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FONDAZIONE  
MENARINI

50  
YEARS OF  
FONDAZIONE  
MENARINI

# International Symposium on:

**The Burden of Cardiometabolic and  
Respiratory Diseases in Latin America:  
A Silent Epidemic**

[WWW.FONDAZIONE-MENARINI.COM](http://WWW.FONDAZIONE-MENARINI.COM)

2<sup>nd</sup>-4<sup>th</sup> July 2026 - Panama

Marriott Panama Hotel - Albrook Mall, Av. Roosevelt

## WHO WE ARE

50

YEARS OF  
FONDAZIONE  
MENARINI

The “**Fondazione Menarini**” was established in the spring of **1976** to promote research and knowledge in the fields of biology, pharmacology and medicine as well as economy and human sciences.

One of the main tools the Foundation uses to achieve its goals is the organization of **international congresses** with a specific focus on medical disciplines.



FONDAZIONE  
MENARINI

The logo the **Fondazione Menarini** adopted at the time of its establishment derives from a famous seventeenth-century treatise, the **Novissima Iconologia del Ripa** (Ripas’ New Iconology), rich in symbolic meanings from Parmenides to Plato’s Myth of the Soul.

The image, which depicts a man leading a horse while firmly gripping the bridle, was chosen as it effectively represents the Foundation’s goals and topics based on its **balanced interests in humanistic and biological sciences**.



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## **INTRO SPEECH**

Cardiometabolic and respiratory diseases represent one of the most significant and rapidly growing challenges in global health. In Latin America, these conditions constitute a true “silent epidemic”, characterized by increasing prevalence, high morbidity and mortality, and a substantial socio-economic impact.

In this context, the International Symposium “The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic” has been conceived as a platform for scientific exchange among experts from different regions and disciplines.

The meeting aims to promote a comprehensive and integrated understanding of these diseases, addressing key aspects ranging from epidemiology and risk factors to prevention, diagnosis, and therapeutic management. Particular emphasis is placed on the comparison of clinical practices across countries and on the importance of multidisciplinary approaches in the management of complex patients.

The programme brings together internationally recognised experts to share current evidence, discuss emerging challenges, and explore innovative solutions, including advances in digital health, artificial intelligence, and precision medicine. We are confident that this meeting will contribute to fostering collaboration, enhancing clinical knowledge, and ultimately improving patient care in the field of cardiometabolic and respiratory diseases.

**Katiana Castillo Martin**  
**Raquel Gutierrez De Mock**  
**Jose De La Cruz Pinto Alfonso**  
**Andrea Bianco**  
**Peter Collins**

## UNDER THE AUSPICES OF



## PRESIDENTS OF THE MEETING

### **Katiana Castillo Martin**

President of the Association of Internal Medicine in Panama, Panama, PA

### **Raquel Gutierrez De Mock**

President of the College of Physicians and Surgeons of Panama, Panama, PA

### **Jose De La Cruz Pinto Alfonso**

President of the Panama, Panian Society of Cardiology, Panama, PA

### **Andrea Bianco**

University of Campania "L Vanvitelli", Naples, IT

### **Peter Collins**

Imperial College, London, UK

## CO-ORGANIZED BY



FONDAZIONE  
MENARINI

### **Fondazione Menarini**

Centro Direzionale Milanofiori

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Strada 8 – Edificio N

Phone +39 02 55308110 - Fax +39 02 55305739

[milan@fondazione-menarini.it](mailto:milan@fondazione-menarini.it)

[www.fondazione-menarini.com](http://www.fondazione-menarini.com)

## SCIENTIFIC SECRETARIAT

### **TARGET MOTIVATION S.R.L**

Via Torino, 151/E

30172 Mestre (VE)

Tel 041 2392605

[congress@targetmotivation.it](mailto:congress@targetmotivation.it)

[www.targetmotivation.it](http://www.targetmotivation.it)

