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How to assess and manage CV risk in 2025



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21st -22nd MARCH 2025

VENUE: Hotel Fiesta Americana Mérida, Mexico

INTRO SPEECH

Most recent guidelines for the prevention and management of cardiovascular disease underline the importance of a careful individual assessment of cardiovascular risk. This cutting-edge scientific event has brought together global experts to explore the latest advances, challenges, and innovations in cardiovascular (CV) risk assessment and management. The program features in-depth discussions on emerging risk factors such as climate change, acute and chronic exposure to hypobaric hypoxia at altitude, advances in imaging, tailored interventions for high-risk patients, and new therapeutic approaches. Organized by leading experts, including A. Arias Mendoza, G. Parati, and F. Cosentino, this meeting offers an invaluable opportunity to engage with novel research, exchange ideas, and shape the future of CV risk management. Whether you attend in person or virtually, we look forward to your active participation in this impactful and forward-looking event.

Course Directors:

Alexandra Arias Mendoza

Gianfranco Parati

Francesco Cosentino

COURSE DIRECTORS:

Alexandra Arias Mendoza

Instituto Nacional de Cardiología Ignacio Chávez.
Vicepresidenta Sociedad Mexicana de Cardiología

G. Parati

Honorary Professor of Cardiovascular Medicine, University of Milano-Bicocca
Scientific Director and Head of Cardiology Department, Istituto Auxologico Italiano,
IRCCS, San Luca Hospital, Milan, (Italia)

F. Cosentino

Professor of Cardiology Karolinska Institutet
Karolinska University Hospital Stockholm, (Suecia)

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How to assess and manage CV risk in 2025

PROGRAMME

THURSDAY, 20th MARCH 2025

THURSDAY, 20th MARCH 2025 - AFTERNOON

04.00 p.m. - 06.00 p.m. Faculty Meeting

FRIDAY, 21st MARCH 2025 - MORNING

08.30 a.m. - 09.30 a.m. Registration

09.30 a.m. - 09.45 a.m. **Opening Session**

Greetings – **G. Caracciolo**, Fondazione Menarini (IT)
Welcome by the course directors: concept and structure

A. Arias Mendoza (MX), **G. Parati**, **F. Cosentino** (SE)

SESSION I - NOVEL RISK FACTORS AND IMPACT OF SEX AND AGE

Chairpersons: **F. Cosentino** (SE), **A. Arias Mendoza** (MX)

09.45 a.m. - 10.00 a.m. Emerging CV risk factors: climate changes and pollution
J. J. Parcero Valdés (MX)

10.00 a.m. - 10.15 a.m. Impact of sleep alterations and sleep related breathing disorders
C. Lombardi (IT)

10.15 a.m. - 10.30 a.m. Age and gender-related issues in CV risk assessment
E. Gerdtts (NO)

10.30 a.m. - 10.45 a.m. Discussion

10.45 a.m. - 11.05 a.m. *Coffee Break*

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PROGRAMME

FRIDAY, 21st MARCH 2025

SESSION II - CURRENT METHODS TO ASSESS CV RISK

Chairpersons: **A. Abreu** (PT), **E. Sanchez** (MX)

- 11.05 a.m. - 11.20 a.m. History of CV risk estimation scores
K. Davos (GR)
- 11.20 a.m. - 11.35 a.m. CV risk assessment: the ESC SCORE/SCORE-2 OP
E. Di Angelantonio (UK)
- 11.35 a.m. - 11.50 a.m. CV risk assessment in patients with different blood pressure levels
A. A. Mendoza (MX)
- 11.50 a.m. - 12.05 p.m. Discussion
- 12.05 p.m. - 01.05 p.m. *Lunch*

FRIDAY, 21st MARCH 2025 - AFTERNOON

SESSION III - CVD IN THE HIGH-RISK PATIENT

Chairpersons: **M. Camafort** (ES), **P. Nuirulu Escobar** (MX)

- 01.05 p.m. - 01.20 p.m. Multimodality imaging to assess chronic coronary syndromes
P. Parwani (US)
- 01.20 p.m. - 01.35 p.m. Albuminuria, eGFR slopes and CV risk
P. H. Groop (FI)
- 01.35 p.m. - 01.50 p.m. Lipid-lowering drugs for event prevention
L. Mellbin (SE)
- 01.50 p.m. - 02.05 p.m. Anticoagulation in the frail patient with atrial fibrillation
J.L. Briseño de la Cruz (MX)
- 02.05 p.m. - 02.20 p.m. Discussion
- 02.20 p.m. - 02.40 p.m. *Coffee Break*

