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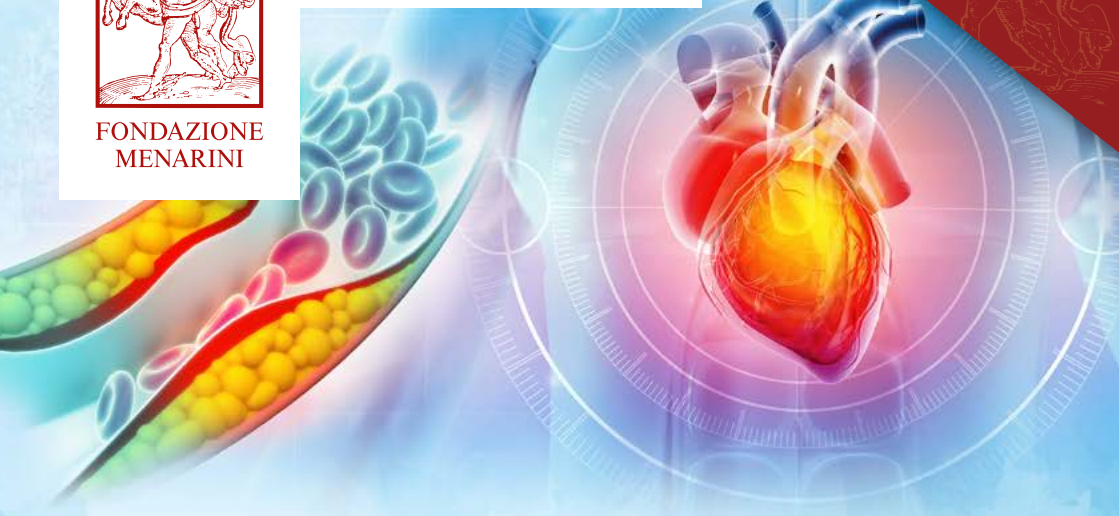
FONDAZIONE
MENARINI



Università
degli Studi
della Campania
Luigi Vanvitelli

50

YEARS OF
FONDAZIONE
MENARINI



International Symposium on:

The Burden of Cardiometaabolic and Respiratory Diseases in Latin America: A Silent Epidemic



WWW.FONDAZIONE-MENARINI.COM

2nd - 5th July 2026 - Panama

Marriott Panama Hotel - Albrook Mall, Av. Roosevelt

WHO WE ARE

50
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The “**Fondazione Menarini**” was established in the spring of **1976** to promote research and knowledge in the fields of biology, pharmacology and medicine as well as economy and human sciences.

One of the main tools the Foundation uses to achieve its goals is the organization of **international congresses** with a specific focus on medical disciplines.



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The logo the **Fondazione Menarini** adopted at the time of its establishment derives from a famous seventeenth-century treatise, the **Novissima Iconologia del Ripa** (Ripas’ New Iconology), rich in symbolic meanings from Parmenides to Plato’s Myth of the Soul.

The image, which depicts a man leading a horse while firmly gripping the bridle, was chosen as it effectively represents the Foundation’s goals and topics based on its **balanced interests in humanistic and biological sciences**.



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INTRO SPEECH

Cardiometabolic and respiratory diseases represent one of the most significant and rapidly growing challenges in global health. In Latin America, these conditions constitute a true “silent epidemic”, characterized by increasing prevalence, high morbidity and mortality, and a substantial socio-economic impact.

In this context, the International Symposium “The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic” has been conceived as a platform for scientific exchange among experts from different regions and disciplines.

The meeting aims to promote a comprehensive and integrated understanding of these diseases, addressing key aspects ranging from epidemiology and risk factors to prevention, diagnosis, and therapeutic management. Particular emphasis is placed on the comparison of clinical practices across countries and on the importance of multidisciplinary approaches in the management of complex patients.

