

CO-ORGANIZED BY



FONDAZIONE
MENARINI

Cardiovascular diseases: Novel approaches to prevention

13th - 14th June 2025 | Riga, Latvia

Venue: AC MARRIOTT RIGA

Dzirnavu iela 33, Centra rajons, Rīga, LV-1010, Lettonia

WWW.FONDAZIONE-MENARINI.COM

RATIONALE FOR THE MEETING

Cardiovascular diseases (CVDs) remain the leading cause of morbidity and mortality worldwide, posing a significant burden on healthcare systems and societies. Despite substantial advances in diagnostics and therapeutic interventions, the prevention of cardiovascular disease remains a primary challenge in global health. Understanding and mitigating risk factors, implementing personalized prevention strategies, and integrating innovative scientific approaches are essential to reducing the impact of CVDs.

The “Cardiovascular Diseases: Novel Approaches to Prevention” meeting in Riga aims to bring together leading experts, researchers, and clinicians to discuss state-of-the-art strategies for CVD prevention. The program will cover a wide range of topics, including risk estimation, lipid management, hypertension control, diabetes-related cardiovascular risk, post-myocardial infarction care, and the emerging role of artificial intelligence in preventive medicine.

Through a series of lectures, panel discussions, and interactive sessions, participants will have the opportunity to explore cutting-edge research, share best practices, and discuss future directions for CVD prevention. By fostering collaboration and knowledge exchange, this meeting aspires to shape the next era of cardiovascular prevention strategies and contribute to reducing the global burden of CVDs.

We look forward to engaging discussions and impactful insights that will pave the way for improved patient outcomes and innovative preventive approaches in cardiovascular medicine.

Alberico L. Catapano

Ian Graham

Karlis Trusinskis

SCIENTIFIC COMMITTEE

CO-PRESIDENTS:

Alberico L. Catapano

Ian Graham

Karlis Trusinskis

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MENARINI

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www.targetmotivation.it

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PROGRAMME

THURSDAY, 12TH JUNE 2025 - AFTERNOON

06.00 p.m. - 07.30 p.m. Pre-alignment Faculty Meeting

FRIDAY, 13TH JUNE 2025 - MORNING

Chairpersons: **A. L. Catapano** (Milan, IT), **I. Graham** (Dublin, IE), **K. Trušinskis** (Riga, LV)

09.00 a.m. - 09.30 a.m. Opening lecture
A. Ērglis (Riga, LV)

SESSION I - THE BURDEN OF CV DISEASE

09.30 a.m. - 10.00 a.m. Estimating the burden of CV disease
E. Di Angelantonio (Cambridge, UK)

10.00 a.m. - 10.30 a.m. Risk estimation present and future
I. Graham (Dublin, IE)

10.30 a.m. - 11.00 a.m. *Coffee Break*

11.00 a.m. - 11.30 a.m. Genetics in CV risk prediction
M. Kavousi (Rotterdam, NL)

11.30 a.m. - 12.00 p.m. Imaging and CV risk prediction
K. Chan (Oxford, UK)

12.00 p.m. - 12.30 p.m. Round table discussion
All Speakers and Chairs

12.30 p.m. - 02.00 p.m. *Lunch*

FRIDAY, 13TH JUNE 2025 - AFTERNOON

SESSION II - DIABETES AND CV RISK

Chairperson: **I. Graham** (Dublin, IE)

02.00 p.m. - 02.45 p.m. Old and New drugs: what place in therapy?
A. Avogaro (Venice, IT)

02.45 p.m. - 03.00 p.m. Discussion: focus on body weight

SPECIAL LECTURE

Chairperson: **A. L. Catapano** (Milan, IT)

03.00 p.m. - 03.45 p.m. Artificial intelligence and cardiovascular risk stratification
T. F. Luscher (London, UK)

03.45 p.m. - 04.15 p.m. *Coffee Break*

SESSION III - PLASMA LIPIDS

Chairpersons: **A. L. Catapano** (Milan, IT), **L. Tokgözoğlu** (Ankara, TR)

