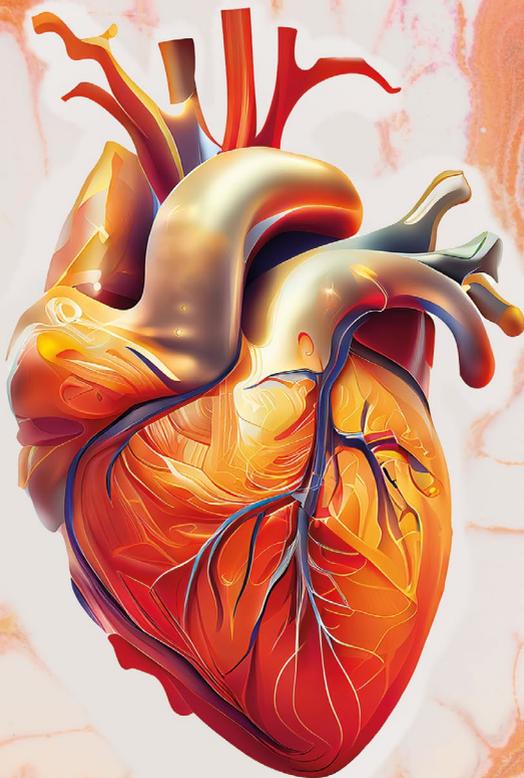


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FONDAZIONE  
MENARINI



# HYPERTENSION *and* CARDIOVASCULAR

Prevention in the mediterranean area:  
Need for integrated information



[WWW.FONDAZIONE-MENARINI.COM](http://WWW.FONDAZIONE-MENARINI.COM)

12<sup>th</sup> - 13<sup>th</sup> APRIL | AUDITORIUM FIESOLE

AUDITORIUM FONDAZIONE MENARINI - PIAZZA G. GARIBALDI, 30 - FIESOLE (FI)

## **INTRO SPEECH**

**CO-PRESIDENTS OF THE MEETING**

**Giuseppe Mancia**

**Athanasios J. Manolis**

**Enrico Agabiti Rosei**

**CO-ORGANIZED BY:**

**Fondazione Menarini**

Centro Direzionale Milanofiori

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**ORGANIZING SECRETARIAT**

**Hinovia Events srl**

Via Guelfa, 114

50129 Florence (Italy)

# Hypertension and Cardiovascular Prevention in the Mediterranean Area: need for integrated information

PROGRAMME

SATURDAY, 12<sup>TH</sup> APRIL

## SATURDAY, 12<sup>TH</sup> APRIL 2025 - AFTERNOON

01.30 p.m. - 02.00 p.m. Opening – Welcome  
Co-Presidents of the Meeting:  
**G. Mancia** (Italy), **E. Agabiti Rosei** (Italy), **A. Manolis** (Greece), **Fondazione Menarini G. Caracciolo** (Italy)  
Scope of the meeting  
**G. Mancia** (Italy)

### Focus on Scientific Material

02.00 p.m. - 04.30 p.m. Awareness treatment and control of Hypertension in Balkans (Greece, Serbia, Bulgaria, Romania, Albania, Slovenia, Croatia)  
**K. Tsioufis** (Greece), **B. Jelakovic** (Croatia)  
**Presenter from each country**

Awareness treatment and control of Hypertension in North Africa (Morocco, Tunisia, Algeria, Egypt)  
**D. Lovic** (Serbia), **TBA**  
**Presenter from each country**

Awareness treatment and control of Hypertension in Middle East and Gulf area (Israel, Lebanon, Jordan, Turkey, UAE)  
**M. Dorobantu** (Romania), **E. Chammas** (Lebanon)  
**Presenter from each country**

Awareness treatment and control of Hypertension in South Europe (Italy, France, Spain, Portugal)  
**G.F. Parati** (Italy), **E. Rodilla** (Spain)  
**Presenter from each country**

04.30 p.m. - 05.00 p.m. *Coffee Break*

# Hypertension and Cardiovascular Prevention in the Mediterranean Area: need for integrated information

PROGRAMME

SATURDAY, 12<sup>TH</sup> APRIL

- 05.00 p.m. - 07.30 p.m. An overview of recent published hypertension guidelines: ESH, ESC, AHA/ACC, ISH, WHO, Latin America, Asia  
**G. Mancia** (Italy), **J. Brguljan** (Slovenia),  
**E. Agabiti Rosei** (Italy), **G. Grassi** (Italy),  
**A. Coca** (Spain), **A. Manolis** (Greece)
- Which are the most generally used hypertension guidelines in your country?  
**G. Mancia** (Italy), **A. Manolis** (Greece), **E. Agabiti Rosei** (Italy)  
**Discussion with all participants**
- 07.30 p.m.- 07.45 p.m. End of day one