The programme brings together internationally recognised experts to share current evidence, discuss emerging challenges, and explore innovative solutions, including advances in digital health, artificial intelligence, and precision medicine. We are confident that this meeting will contribute to fostering collaboration, enhancing clinical knowledge, and ultimately improving patient care in the field of cardiometabolic and respiratory diseases.

Katiana Elizabeth Castillo Martin

Jose De La Cruz Pinto

Andrea Bianco

Peter Collins

José B. Moreno Ortega

UNDER THE AUSPICES OF**PRESIDENTS OF THE MEETING****Katiana Elizabeth Castillo Martin**

President of the Panamanian Society of Internal Medicine

José B. Moreno Ortega

College of Physicians of Panama, Panama, PA

Jose De La Cruz Pinto

President of the Panamanian Society of Cardiology, Panama, PA

Andrea Bianco

Clinic of Respiratory Diseases “Vanvitelli”- Hospital Monaldi Department of Translational Medical Sciences, University of Campania “L. Vanvitelli” , Naples, IT

Peter Collins

Imperial College London, Hospitales Royal Brompton & Harefield GSTT, Londres, UK

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Fondazione Menarini

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SCIENTIFIC SECRETARIAT**TARGET MOTIVATION S.R.L**

Via Torino, 151/E

30172 Mestre (VE)

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www.targetmotivation.it

International symposium on: The Burden of Cardiometabolic and Respiratory Diseases in Latin America: A Silent Epidemic

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PROGRAMME

THURSDAY, 2nd JULY

THURSDAY, 2nd JULY 2026 - AFTERNOON

- 10.00 a.m. - 12.00 p.m. Pre-align faculty
- 01.30 p.m. - 02.30 p.m. Registrations
- 02.30 p.m. - 03.00 p.m. Welcome and Greetings
- Giuseppe Caracciolo** – Director of Scientific and Medical Affairs, Fondazione Menarini (Florence, IT)
- Jose De La Cruz Pinto** – President of the Panamanian Society of Cardiology (Panama, PA)
- J. B. Moreno Ortega** – College of Physicians of Panama (Panama, PA)
- Peter Collins** – Imperial College London, Royal Brompton & Harefield Hospitals GSTT (Londres, UK)
- Andrea Bianco** – Clinic of Respiratory Diseases “Vanvitelli”- Hospital Monaldi Department of Translational Medical Sciences, University of Campania “L. Vanvitelli” (Naples, IT)
- Katiana Elizabeth Castillo Martin** – President of the Panamanian Society of Internal Medicine (Panama, PA)

**SESSION I - EXPERTS ROUNDTABLE ON ANALOGIES
AND DIFFERENCES BETWEEN CONTINENTS IN
CARDIOVASCULAR AND RESPIRATORY DISEASES**

- 03.00 p.m. - 04.00 p.m.** Cardiovascular Risk
G. Caracciolo (Florence, IT)
J. De La Cruz Pinto (Panama, PA),
K. E. Castillo Martin (Panama, PA),
P. Collins (London, UK),
R. Mehta (Mexico, MX),
A. Mùnera Echeverri (Medellin, CO),
A. Coca (Barcelona, SP)
- 04.00 p.m. - 05.00 p.m.** Cardiovascular Diseases
J. B. Moreno Ortega (Panama, PA),
A. Manolis (Piraeus, GR),
G. Payró Ramirez (Mexico City, MX),
M. Méndez Castillo (Dominican Republic, DO),
C. Escobar Cervantes (Madrid, SP) 
A. Mùnera Echeverri (Medellin, CO)
- 05.00 p.m. - 06.00 p.m.** Intersection Of Respiratory And Cardiovascular Diseases
A. Bianco (Naples, IT), **N. Scichilone** (Palermo, IT),
P. Rogliani (Rome, IT), **P. Collins** (London, UK),
F. Wyss Quintana (Guatemala, GT)
- 06.00 p.m. - 07.00 p.m.** Discussion with experts from different countries
- 07.00 p.m. - 07.15 p.m.** Questions and Answers.
 Survey event: Appreciation survey with certificate