04.15 p.m. - 04.45 p.m. Current and future landscape
L. Tokgözoğlu (Ankara, TR)

04.45 p.m. - 05.15 p.m. Lipids and atherosclerotic plaques
K. Trušinskis (Riga, LV)

05.15 p.m. - 05.45 p.m. LDL, triglycerides or Apo B?
A.D. Sniderman (Montreal, CA)

05.45 p.m. - 06.30 p.m. Discussion: Focus on Early Treatment
All Speakers and Chairs

SATURDAY, 14TH JUNE 2025 - MORNING

SESSION IV - BLOOD PRESSURE

Chairpersons: **G. Mancia** (Milan, IT), **S. Jēgere** (Riga, LV)

- 09.00 a.m. - 09.30 a.m. Current landscape
S. Jēgere (Riga, LV)
- 09.30 a.m. - 10.00 a.m. The future
G. Mancia (Milan, IT)
- 10.00 a.m. - 11.00 a.m. General Discussion
- 11.00 a.m. - 11.30 a.m. *Coffee Break*

SESSION V - AI TO GUIDE PREVENTIVE MEDICINE?

Chairpersons: **P. Deloukas** (London, UK), **J. Kelleher** (Dublin, IE)

- 11.30 a.m. - 11.45 a.m. My point of view
P. Deloukas (London, UK)
- 11.45 a.m. - 12.00 p.m. My point of view
J. Kelleher (Dublin, IE)
- 12.00 p.m. - 12.30 p.m. General Discussion
- 12.30 p.m. - 01.30 p.m. *Lunch*

SATURDAY, 14TH JUNE 2025 - AFTERNOON

SESSION VI - MANGEMENT POST MI

Chairpersons: **A. L. Catapano** (Milan, IT), **G. Niccoli** (Parma, IT)

01.30 p.m. - 02.00 p.m. Inflammation

E. Stroes (Amsterdam, NL)

02.00 p.m. - 02.30 p.m. Platelets and coagulation in secondary prevention
G. Niccoli (Parma, IT)

02.30 p.m. - 03.00 p.m. General Discussion

03.00 p.m. - 04.00 p.m. Round table:
How to integrate therapies
G. Mancia (Milan, IT), **S. Jēgere** (Riga, LV), **A.D. Sniderman** (Montreal, CA), **A. L. Catapano** (Milan, IT),
E. Stroes (Amsterdam, NL), **G. Niccoli** (Parma, IT)

04.00 p.m. - 04.30 p.m. *Coffee Break*

Closing Lecture

Chairpersons: **A. L. Catapano** (Milan, IT), **I. Graham** (Dublin, IE), **S. Jēgere** (Riga, LV)

04.30 p.m. - 05.15 p.m. Solving the prevention paradox by personalising prevention using deep causal AI
B. Ference (Cambridge, UK)

Cardiovascular diseases: Novel approaches to prevention

FACULTY

Angelo Avogaro	Venice, Italy
Alberico L. Catapano	Milan, Italy
Kenneth Chan	Oxford, UK
Panos Deloukas	London, UK
Emanuele Di Angelantonio	Cambridge, UK
Andrej Ērglis	Riga, Latvia
Brian Ference	Cambridge, UK
Ian Graham	Dublin, Ireland
Sanda Jēgere	Riga, Latvia
Maryam Kavousi	Rotterdam, The Netherlands
John Kelleher	Dublin, Ireland
Thomas F. Luscher	London, UK
Giuseppe Mancia	Milan, Italy
Giampaolo Niccoli	Parma, Italy
Allan Sniderman	Montreal, Canada
Erik Stroes	Amsterdam, The Netherlands
Lale Tokgözoğlu	Ankara, Turkey
Kārlis Trušinskis	Riga, Latvia

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REGISTRATION - HYBRID EVENT

VIA WEBSITE AND/OR APP - HYBRID EVENT

Subscription to the Reserved Area and to the Event of your interest is required.
REGISTRATION IS FREE.