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PROGRAMME

FRIDAY, 21st MARCH 2025

SESSION IV - HOW TO MODIFY CARDIOVASCULAR RISK: OLD AND NEW APPROACHES

Chairpersons: **B. J. van de Born** (NL), **A. Coca** (ES)

- 02.40 p.m. - 02.55 p.m. New technologies for CV disease prevention programs
M. Pengo (IT)
- 02.55 p.m. - 03.10 p.m. Hypertension in the frail elderly patient
G. Desideri (IT)
- 03.10 p.m. - 03.25 p.m. Therapeutic implications of pharmacological treatment of Chronic Coronary Syndromes
R. Vidal-Perez (ES)
- 03.25 p.m. - 03.45 p.m. Discussion
- 03.45 p.m. - 05.00 p.m. General discussion

SATURDAY, 22nd MARCH 2025 - MORNING

SESSION V - CARDIOVASCULAR RISK AND EXPOSURE TO DIFFERENT ALTITUDES: DATA FROM EUROPE, ASIA AND LATIN AMERICA

Chairpersons: **J. M. Sosa** (PE), **G. Parati** (IT)

- 09.00 a.m. - 09.15 a.m. Large population studies on CV risk in the world
P. Lopez-Jaramillo (CO)
- 09.15 a.m. - 09.30 a.m. CV risk in case of acute and chronic exposure to altitude: rationale, design and main results of the HIGHCARE PROJECTS
G. Parati (IT)
- 09.30 a.m. - 09.45 a.m. HIGHCARE LAPS main results: BP and CV risk
G. Bilo (PL/IT)

How to assess and manage CV risk in 2025

PROGRAMME


SATURDAY, 22nd MARCH 2025

- 09.45 a.m. - 10.00 a.m. Methodological issues in epidemiological studies including high altitude factors
C. Carcamo (PE)
- 10.00 a.m. - 10.15 a.m. Role of Haematopoiesis and iron metabolism
F. Villafuerte (PE)
- 10.15 a.m. - 10.30 a.m. Cardiovascular and sleep effects of exposure to altitude
E. Perger (IT)
- 10.30 a.m. - 10.50 p.m. Discussion
- 10.50 a.m. - 11.10 a.m. *Coffee Break*

SATURDAY, 22nd MARCH 2025 - MORNING

SESSION VI - ATHEROSCLEROTIC CARDIOVASCULAR DISEASE: FROM DIAGNOSIS TO TREATMENT

Chairpersons: **P. Parwani** (US), **R. Vidal-Perez** (ES)

- 11.10 a.m. - 11.25 a.m. Management of CVD in type 2 diabetes. The ESC guidelines, what is new and what is missing.
F. Cosentino (SE)
- 11.25 a.m. - 11.40 a.m. Management of heart failure: when and how?
 **C. Borghi** (IT)
- 11.40 a.m. - 11.55 a.m. CVD risk and rhythm control
M. Ståhlberg (SE)
- 11.55 a.m. - 12.10 p.m. Clinical evidence of dual antiplatelet and anticoagulant therapy.
J. L. Briseño de la Cruz (MX)
- 12.10 p.m. - 12.30 p.m. Discussion
- 12.30 p.m. - 01.30 p.m. *Lunch break*

SATURDAY, 22nd MARCH 2025 - AFTERNOON

SESSION VII - CARDIOVASCULAR DISEASE IN HYPERTENSION WITH COMORBIDITIES

Chairpersons: **K. Davos** (GR), **P. López Jaramillo** (CO)

- 01.30 p.m. - 01.45 p.m. ESC guidelines on chronic coronary syndromes: a critical approach and the role of hypertension
A. J. Manolis (GR)
- 01.45 p.m. - 02.00 p.m. Hypertension and cerebrovascular disease
A. Coca (ES)
- 02.00 p.m. - 02.15 p.m. Hypertension, Overweight and obesity in Latin America
P. López Jaramillo (CO)
- 02.15 p.m. - 02.35 p.m. Discussion
- 02.35 p.m. - 02.55 p.m. *Coffee break*