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PROGRAMME

FRIDAY, 3rd JULY

FRIDAY, 3rd JULY 2026 - MORNING

SESSION II - PREVENTION IN CARDIOLOGY

Chairpersons: **R. López Santi** (Buenos Aires, AR),
M. L. Herrera Rivera (Guatemala, GT)

- 09.15 a.m. - 09.45 a.m. The burden of cardiometabolic disease in Latin America
R. López Santi (Buenos Aires, AR)
- 09.45 a.m. - 10.15 a.m. Primary, secondary and essential prevention of
cardiometabolic disease
M. L. Herrera Rivera (Guatemala, GT)
- 10.15 a.m. - 10.30 a.m. Discussion
R. López Santi (Buenos Aires, AR),
M. L. Herrera Rivera (Guatemala, GT),
A. Mùnera Echeverri (Medellin, CO)
- 10.30 a.m. - 10.45 a.m. *Coffee Break*

SESSION III - COMPREHENSIVE CARE MODELS FOR CARDIOMETABOLIC DISEASE

Chairpersons: **J. D. Ponce** (Cali, CO),
A. Mùnera Echeverri (Medellin, CO)

- 10.45 a.m. - 11.15 a.m. Risk factors in the cardiometabolic continuum: from
prevention to reversal
J. D. Ponce (Cali, CO)
- 11.15 a.m. - 11.45 a.m. The gut-heart axis: impact of the microbiota on
cardiometabolic health
T. Lüscher (London, UK) 🇬🇧

11.45 a.m. - 12.00 p.m. Discussion: Multidisciplinary teams in the management of cardiometabolic patients: roles and effective coordination
J. D. Ponce (Cali, CO), **P. Collins** (London, UK),
A. Mùnera Echeverri (Medellin, CO)

SESSION IV - NEW DEVELOPMENTS IN IMAGING AND DIAGNOSIS OF CARDIOVASCULAR DISEASE

Chairpersons: **P. Collins** (London, UK),
F. Wyss Quintana (Guatemala, GT)

12.00 p.m. - 12.30 p.m. Multimodal imaging-based predictive models of cardiovascular risk: from diagnosis to prediction
C. Escobar Cervantes (Madrid, SP) 

12.30 p.m. - 01.00 p.m. Clinical cases: cardiac imaging
C. Bucciarelli-Ducci (London, UK) 

01.00 p.m. - 01.30 p.m. Diagnosis of hypertension: Correct measurement of blood pressure
F. Wyss Quintana (Guatemala, GT)

01.30 p.m. - 01.45 p.m. Questions and Answers

01.45 p.m. - 02.45 p.m. *Lunch*

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FRIDAY, 3rd JULY

SESSION V - THE CARDIOMETABOLIC MAZE

Chairpersons: **A. Manolis** (Piraeus, GR)
M. Méndez Castillo (Dominican Republic, DO)

- 02.45 p.m. - 03.15 p.m. Diabetes and heart disease: A high-risk relationship
S. Del Prato (Pisa, IT) 
- 03.15 p.m. - 03.45 p.m. Hypertension update - new therapies on the horizon
A. Manolis (Piraeus, GR)
- 03.45 p.m. - 04.15 p.m. ESC 2025 Guidelines: Update on dyslipidaemias
M. Méndez Castillo (Dominican Republic, DO)
- 04.15 p.m. - 04.45 p.m. Consensus on new therapies to delay the progression
of chronic kidney disease with emphasis on iSGLT-2:
implications for Latin America
G. Tomás Vera (Mexico City, MX)
- 04.45 p.m. - 05.15 p.m. The role of AI for diagnosis and risk assessment of
cardiovascular diseases
F. Dentali (Varese, IT)
- 05.15 p.m. - 05.30 p.m. Round table: Cardiometabolic disease
- 05.30 p.m. - 05.45 p.m. *Coffee break*

SESSION VI - HOT TOPICS IN CARDIOVASCULAR DISEASE

Chairpersons: **R. Mehta** (Mexico, MX),
P. Reehal (London, UK), **R. D. Smith** (UK)