# International symposium on: The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic

PROGRAMME

THURSDAY, 2<sup>nd</sup> JULY

## THURSDAY, 2<sup>nd</sup> JULY 2026 - AFTERNOON

- 01.30 p.m. - 02.30 p.m. Registrations
- 02.30 p.m. - 03.00 p.m. Welcome and Greetings
- Giuseppe Caracciolo** - Director of Scientific and Medical Affairs, Fondazione Menarini (Florence, IT)
- Stefano Del Prato** - President, Fondazione Menarini (Pisa, IT) 
- Pinto Alfonso Jose De La Cruz** - President of the Panama, Panian Society of Cardiology (Panama, PA)
- Raquel Gutierrez De Mock** - President of the College of Physicians and Surgeons of Panama (Panama, PA)
- Peter Collins** - Imperial College (London, UK)
- Andrea Bianco** - University of Campania "L Vanvitelli" (Naples, IT)
- Katiana Castillo Martin** - President of the Association of Internal Medicine in Panama (Panama, PA)

# International symposium on: The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic


PROGRAMME

FRIDAY, 3<sup>rd</sup> JULY

11.45 a.m. - 12.00 p.m. Discussion: Multidisciplinary teams in the management of cardiometabolic patients: roles and effective coordination  
**J. D. Ponce** (Cali, CO), **P. Collins** (London, UK),  
**A. Mùnera Echeverri** (Medellin, CO)

## **SESSION IV - NEW DEVELOPMENTS IN IMAGING AND DIAGNOSIS OF CARDIOVASCULAR DISEASE**

Chairpersons: **C. Escobar Cervantes** (Madrid, SP),   
**C. Bucciarelli-Ducci** (London, UK),   
**F. Wyss Quintana** (Guatemala, GT)

12.00 p.m. - 12.30 p.m. Multimodal imaging-based predictive models of cardiovascular risk: from diagnosis to prediction  
**C. Escobar Cervantes** (Madrid, SP) 

12.30 p.m. - 01.00 p.m. Clinical cases: cardiac imaging  
**C. Bucciarelli-Ducci** (London, UK) 

01.00 p.m. - 01.30 p.m. Diagnosis of hypertension: Correct measurement of blood pressure.  
**F. Wyss Quintana** (Guatemala, GT)

01.30 p.m. - 01.45 p.m. Questions and Answers

01.45 p.m. - 02.45 p.m. *Lunch*

# International symposium on: The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic


PROGRAMME

FRIDAY, 3<sup>rd</sup> JULY

## SESSION V - THE CARDIOMETABOLIC MAZE

Chairpersons: **A. Manolis** (Piraeus, GR),

**S. Del Prato** (Pisa, IT) 

- 02.45 p.m. - 03.15 p.m. Hypertension update - new therapies on the horizon  
**A. Manolis** (Piraeus, GR)
- 03.15 p.m. - 03.45 p.m. Diabetes and heart disease: A high-risk relationship  
**S. Del Prato** (Pisa, IT) 
- 03.45 p.m. - 04.15 p.m. ESC 2025 Guidelines: Update on dyslipidaemias  
**M. Méndez Castillo** (Dominican Republic, DO)
- 04.15 p.m. - 04.45 p.m. Consensus on new therapies to delay the progression  
of chronic kidney disease with emphasis on iSGLT-2:  
implications for Latin America  
**G. Tomás Obrador Vera** (Mexico City, MX)
- 04.45 p.m. - 05.15 p.m. The role of AI for Diagnosis and Risk assessment of  
Cardiovascular Diseases  
**F. Dentali** (Varese, IT)
- 05.15 p.m. - 05.30 p.m. Round table: Cardiometabolic disease
- 05.30 p.m. - 05.45 p.m. *Coffee break*

# International symposium on: The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic

PROGRAMME

FRIDAY, 3<sup>rd</sup> JULY

## SESSION VI - HOT TOPICS IN CARDIOVASCULAR DISEASE

Chairpersons: **R. Mehta** (Mexico, MX),  
**P. Collins** (London, UK), **P. Rehal** (London, UK)

- 05.45 p.m. - 06.15 p.m. Insulin resistance in obesity  
**R. Mehta** (Mexico, MX)
- 06.15 p.m. - 06.45 p.m. Transcatheter mitral and tricuspid valve repair - an update  
**R. Smith** (UK)
- 06.45 p.m. - 07.15 p.m. Management of chemotherapy-induced cardiotoxicity  
**P. Rehal** (London, UK)
- 07.15 p.m. - 07.30 p.m. Questions and Answers  
Survey event: Appreciation survey with certificate