SESSION VIII - HEART FAILURE INNOVATION AND FUTURE PERSPECTIVES

Chairpersons: **E. Sanchez** (MX), **M. Camafort** (ES)

- 02.55 p.m. - 03.05 p.m. Clinical Utility of Biomarkers in HF
M. Camafort (ES)
- 03.05 p.m. - 03.20 p.m. Cardio-Oncology and HFpEF
P. Nuirulu Escobar (MX)
- 03.20 p.m. - 03.35 p.m. Drug Therapy in HFpEF New Insights on Treatment
J. J. Parcero Valdés (MX)
- 03.35 p.m. - 03.55 p.m. Heart failure patient comorbidities in Latin America and treatment implications
E. Sanchez (MX)

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PROGRAMME

SATURDAY, 22nd MARCH 2025

03.55 p.m. - 05.00 p.m. Discussion

05.00 p.m. - 05.15 p.m. Conclusions and take-home messages
A. Arias Mendoza (MX), **G. Parati** (IT),
F. Cosentino (SE)

SUNDAY, 23rd MARCH 2025 - MORNING

09.00 a.m. - 11.00 a.m. Faculty Meeting

How to assess and manage CV risk in 2025

FACULTY

Abreu Ana	Instituto de Medicina Preventiva e Saúde Pública (IMPSP) e Instituto de Saúde Ambiental (ISAMB) da Faculdade de Medicina da Universidade de Lisboa (FMUL), Portugal Lisbona, Portugal
Arias Mendoza Alexandra	Instituto Nacional de Cardiologia Ignacio Chavez Sociedad Mexicana de Cardiologia Mexico
Bilo Grzegorz	Department of Medicine and Surgery, University of Milano-Bicocca, Milan, Italy Department of Cardiology, Istituto Auxologico Italiano, IRCCS, Milan, Italy Poland/Italy
Borghi Claudio	Department of Cardiovascular Medicine-University of Bologna-Bologna, Italy Italy
Briseño de la Cruz José Luis	Unidad de Cuidados Coronarios / Instituto Nacional de Cardiología Mexican Society of Cardiology Mexico
Camafort Miguel	Hypertension Unit and Heart Failure Unit Internal Medicine Department Hospital Clínic. University of Barcelona (SIAC-Prevent) Barcellona, Spain
Carcamo Cesar	School of Public Health and Administration, Universidad Peruana Cayetano Heredia Peru
Coca Antonio	University Abat Oliba CEU, Barcelona, Spain

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Cosentino Francesco	Cardiology Karolinska Institutet Karolinska University Hospital Stockholm, Sweden
Davos Constantinos	Biomedical Research Foundation Academy of Athens Athens, Greece
Desideri Giovambattista	Department of Clinical, Internal, Anesthesiologic and Cardiovascular Sciences Sapienza University of Rome, 00161 Rome, Italy Rome, Italy
Di Angelantonio Emanuele	Cardiovascular Epidemiology Unit, Department of Public Health and Primary Care, University of Cambridge, UK United Kingdom
Escobar Patricia Nuirulu	Cardiovascular Institute of Hidalgo Mexico
Gerds Eva	Department of Clinical Science, University of Bergen Bergen, Norway
Groop Per-Henrik	Department of Nephrology, Helsinki University Hospital, Helsinki, Finland Department of Diabetes, Central Medical School, Monash University, Melbourne, Australia Guest professor at Baker and Heart Institute, Melbourne, Australia Helsinki, Finland
Lombardi Carolina	Sleep Disorder Center, Istituto Auxologico Italiano IRCCS, University of Milano Bicocca, Milan Italy Milan, Italy

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Lopez Jaramillo Patricio Rector Universidad de Santander (UDES),
Bucaramanga, Colombia
Bucaramanga, Colombia

Manolis Athanasios Department of Cardiology
Metropolitan Hospital, Piraeus, Greece

Mellbin Linda Department of Cardiology, Karolinska University
Hospital Sweden
Stockholm, Sweden

Parati Gianfranco Cardiology Department, Istituto Auxologico
Italiano, IRCCS, San Luca Hospital, Milan, Italy
Milan, Italy