- | | |
|-------------------------|--|
| 05.45 p.m. - 06.15 p.m. | Insulin resistance in obesity
R. Mehta (Mexico, MX) |
| 06.15 p.m. - 06.45 p.m. | Transcatheter mitral and tricuspid valve repair - an update
R. D. Smith (UK) |
| 06.45 p.m. - 07.15 p.m. | Management of chemotherapy-induced cardiotoxicity
P. Reehal (London, UK) |
| 07.15 p.m. - 07.30 p.m. | Questions and Answers
Survey event: Appreciation survey with certificate |

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PROGRAMME

SATURDAY, 4th JULY

SATURDAY, 4th JULY 2026 - MORNING

SESSION VII - ATRIAL FIBRILLATION AND ANTICOAGULATION

Chairpersons: **D. Fabbriatore** (London, UK)

G. Payró Ramirez (Mexico City, MX),

M. Urina Triana (Colombia, CO)

- 09.00 a.m. - 09.30 a.m. AF, endothelial and microvascular dysfunction in cardiometabolic patients
G. Payró Ramirez (Mexico City, MX)
- 09.30 a.m. - 10.00 a.m. AF, Anticoagulation & LAAO: An EP Perspective
D. Fabbriatore (London, UK)
- 10.00 a.m. - 10.30 a.m. Anticoagulation and personalised antithrombotic therapy strategy (DUAL-ACS, NEO-MINDSET, TAILORED-CHIP)
M. Urina Triana (Colombia, CO)
- 10.30 a.m. - 11.00 a.m. Myocardial fibrosis: a point of convergence between ischaemia, AF and ventricular dysfunction
B. Halliday (London, UK)
- 11.00 a.m. - 11.15 a.m. Questions and Answers
- 11.15 a.m. - 11.30 a.m. *Coffee break*

SESSION VIII - INTERSECTION OF COPD AND CARDIOVASCULAR DISEASE - THE CARDIOVASCULAR RESPIRATORY AXIS

Chairpersons: **A. Bianco** (Naples, IT)

- 11.30 a.m. - 12.00 p.m. Early COPD and Predictors for disease progression
N. Scichilone (Palermo, IT)
- 12.00 p.m. - 12.30 p.m. The Systemic Impact of Chronic Obstructive
Pulmonary Diseases
A. Bianco (Naples, IT)
- 12.30 p.m. - 01.00 p.m. COPD and Cardiovascular mortality
P. Rogliani (Rome, IT)
- 01.00 p.m. - 01.30 p.m. Redefining Management Targets in COPD
F. Braido (Genoa, IT)
- 01.30 p.m. - 01.45 p.m. Questions and Answers
- 01.45 p.m. - 02.45 p.m. *Lunch*

SESSION IX - CARDIAC REHABILITATION

Chairpersons: **C. A. Dattoli García** (Mexico, MX),
R. J. Vasquez Orozco (Guatemala, GT),
A. Coca (Barcelona, SP),
R. Fernández Coronado (Lima, PE)

- 02.45 p.m. - 03.15 p.m. Current situation in LATAM: challenges, opportunities
and success stories
C. A. Dattoli García (Mexico, MX)
- 03.15 p.m. - 03.45 p.m. Objectives and essential components of the cardiac
rehabilitation programme
R. J. Vasquez Orozco (Guatemala, GT),
- 03.45 p.m. - 04.15 p.m. Oxidative stress, inflammation and cardioprotective
exercise
A. Coca (Barcelona, SP)

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PROGRAMME

SATURDAY, 4th JULY

04.15 p.m. - 04.45 p.m. Cardiac rehabilitation and mental health: anxiety, depression and functional recovery
R. Fernández Coronado (Lima, PE)

04.45 p.m. - 05.00 p.m. Questions and Answers

05.00 p.m. - 05.15 p.m. *Coffee break*

SESSION X - NEW TECHNOLOGIES FOR THE DIAGNOSIS, TREATMENT AND MONITORING OF CARDIOVASCULAR DISEASES

Chairpersons: **S. March Mifsut** (Mexico, MX),
J. P. López-Jaramillo (Colombia, CO)