# International symposium on: The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic

PROGRAMME

SATURDAY, 4<sup>th</sup> JULY

## SATURDAY, 4<sup>th</sup> JULY 2026 - MORNING

### SESSION VII - ATRIAL FIBRILLATION AND ANTICOAGULATION

Chairpersons: **D. Fabbriatore** (London, UK)

**G. Payró Ramirez** (Mexico City, MX),

**M. Urina Triana** (Colombia, CO)

- 09.00 a.m. - 09.30 a.m. AF, endothelial and microvascular dysfunction in cardiometabolic patients  
**G. Payró Ramirez** (Mexico City, MX)
- 09.30 a.m. - 10.00 a.m. Update on international guidelines Oral anticoagulation  
**D. Fabbriatore** (London, UK)
- 10.00 a.m. - 10.30 a.m. Anticoagulation and personalised antithrombotic therapy strategy (DUAL-ACS, NEO-MINDSET, TAILORED-CHIP)  
**M. Urina Triana** (Colombia, CO)
- 10.30 a.m. - 11.00 a.m. Myocardial fibrosis: a point of convergence between ischaemia, AF and ventricular dysfunction  
**B. Halliday** (London, UK)
- 11.00 a.m. - 11.15 a.m. Questions and Answers
- 11.15 a.m. - 11.30 a.m. *Coffee break*

# International symposium on: The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic

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- 11.15 a.m. - 11.30 a.m. *Coffee break*

# International symposium on: The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic

PROGRAMME

SATURDAY, 4<sup>th</sup> JULY

## SESSION VIII - INTERSECTION OF COPD AND CARDIOVASCULAR DISEASE - THE CARDIOVASCULAR RESPIRATORY AXIS

Chairpersons: **A. Bianco** (Naples, IT)

11.30 a.m. - 12.00 p.m. Early COPD and Predictors for disease Progression  
**N. Scichilone** (Palermo, IT)

12.00 p.m. - 12.30 p.m. The Systemic Impact of Chronic Obstructive  
Pulmonary Diseases  
**A. Bianco** (Naples, IT)

12.30 p.m. - 01.00 p.m. COPD and Cardiovascular mortality  
**P. Rogliani** (Rome, IT)

01.00 p.m. - 01.30 p.m. Redefining Management Targets in COPD  
**F. Braido** (Genoa, IT)

01.30 p.m. - 01.45 p.m. Questions and Answers

01.45 p.m. - 02.45 p.m. *Lunch*

## SESSION IX - CARDIAC REHABILITATION

Chairpersons: **C. A. Dattoli García** (Mexico, MX),  
**R. J. Vasquez Orozco** (Guatemala, GT),  
**A. Coca** (Barcelona, SP),  
**R. Fernández Coronado** (Lima, PE)

02.45 p.m. - 03.15 p.m. Current situation in LATAM: challenges, opportunities  
and success stories  
**C. A. Dattoli García** (Mexico, MX)

03.15 p.m. - 03.45 p.m. Objectives and essential components of the cardiac  
rehabilitation programme  
**R. J. Vasquez Orozco** (Guatemala, GT),

03.45 p.m. - 04.15 p.m. Oxidative stress, inflammation and cardioprotective  
exercise  
**P. Collins** (London, UK), **A. Coca** (Barcelona, SP)

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PROGRAMME

SATURDAY, 4<sup>th</sup> JULY


04.15 p.m. - 04.45 p.m. Cardiac rehabilitation and mental health: anxiety, depression and functional recovery  
**R. Fernández Coronado** (Lima, PE)

04.45 p.m. - 05.00 p.m. Questions and Answers

05.00 p.m. - 05.15 p.m. *Coffee break*

## **SESSION X - NEW TECHNOLOGIES FOR THE DIAGNOSIS, TREATMENT AND MONITORING OF CARDIOVASCULAR DISEASES**

Chairpersons: **S. March Mifsut** (Mexico, MX),  
**P. López-Jaramillo** (Colombia, CO)

