

## RESIDENTIAL EVENT

### IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

You can access the APP with the same username and password that you use on the website. Visit the page of the event and confirm your participation, click on “**SUBSCRIBE TO RESIDENTIAL EVENT**”.

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### IF YOU ARE NOT YET A SUBSCRIBER, REGISTER **FOR FREE** IN THE FONDAZIONE MENARINI RESERVED AREA

Click on the profile icon in the top right-hand corner, or in the details of an event. Click on **LOGIN**: Click on the red button **REGISTER**; to register in the reserved area, just fill in all the mandatory fields of the form. Now it is necessary to log in with your username (email) and password! Then click on **LOGIN**. Now you are logged-in to the APP (you will see your name near the user icon).

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Please feel free to contact us if you need any further information or require any assistance, by clicking on the link below:

[www.fondazione-menarini.com/en/contact-us.html](http://www.fondazione-menarini.com/en/contact-us.html)

# Recent Innovations in Pain Management

## GENERAL INFORMATION

### VENUE

Radisson Blu Iveria Hotel,  
1 Rose Revolution Square, Tbilisi 0108, Georgia

### SECRETARIAT DURING THE MEETING

The Secretariat will be open at the following times:

Friday, 20<sup>th</sup> March from 09:00 am to 05:30 pm

Saturday, 21<sup>st</sup> March from 09:00 am to 06:00 pm

### OFFICIAL LANGUAGE

The official language of the conference will be English. Simultaneous interpretation into Georgian will be provided throughout the event.

### REGISTRATION

The meeting is free to attend.

For more information and to register please visit the following website:

[www.fondazione-menarini.com](http://www.fondazione-menarini.com)

### TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections.

A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:

Friday, 20<sup>th</sup> March from 09:00 am to 05:30 pm

Saturday, 21<sup>st</sup> March from 09:00 am to 06:00 pm

### LUNCHESS AND COFFEE BREAKS

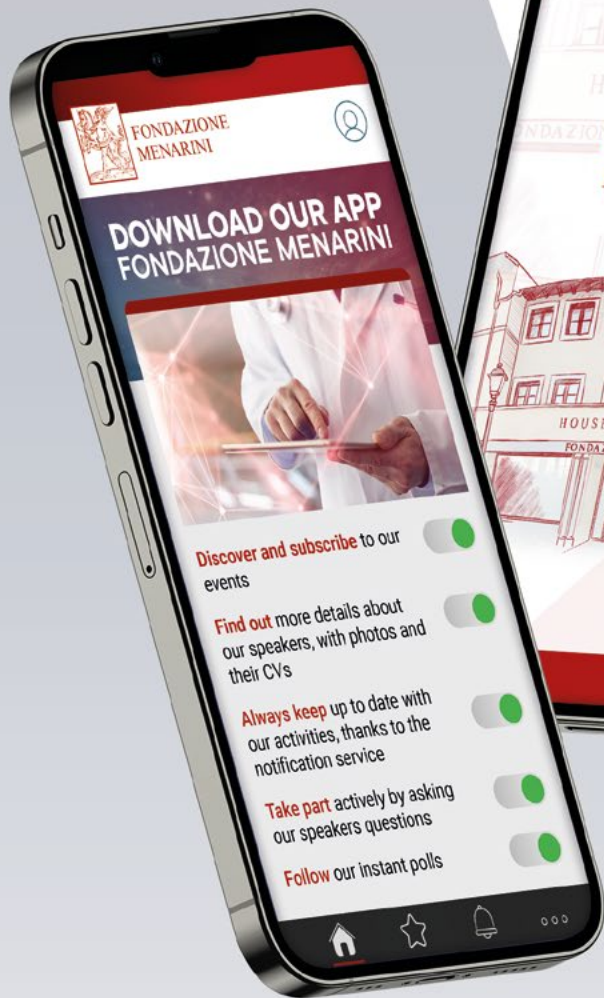
Lunches and coffee breaks will be served in the Meeting area.

### ATTENDANCE CERTIFICATE AND SURVEY

At the end of each day, faculty members and participants will have the possibility to answer a short appreciation questionnaire accessible using the QR code projected on the screen. After completing the survey it will immediately be possible to download the Attendance Certificate which can be kept, printed and shared.



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All slides and presentations are available on our website 15 days after the event.

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Menarini  
is also on [LinkedIn](#)