05.15 p.m. - 05.45 p.m. Advances in AI and digital cardiology: ECG algorithms, risk prediction, telemonitoring
T. Lüscher (London, UK) 

05.45 p.m. - 06.15 p.m. Data ethics and regulation
S. March Mifsut (Mexico, MX)

06.15 p.m. - 06.45 p.m. Precision medicine and genomics
J. P. López-Jaramillo (Colombia, CO)

06.45 p.m. - 07.00 p.m. Questions and Answers

07.00 p.m. - 07.15 p.m. Final Discussion and Concluding Remarks.
Survey event: Appreciation survey with certificate

SUNDAY, 5th JULY 2026 - MORNING

08.00 a.m. - 11.00 a.m. Post-align faculty

FACULTY

Bianco Andrea	Clinic of Respiratory Diseases “Vanvitelli” - Hospital Monaldi, Department of Translational Medical Sciences, University of Campania Naples, IT
Braido Fulvio	University of Genoa, IRCCS Azienda Ospedaliera metropolitana (AOM) Genoa, IT
Bucciarelli-Ducci Chiara 	Royal Brompton & Harefield Hospitals GSTT London, UK
Castillo Martin Katiana Elizabeth	Panamanian Society of Internal Medicine Panama, PA
Coca Antonio	Universitat Abat Oliba CEU, Barcelona; University of Barcelona Barcelona, SP
Collins Peter	Imperial College London, Royal Brompton & Harefield Hospitals GSTT London, UK
Dattoli García Carlos Alejo	Cardiology and Hemodynamics Service Complejo Médico del Sur, Puebla Mexico, MX
Del Prato Stefano 	University of Pisa, Sant’Anna School of Advanced Studies Pisa, IT
Dentali Francesco	Insubria University, Varese; Medical Area Department, Asst Sette Laghi, Varese; General Medicine, Asst Sette Laghi, Varese; FADOI Foundation Varese, IT

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FACULTY

Escobar Cervantes Carlos 	La Paz University Hospital Madrid Madrid, SP
Fabbricatore Davide	Royal Brompton & Harefield Hospitals GSTT London, UK
Fernández Coronado Rosalia	National Cardiovascular Institute INCOR-ESSALUD, Universidad Nacional Mayor de San Marcos Lima, PE
Halliday Brian	National Heart and Lung Institute, Imperial College London, Royal Brompton and Harefield Hospitals London, UK
Herrera Rivera Milton Lubeck	University of San Carlos of Guatemala, Hospital Regional de Occidente Guatemala, GT
López Santi Ricardo	Argentinean Federation of Cardiology (FAC) Former President, Interamerican Society of Cardiology (SIAC) President Buenos Aires, AR
López-Jaramillo Jose Patricio	Masira Research Institute, Medical School, Universidad de Santander, Bucaramanga Colombia, CO
Lüscher Thomas F. 	Royal Brompton & Harefield Hospitals GSTT, King's College and Imperial College London, European Society of Cardiology London, UK
Manolis Athanasios J.	Cardiology Metropolitan Hospital, Piraeus, Greece Athens, GR

FACULTY

March Mifsut Santiago	Mexican Foundation for Health (Fundación Mexicana para la Salud) Mexico City, MX
Mehta Roopa	National Institute of Medical Sciences and Nutrition, Salvador Zubiran (INCMNSZ) Mexico City, MX
Méndez Castillo Máxima	Lipid Clinic Cli-LIPID Santo Domingo, DO
Múnera Echeverri Ana Girleza	Colombian Society of Cardiology, Inter-American Society of Cardiology Medellin, CO
Ortega José B. Moreno	College of Physicians of Panama Panama, PA
Payró Ramirez Gerardo	National Institute of Medical Sciences and Nutrition Salvador Zubirán Mexico City, MX
Pinto Jose de la Cruz	Panamanian Society of Cardiology Panama, PA
Ponce Juan David	Valle del Lili Foundation Cali, CO
Reehal Priya	Royal Brompton & Harefield Hospitals GSTT, Cardio-Oncology Centre of Excellence London, UK
Rogliani Paola	Respiratory Medicine, Policlinico Tor Vergata, University of Rome Tor Vergata Rome, IT