05.15 p.m. - 05.45 p.m. Advances in AI and digital cardiology: ECG algorithms, risk prediction, telemonitoring  
**T. Lüscher** (London, UK) 

05.45 p.m. - 06.15 p.m. Data ethics and regulation  
**S. March Mifsut** (Mexico, MX)

06.15 p.m. - 06.45 p.m. Precision medicine and genomics  
**P. López-Jaramillo** (Colombia, CO)

06.45 p.m. - 07.00 p.m. Questions and Answers

07.00 p.m. - 07.15 p.m. Final Discussion and Concluding Remarks.  
Survey event: Appreciation survey with certificate

# International symposium on: The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic

## FACULTY

<b>Bianco Andrea</b>	Naples, IT
<b>Braido Fulvio</b>	Genoa, IT
<b>Bucciarelli-Ducci Chiara </b>	London, UK
<b>Castillo Martin Katiana</b>	Panama, PA
<b>Coca Antonio</b>	Barcelona, SP
<b>Collins Peter</b>	London, UK
<b>Dattoli García Carlos Alejo</b>	Mexico, MX
<b>Del Prato Stefano </b>	Pisa, IT
<b>Dentali Francesco</b>	Varese, IT
<b>Escobar Cervantes Carlos </b>	Madrid, SP
<b>Fabbricatore Davide</b>	London, UK
<b>Fernández Coronado Rosalia</b>	Lima, PE
<b>Gutierrez De Mock Raquel</b>	Panama, PA
<b>Halliday Brian</b>	London, UK
<b>Herrera Lubeck</b>	Guatemala, GT
<b>López Santi Ricardo</b>	Buenos Aires, AR
<b>López-Jaramillo Patricio</b>	Colombia, CO
<b>Lüscher Thomas F. </b>	London, UK
<b>Manolis Athanasios J.</b>	Athens, GR

# International symposium on: The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic

## FACULTY

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<b>March Mifsut Santiago</b>	Mexico City, MX
<b>Mehta Roopa</b>	Mexico City, MX
<b>Méndez Castillo Máxima</b>	Dominican Republic, DO
<b>Múnera Echeverri Ana Girleza</b>	Medellin, CO
<b>Payró Ramirez Gerardo</b>	Mexico City, MX
<b>Pinto Alfonso Jose De La Cruz</b>	Panama, PA
<b>Ponce Juan David</b>	Cali, CO
<b>Rehal Priya</b>	London, UK
<b>Rogliani Paola</b>	Rome, IT
<b>Scichilone Nicola</b>	Palermo, IT
<b>Smith R.</b>	UK
<b>Tomás Obrador Vera Gregorio</b>	Mexico City, MX
<b>Urina Triana Miguel Alberto</b>	Colombia, CO
<b>Vasquez Orozco Robinson José</b>	Guatemala, GT
<b>Wyss Quintana Fernando</b>	Guatemala, GT

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# International symposium on: The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic

## REGISTRATION - HYBRID EVENT

### VIA WEBSITE AND/OR APP - HYBRID EVENT

Subscription to the Reserved Area and to the Event of your interest is required.  
REGISTRATION IS FREE.

### RESIDENTIAL EVENT

Via website [www.fondazione-menarini.com](http://www.fondazione-menarini.com)

#### IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

1) Please visit the page of the congress of your interest:

[www.fondazione-menarini.com](http://www.fondazione-menarini.com)

2) Click on “SUBSCRIBE TO RESIDENTIAL EVENT” and LOG IN with your credentials.

3) Choose which days you wish to attend.

**You will receive a confirmation email including your registration QR CODE for entering the event.**

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2) To register in the reserved area, just fill in the form, available here:

[www.fondazione-menarini.com/en/reserved-area.html](http://www.fondazione-menarini.com/en/reserved-area.html)

3) Fill in all the mandatory fields and complete the registration, click on REGISTER (only once).

Wait for the confirmation page to appear, do not click on anything or leave the page.

Once you receive confirmation, return to the home page, you will already be logged-in to the reserved area.