**Parcero Valdés Juan
José** Centro de Estudios del Corazón Médica Norte,
Tijuana.
Laboratorio de Cateterismo Cardíaco y Terapia
Endovascular, Hospital Internacional SIMNSA,
TIJUANA.
Servicio Cardiometabólico del Instituto
Internacional de Medicina Metabólica, Tijuana.
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Parwani Purvi Echocardiography Laboratory
Advanced Cardiovascular Imaging
Loma Linda University Health
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Pengo Martino Department of Cardiology, IRCCS Istituto Auxologico
Italiano, Milan, Italy
Department of Medicine and Surgery, University of
Milano-Bicocca
Milan, Italy

How to assess and manage CV risk in 2025

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Perger Elisa	Respiratory Division of the Department of Medicine and Surgery - University of Milan-Bicocca and consultant for the Sleep Center of the Department of Cardiovascular, Neural and Metabolic Sciences - Istituto Auxologico Italiano IRCCS Milan, Italy
Sánchez Hernández Jesús Eduardo	Cardiología clínica. Ecocardiografía adultos. Insuficiencia cardiaca avanzada y trasplante cardíaco. Servicio de Cardiología Hospital Español de México Mexico
Sosa Jose Manuel	Sociedad Peruana de Cardiología Clínica Internacional Lima Perú
Ståhlberg Marcus	Department of Medicine, Karolinska Institutet and Unit Cardiology, Karolinska University Hospital. Sweden
Van De Born Bert Jan	Department of Public Health and Department of Internal Medicine, section of Vascular Medicine Amsterdam, the Netherlands Amsterdam, Netherlands
Vidal-Perez Rafael	Cardiac imaging Unit. Cardiology Department. Complejo Hospitalario Universitario de A Coruña A Coruña, Spain
Villafuerte Francisco	Departamento de Ciencias Biológicas y Fisiológicas, Facultad de Ciencias e Ingeniería, Universidad Peruana Cayetano Heredia and Instituto de Investigaciones de la Altura (IIA), Universidad Peruana Cayetano Heredia Peru Perú

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REGISTRATION - HYBRID EVENT

VIA WEBSITE AND/OR APP - HYBRID EVENT

Subscription to the Reserved Area and to the Event of your interest is required.
REGISTRATION IS FREE.

RESIDENTIAL EVENT

Via website www.en.fondazione-menarini.it/Home

IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

1) Please visit the page of the congress of your interest:

<https://www.en.fondazione-menarini.it/Home/Events/How-to-assess-and-manage-CV-risk-in-2025/878/Presentation>

2) Click on “SUBSCRIBE TO RESIDENTIAL EVENT” and LOG IN with your credentials.

3) Choose which days you wish to attend.

You will receive a confirmation email including your registration QR CODE for entering the event.

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1) Go to www.en.fondazione-menarini.it/Home and click on “Reserved Area” (home page, on the right)

2) To register in the reserved area, just fill in the form, available here:

<https://www.en.fondazione-menarini.it/Home/Events/How-to-assess-and-manage-CV-risk-in-2025/878/Presentation>

3) Fill in all the mandatory fields and complete the registration, click on REGISTER (only once).

Wait for the confirmation page to appear, do not click on anything or leave the page.

Once you receive confirmation, return to the home page, you will already be logged-in to the reserved area.

4) Visit the page of the congress of your interest:

<https://www.en.fondazione-menarini.it/Home/Events/How-to-assess-and-manage-CV-risk-in-2025/878/Presentation>

5) Confirm your registration by clicking on “SUBSCRIBE TO RESIDENTIAL EVENT” and LOG IN with your credentials.

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REGISTRATION - LIVE STREAMING

LIVE STREAMING

Via website www.en.fondazione-menarini.it/Home

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You can enjoy the LIVE STREAMING for free on 21st and 22nd March 2025.

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You can enjoy the LIVE STREAMING for free on 21st and 22nd March 2025.

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REGISTRATION - FONDAZIONE APP



VIA FONDAZIONE MENARINI APP

Download the APP of Fondazione Menarini, click here or scan the QR CODE:

www.en.fondazione-menarini.it/download-App-Fondazione-Menarini

LIVE STREAMING

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RESIDENTIAL EVENT

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Please feel free to contact us if you need any further information or require any assistance, by clicking on the link below:

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GENERAL INFORMATION

VENUE

FIESTA AMERICANA MÉRIDA

Paseo Montejo No. 451, esq. Av. Colón , Col. Centro, 97000 Mérida, Yucatán, México

OFFICIAL LANGUAGE

The official language of the meeting is English. Simultaneous translation in Spanish will be provided.