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FACULTY

Scichilone Nicola	University of Palermo Palermo, IT
Smith Robert Duncan	The Royal Brompton & Harefield Hospitals London, UK
T. Obrador Gregorio	Panamericana University School of Medicine Mexico City, MX
Urina Triana Miguel Alberto	Simón Bolívar University, Barranquilla Colombia, CO
Vasquez Orozco Robinson José	Guatemala Cardiac Rehabilitation Center El Pilar Hospital Herrera Llerandi Hospital Guatemala, GT
Wyss Quintana Fernando	Iberoamerican Hypertension League, Interamerican Society of Cardiology, Centralamerican and Caribbean Society of Hypertension and Cardiovascular Prevention Guatemala, GT

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REGISTRATION - HYBRID EVENT

VIA WEBSITE AND/OR APP - HYBRID EVENT

Subscription to the Reserved Area and to the Event of your interest is required.
REGISTRATION IS FREE.

RESIDENTIAL EVENT

Via website www.fondazione-menarini.com

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1) Please visit the page of the congress of your interest:

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REGISTRATION - LIVE STREAMING

LIVE STREAMING

Via website www.fondazione-menarini.com

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https://fondazione-menarini.com/en/courses-and-events/event-information.html/cardiometabolic-disease-in-latin-america-a-silent-epidemic?_gl=1*5torkw*_up*MQ..*_gs*MQ..&gclid=CjwKCAiAwNDMBhBfEiwAd7ti1KtcBOUbz_rMozSb_yOlucOFTcj8FeUfYLZpaL6KjrWjqTZ_FAQeZRoCU8gQAvD_BwE&gbraid=0AAAAABpsxWiOpdmaWcpJdVAjhi1-RksR_

2) Click on “**SUBSCRIBE TO LIVE STREAMING**” and **LOG IN** with your credentials, check the Privacy Notice and click on “**ATTEND**”.

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REGISTRATION - FONDAZIONE APP



VIA FONDAZIONE MENARINI APP

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LIVE STREAMING

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Click on the red button **REGISTER**; to register in the reserved area, just fill in all the mandatory fields of the form.

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Now you are logged-in to the APP (you will see your name near the user icon).

You can visit the schedule of the event, and click on the red button **"SUBSCRIBE TO LIVE STREAMING"**, check the Privacy Notice and the confirm.

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GENERAL INFORMATION

VENUE

Marriott Panama Hotel
Albrook Mall, Av. Roosevelt, Panama City

SECRETARIAT DURING THE MEETING

The Secretariat will be open at the following times:

Thursday, 2nd July from 01.30 pm to 07.15 pm

Friday, 3rd July from 9.15 am to 07.30 pm

Saturday, 4th July from 9.00 am to 07.15 pm

OFFICIAL LANGUAGE

The official language of the Meeting will be English.

REGISTRATION

The meeting is free to attend.

For more information and to register please visit the following website:

www.fondazione-menarini.com

TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections. A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:

Thursday, 2nd July from 01.30 pm to 07.15 pm

Friday, 3rd July from 9.15 am to 07.30 pm

Saturday, 4th July from 9.00 am to 07.15 pm

LUNCHEES AND COFFEE BREAKS

Lunches and coffee breaks will be served near the Meeting area.

ATTENDANCE CERTIFICATE AND SURVEY

At the end of each day, faculty members and participants will have the possibility to answer a short appreciation questionnaire accessible using the QR code projected on the screen. After completing the survey it will immediately be possible to download the Attendance Certificate which can be kept, printed and shared.

NOTES

[illegible]



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