4) Visit the page of the congress of your interest:

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# International symposium on: The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic

**REGISTRATION - LIVE STREAMING**

## **LIVE STREAMING**

Via website [www.fondazione-menarini.com](http://www.fondazione-menarini.com)

### **IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA**

1) Please visit the page of the congress of your interest:

[https://fondazione-menarini.com/en/courses-and-events/event-information.html/cardiometabolic-disease-in-latin-america-a-silent-epidemic?\\_gl=1\\*5torkw\\*\\_up\\*MQ.\\*\\_gs\\*MQ.&gclid=CjwKCAiAwNDMBhBfEiwAd7ti1KtcBOUbz\\_rMozSb\\_yOlucOFTcj8FeUfYLZpaL6KjrWjqTZ\\_FAQeZRoCU8gQAvD\\_BwE&gbraid=0AAAAABpsxWiOpdmaWcpJdVAjhi1-RksR\\_](https://fondazione-menarini.com/en/courses-and-events/event-information.html/cardiometabolic-disease-in-latin-america-a-silent-epidemic?_gl=1*5torkw*_up*MQ.*_gs*MQ.&gclid=CjwKCAiAwNDMBhBfEiwAd7ti1KtcBOUbz_rMozSb_yOlucOFTcj8FeUfYLZpaL6KjrWjqTZ_FAQeZRoCU8gQAvD_BwE&gbraid=0AAAAABpsxWiOpdmaWcpJdVAjhi1-RksR_)

2) Click on “**SUBSCRIBE TO LIVE STREAMING**” and **LOG IN** with your credentials, check the Privacy Notice and click on “**ATTEND**”.

**You can enjoy the LIVE STREAMING for free on 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> July 2026.**

### **IF YOU ARE NOT YET A SUBSCRIBER, REGISTER FOR FREE IN THE FONDAZIONE MENARINI RESERVED AREA**

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# International symposium on: The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic

## REGISTRATION - FONDAZIONE APP



### VIA FONDAZIONE MENARINI APP

Download the APP of Fondazione Menarini,  
click here or scan the QR CODE:

[www.fondazione-menarini.com/en/app-fondazione-menarini.html](http://www.fondazione-menarini.com/en/app-fondazione-menarini.html)

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Click on the red button **REGISTER**; to register in the reserved area, just fill in all the mandatory fields of the form.  
Now it is necessary to log in with your username (email) and password! Then click on **LOGIN**.  
Now you are logged-in to the APP (you will see your name near the user icon).  
You can visit the schedule of the event, and click on the red button **“SUBSCRIBE TO LIVE STREAMING”**, check the Privacy Notice and the confirm.

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### RESIDENTIAL EVENT

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Please feel free to contact us if you need any further information or require any assistance, by clicking on the link below:

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# International symposium on: The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic

## GENERAL INFORMATION

### VENUE

Marriott Panama Hotel  
Albrook Mall, Av. Roosevelt, Panama City

### SECRETARIAT DURING THE MEETING

The Secretariat will be open at the following times:

Thursday, 2<sup>nd</sup> July from 01.30 pm to 07.15 pm

Friday, 3<sup>rd</sup> July from 9.15 am to 07.30 pm

Saturday, 4<sup>th</sup> July from 9.00 am to 07.15 pm

### OFFICIAL LANGUAGE

The official language of the Meeting will be English. Simultaneous translation in spanish will be provided.

### REGISTRATION

The meeting is free to attend.

For more information and to register please visit the following website:

[www.fondazione-menarini.com](http://www.fondazione-menarini.com)

### TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections. A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:

Thursday, 2<sup>nd</sup> July from 01.30 pm to 07.15 pm

Friday, 3<sup>rd</sup> July from 9.15 am to 07.30 pm

Saturday, 4<sup>th</sup> July from 9.00 am to 07.15 pm

### LUNCHEES AND COFFEE BREAKS

Lunches and coffee breaks will be served near the Meeting area.

### ATTENDANCE CERTIFICATE AND SURVEY

At the end of each day, faculty members and participants will have the possibility to answer a short appreciation questionnaire accessible using the QR code projected on the screen. After completing the survey it will immediately be possible to download the Attendance Certificate which can be kept, printed and shared.



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Fondazione Menarini is also on [LinkedIn](#)