RESIDENTIAL EVENT

Via website www.fondazione-menarini.com

IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

1) Please **visit the page of the congress** of your interest:

<https://www.en.fondazione-menarini.it/Home>

2) Click on **“SUBSCRIBE TO RESIDENTIAL EVENT”** and **LOG IN** with your credentials.

3) Choose which days you wish to attend.

You will receive a confirmation email including your registration QR CODE for entering the event.

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1) Go to www.en.fondazione-menarini.it/Home and click on **“Reserved Area”** (home page, on the right)

2) To **register in the reserved area**, just fill in the form, available here:

www.en.fondazione-menarini.it/Home/Sign-up-the-Reserved-Area

3) Fill in all the mandatory fields and complete the registration, click on **REGISTER** (only once).

Wait for the confirmation page to appear, do not click on anything or leave the page.

Once you receive confirmation, return to the home page, you will already be logged-in to the reserved area.

4) **Visit the page of the congress** of your interest:

<https://www.en.fondazione-menarini.it/Home>

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REGISTRATION - LIVE STREAMING

LIVE STREAMING

Via website www.fondazione-menarini.com

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1) Please visit the page of the congress of your interest:

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2) Click on “**SUBSCRIBE TO LIVE STREAMING**” and **LOG IN** with your credentials, check the Privacy Notice and click on “**ATTEND**”.

You can enjoy the LIVE STREAMING for free on 13th and 14th June 2025.

IF YOU ARE NOT YET A SUBSCRIBER, REGISTER **FOR FREE** IN THE FONDAZIONE MENARINI RESERVED AREA

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2) To register in the reserved area, just fill in the form, available here:

www.en.fondazione-menarini.it/Home

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4) Visit the page of the congress of your interest:

<https://www.en.fondazione-menarini.it/Home>

5) Confirm your registration by clicking on “**SUBSCRIBE TO LIVE STREAMING**”, check the Privacy Notice and click on “**ATTEND**”.

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REGISTRATION - FONDAZIONE APP



VIA FONDAZIONE MENARINI APP

Download the APP of Fondazione Menarini,
click here or scan the QR CODE:

www.fondazione-menarini.com/en/app-fondazione-menarini.html

LIVE STREAMING

IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

You can access the APP with the same username and password that you use in the website. Visit the page of the event and confirm your participation, click on “**SUBSCRIBE TO LIVE STREAMING**”.

You can enjoy the LIVE STREAMING for free on 13th and 14th June 2025.

IF YOU ARE NOT YET A SUBSCRIBER, REGISTER **FOR FREE** IN THE FONDAZIONE MENARINI RESERVED AREA

Click on the profile icon in the top right-hand corner, or in the details of an event. Click on **LOGIN**:

Click on the red button **REGISTER**; to register in the reserved area, just fill in all the mandatory fields of the form.

Now it is necessary to log in with your username (email) and password! Then click on **LOGIN**.

Now you are logged-in to the APP (you will see your name near the user icon).

You can visit the schedule of the event, and click on the red button “**SUBSCRIBE TO LIVE STREAMING**”, check the Privacy Notice and the confirm.

You can enjoy the LIVE STREAMING for free on 13th and 14th June 2025.

RESIDENTIAL EVENT

IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

You can access the APP with the same username and password that you use on the website. Visit the page of the event and confirm your participation, click on “**SUBSCRIBE TO RESIDENTIAL EVENT**”.

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Please feel free to contact us if you need any further information or require any assistance, by clicking on the link below:

www.fondazione-menarini.com/en/contact-us.html

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GENERAL INFORMATION

VENUE

AC MARRIOTT RIGA

Dzirnavu iela 33, Centra rajons, Rīga, LV-1010, Lettonia

SECRETARIAT DURING THE MEETING

The Secretariat will be open at the following times:

Friday, 13th June from 9 am to 5 pm

Saturday, 14th June from 9 am to 6.15 pm

OFFICIAL LANGUAGE

The official language of the Meeting will be English

REGISTRATION

The meeting is free to attend.

