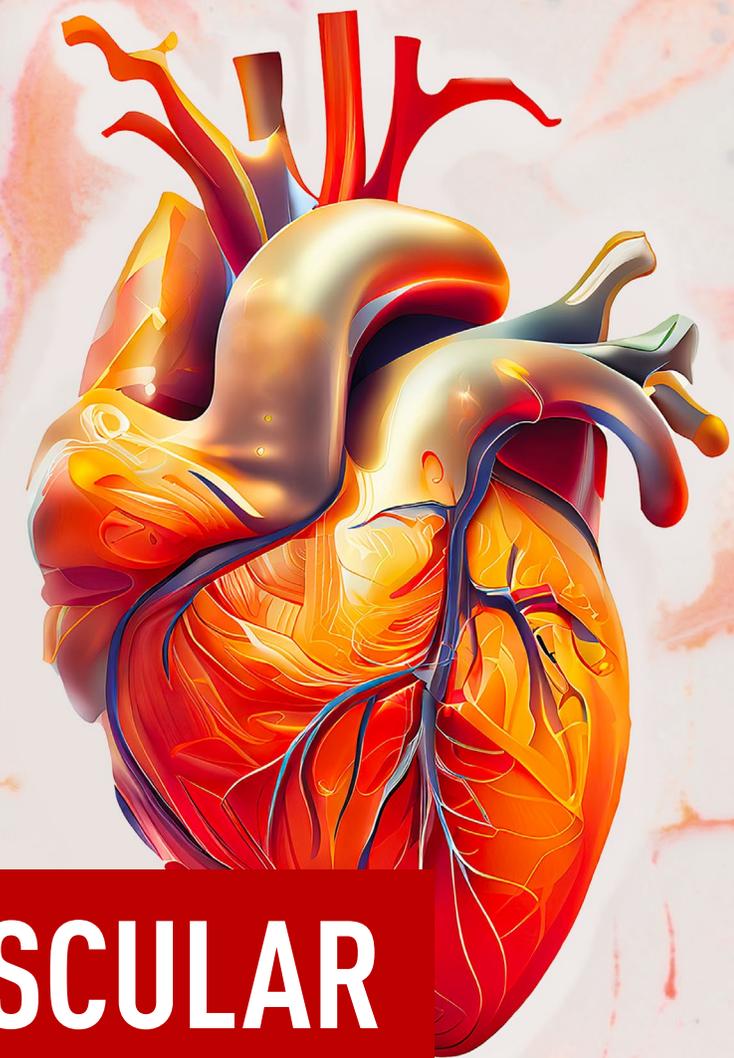


CO-ORGANIZED BY



FONDAZIONE
MENARINI



HYPERTENSION *and* CARDIOVASCULAR

**Prevention in the mediterranean area.
Need for integrated information**

12 - 13 April 2025 | Fiesole, Italy

CO-ORGANIZED BY



FONDAZIONE
MENARINI



HYPERTENSION *and* CARDIOVASCULAR

Prevention in the mediterranean area. Need for integrated information

AGENDA

1. Welcome

2. **Self-introduction of participants with brief information on the organization of the management of hypertension and CV protection in their countries** (5 min each)

3. **Discussion of recent Hypertension Guidelines (ESH, ESC, ACC/AHA, Others).**

Topics:

- Diagnostic approach, which BP
- Assessment of CV risk
- HMOD
- BP Threshold/Target
- Lifestyle changes
- Pharmacological approach
- Specific subgroups, e.g. old patients, DM, CKD, CHF, CAD, AF etc
- Follow-up

4. General questions

- Which are the most generally used hypertension guidelines in each country.
- Do peculiarities of Mediterranean countries justify focused information and recommendation for this area?

5. **Round Table on how to conduct the survey, its format, main issues to address etc.**

6. Other issues

7. Farewell

CO-PRESIDENTS

Giuseppe Mancia
Athanasios J. Manolis
Enrico Agabiti Rosei

CO-ORGANIZED BY

Fondazione Menarini
Centro Direzionale Milanofiori
I-20089 Rozzano (Milan, Italy)
Edificio L - Strada 6
Phone: +39 02 55308110
milan@fondazione-menarini.it
www.en.fondazione-menarini.it

ORGANIZING SECRETARIAT

Hinovia Events srl

Via Guelfa, 114
50129 Florence (Italy)