# Hypertension and Cardiovascular Prevention in the Mediterranean Area: need for integrated information

PROGRAMME

SUNDAY, 13<sup>TH</sup> APRIL

## SUNDAY, 13<sup>TH</sup> APRIL 2025 - MORNING

### DISCUSSION AND CRITICISM OF RECENT ESH PUBLISHED GUIDELINES

- 08.30 a.m. - 11.30 a.m. Diagnostic approach, Targets, Thresholds  
**G. Parati** (Italy), **M. Camafort** (Spain) + **G. Mancia** (Italy)
- Assessment of CV risk factors, HMOD  
**K. Tsioufis** (Greece), **A. Virdis** + **E. Agabiti Rosei** (Italy)
- Life style changes  
**C. Ferri** (Italy), **S. Erdine** 🇹🇷 (Turkey) + **A. Manolis** (Greece)
- Pharmacological approach  
**J. Brguljan** (Slovenia), **G. Grassi** + **G. Mancia** (Italy)
- Specific subgroups  
**M.L. Muiesan**, **G. Grassi** (Italy) + **A. Manolis** (Greece)
- Co-morbidities  
**A. Coca** (Spain), **G.F. Parati** + **E. Agabiti Rosei** (Italy)
- 11.30 a.m. - 12.00 a.m. *Coffee Break*
- 12.00 p.m. - 02.30 p.m. Discussion for:  
1) Survey on the Management of Hypertension in Mediterranean area  
2) Position paper on Hypertension in Mediterranean area, including data on BP measurements from the Mediterranean Area  
**G. Mancia** (Italy), **A. Manolis** (Greece), **E. Agabiti Rosei** (Italy) + **All participants**
- 02.30 p.m. - 03.00 p.m. Summary of the meeting and Conclusions

# Hypertension and Cardiovascular Prevention in the Mediterranean Area: need for integrated information

## FACULTY

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<b>Leila Abid</b> 	Professor of Cardiology, Cardiology department of Sfax, Tunisia
<b>Enrico Agabiti Rosei</b>	Professor Emeritus of Internal Medicine, University of Brescia, Italy
<b>Haytham Badran</b> 	Professor Of Cardiology, President Of ECRA, Ain Shams University, Cairo, Egypt
<b>Claudio Borghi</b>	Professor of Medicine, Department of Medical and Surgical Sciences, University of Bologna, Italy
<b>Jana Brguljan</b>	Medical Director, Department of Hypertension, University Medical Centre Ljubljana, Vodnikova, Slovenia
<b>Miguel Camafort</b>	Assistant Professor, Hypertension Unit -Internal Medicine Department, University of Barcelona, Spain
<b>Alp Burak Catakoglu</b>	Professor,Interventional Cardiologist, Liv Hospital Ulus, İstanbul, Turkey
<b>Elie Chammas</b>	Professor of Cardiology, Associate Dean for Clinical Affairs, Balamand University, Beirut, Lebanon
<b>Antonio Coca</b>	Emeritus Professor of Medicine, University Abat Oliba CEU, Barcelona, Spain
<b>Maria Dorobantu</b>	Emeritus Professor of The University of Medicine and Pharmacy of Bucharest and Corresponding Member of the Romanian Academy, Romania

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# Hypertension and Cardiovascular Prevention in the Mediterranean Area: need for integrated information

## FACULTY

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<b>Serap Erdine</b> 	Emeritus Professor Istanbul University, Cerrahpaşa School of Medicine, Cardiology Department, President, Turkish Society of Hypertension and Atherosclerosis
<b>Claudio Ferri</b>	Full Professor of Internal Medicine, University of L'Aquila, Italy
<b>Guido Grassi</b>	Full Professor of Internal Medicine at the Department of Clinical Medicine, University of Milano-Bicocca, Italy
<b>Bojan Jelakovic</b>	Professor, University of Zagreb, school of medicine and University hospital center Zagreb, Croatia
<b>Anissa Joulak</b> 	Assistant Hospital-University, Echographie Cardiaque-Stimulation Cardiaque, Centre Marsa Médical, La Marsa, Tunisia
<b>Dargan Lovic</b>	Professor of Internal Medicine, Chief of the Hypertension Center, Cardiology department at Clinic for internal diseases Intermedica, in Nis, Serbia
<b>Giuseppe Mancia</b>	Emeritus Professor of Medicine, University Milano-Bicocca, Italy
<b>Athanasios Manolis</b>	Director, Department of Cardiology, "Metropolitan" Hospital, Piraeus, Greece
<b>Maria Lorenza Muiesan</b>	Director of 2 <sup>nd</sup> General Medicine and Medical Area Department, ASST Spedali Civili, Brescia, Italy
<b>Gianfranco Parati</b>	Honorary Professor of Cardiovascular Medicine, University of Milano-Bicocca, Italy

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# Hypertension and Cardiovascular Prevention in the Mediterranean Area: need for integrated information

## FACULTY

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<b>Arman Postadzhiyan</b>	Professor of Cardiology - Head of the Department of cardiology at Saint Anne University hospital, Sofia, Bulgaria
<b>Enrique Rodilla</b>	Associate Professor, Departamento de Medicina y Cirugía, University of CEU Cardenal Herrera, Valencia, Spain
<b>Kostantinos Tsioufis</b>	Professor of Cardiology - Director of 1 <sup>st</sup> Department of Cardiology, University of Athens, Hippocratio Hospital, Greece
<b>Ana-Maria Vintila</b>	Professorin Coltea Clinical Hospital, Internal Medicine and Cardiology Departmentin and Carol Davila University of Medicine and Pharmacy, Bucharest
<b>Agostino Virdis</b>	Professor of Internal Medicine and President of the Italian Society of Hypertension, University of Pisa, Italy

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# Hypertension and Cardiovascular Prevention in the Mediterranean Area: need for integrated information

## GENERAL INFORMATION

### VENUE

Auditorium Fondazione Menarini  
Piazza G. Garibaldi, 30 - Fiesole (FI)

### OFFICIAL LANGUAGE

The official language of the meeting is English. Simultaneous translation will not be provided.