REGISTRATION HOURS FOR RESIDENTIAL EVENT

Attendance at the meeting is free.

For more information and to register please visit the following website:

www.en.fondazione-menarini.it/Home

Friday, 21st March 2025: 08:30 a.m. - 05.00 p.m.

Saturday, 22nd March 2025: 08:00 a.m. - 05.15 p.m.

Please note that times are expressed in Local time

FACULTY SLIDE CENTRE OPENING HOURS

The center will be open at the following times:

Friday, 21st March 2025: 08:30 a.m. - 05.05 p.m.

Saturday, 22nd March 2025: 08:00 a.m. - 05.00 p.m.

Please note that times are expressed in Local time

TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections.

A Slide Center with PCs (Windows and Macintosh operating systems) will be available for

Speakers to preview and finalize their presentations. Speakers are kindly requested to submit their presentations to the Slide Center technicians at least one hour before their talks.

LUNCH AND COFFEE BREAKS

Lunch and coffee breaks will be served in the meeting area.

ATTENDANCE CERTIFICATE:

The attendance certificate will be provided via email after the meeting, upon request.



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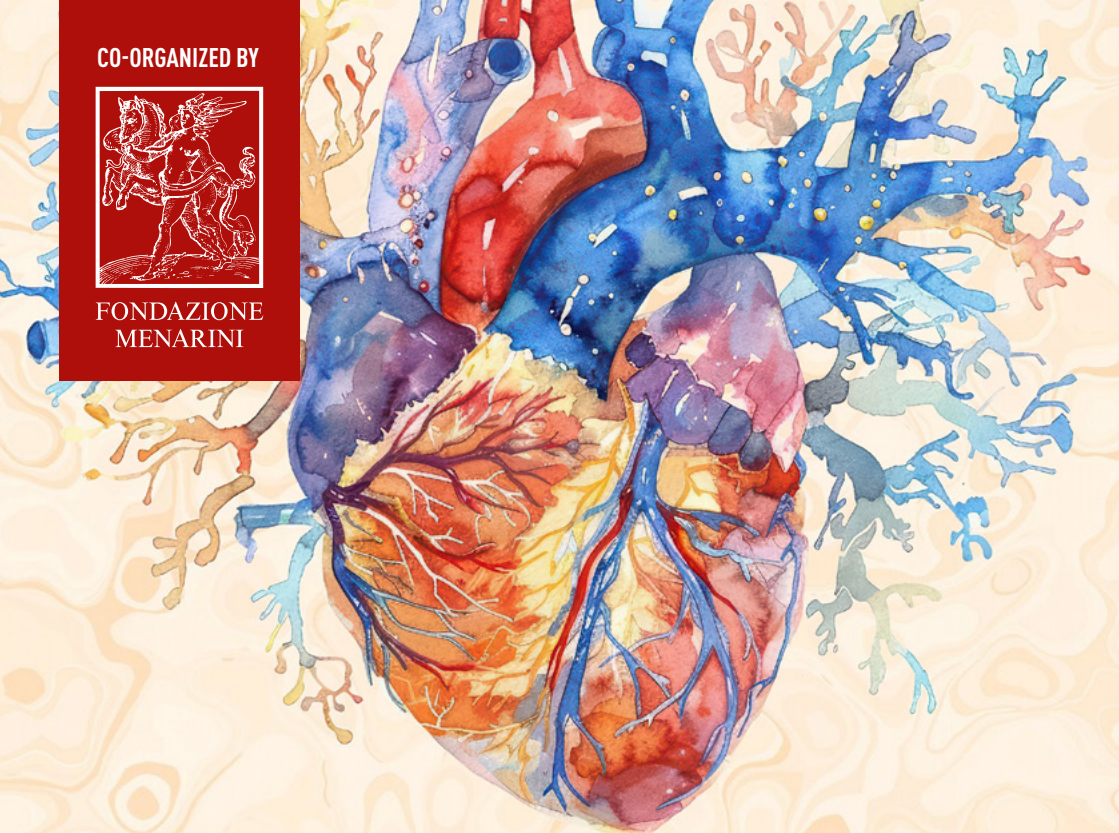
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