For more information and to register please visit the following website:

www.fondazione-menarini.com

TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections.

A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:

Friday, 13th June from 9 am to 5 pm

Saturday, 14th June from 9 am to 6.15 pm

LUNCHES AND COFFEE BREAKS

Lunches and coffee breaks will be served in the Meeting area.

NOTES

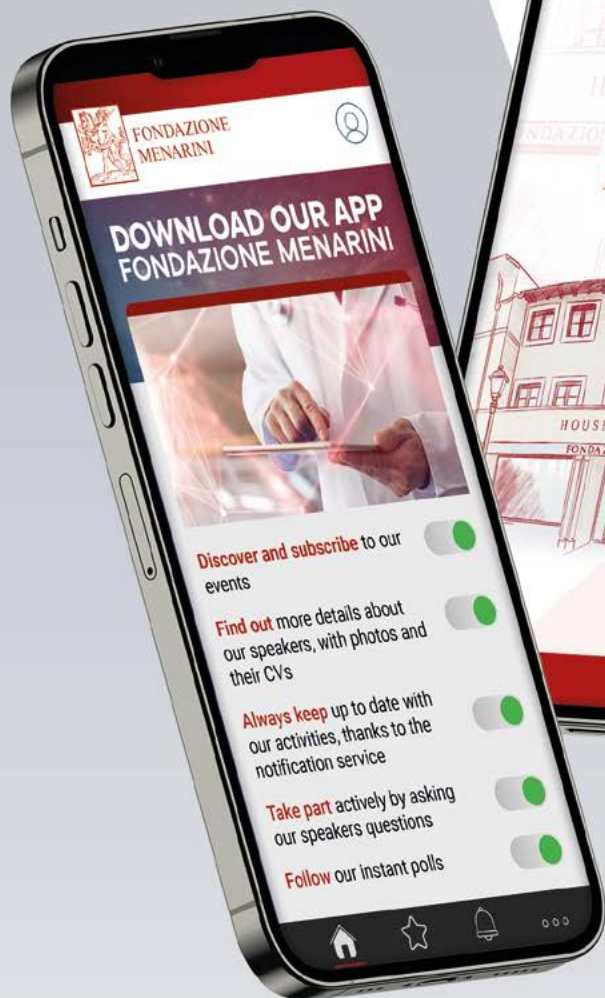
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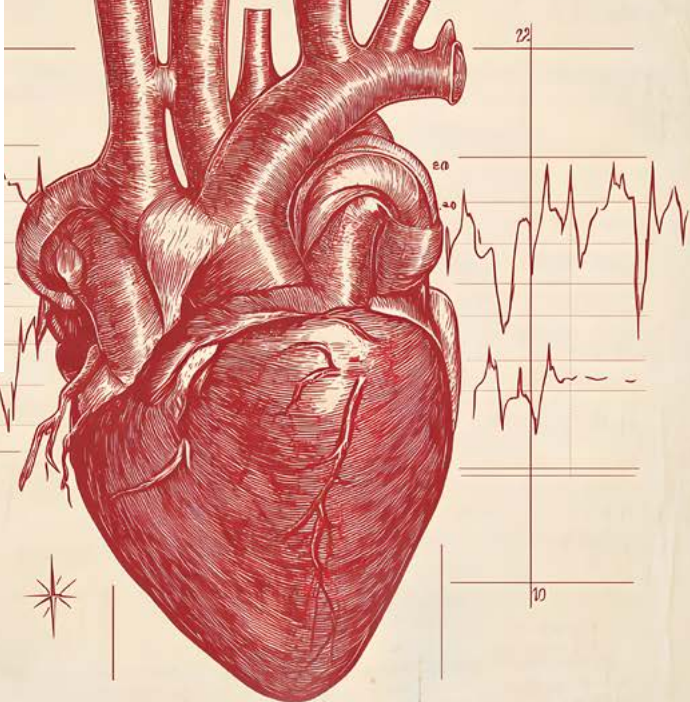
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All slides and presentations are available on our website 15 days after the event.

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