### REGISTRATION HOURS FOR RESIDENTIAL EVENT

Attendance at the meeting is free.

For more information and to register please visit the following website:

[www.fondazione-menarini.com](http://www.fondazione-menarini.com)

Saturday, 12<sup>th</sup> April 2025: 1pm - 7pm

Sunday, 13<sup>th</sup> April 2025: 8.30am - 3pm

Please note that times are expressed in Local time

### FACULTY SLIDE CENTRE OPENING HOURS

The center will be open at the following times:

Saturday, 12<sup>th</sup> April 2025: 1pm - 7pm

Sunday, 13<sup>th</sup> April 2025: 8.30am - 3pm

Please note that times are expressed in Local time

### TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections.

A Slide Center with PCs (Windows and Macintosh operating systems) will be available for

Speakers to preview and finalize their presentations. Speakers are kindly requested to submit their presentations to the Slide Center technicians at least one hour before their talks.

### LUNCH AND COFFEE BREAKS

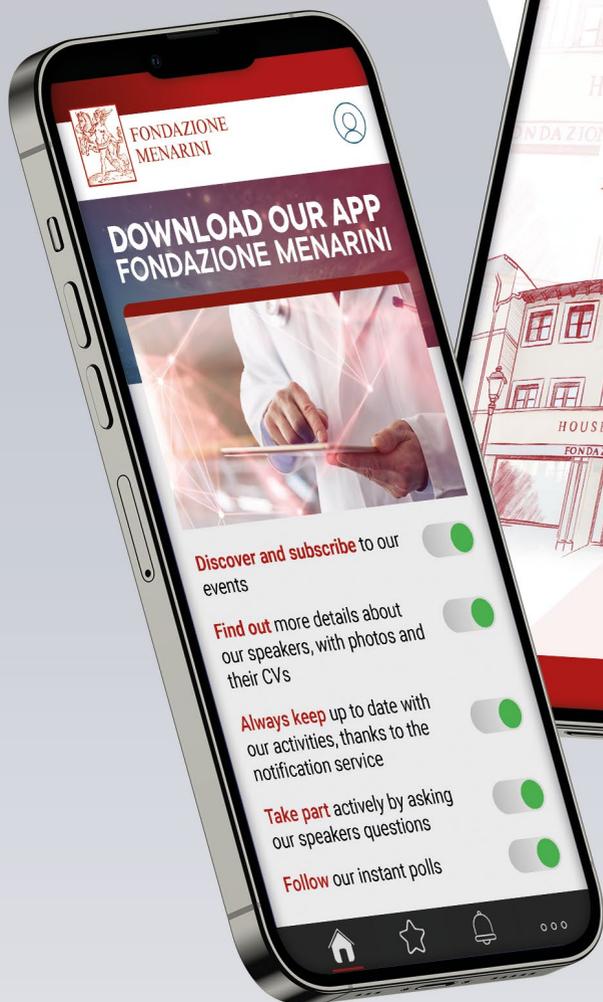
Lunch and coffee breaks will be served in the meeting area.

### ATTENDANCE CERTIFICATE:

The attendance certificate will be provided via email after the meeting, upon request.



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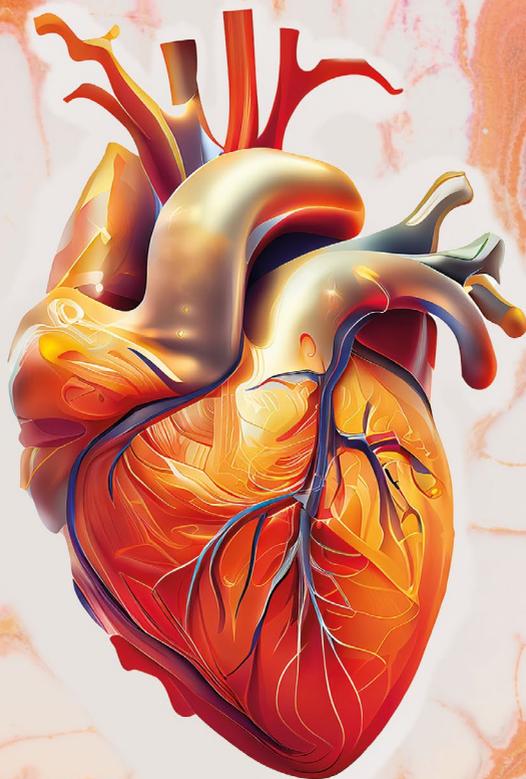
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All slides and presentations are available on our website 15 days after the event.

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