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Instituto de Cardiología  
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Società Italiana di Cardiologia



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# HOT TOPICS IN CARDIOVASCULAR MEDICINE 2023

## FIRST EDITION

### CANCUN (MEXICO), 21<sup>st</sup>- 22<sup>nd</sup> APRIL, 2023

## INTRO SPEECH

Cardiovascular diseases are the leading cause of disability and mortality for global population and, despite new therapeutic options, their burden is projected to continue to increase in the next decade. Despite improved knowledge, availability of new therapies and devices and useful clinical guidelines issued by International societies, the vast majority of patients and individuals at risk are not adequately treated. There are many reasons for this including different social, financial, and health care conditions in different countries.

It is clear that multiple risk factors have a major impact on the general population and that their multimodal modification will decrease incidence of coronary heart disease and there is evidence that comprehensive risk factor management results in improved clinical outcomes, increased survival and improved quality of life. Furthermore, full implementation of guideline-directed medical therapy reduces cardiovascular events and mortality but often therapeutic inertia is the cause for the under-treatment of patients with cardiovascular diseases. During two-days meeting state of the art and future perspectives of cardiovascular medicine, including novel cardiovascular risk factors hypertension, coronary artery disease and heart failure will be discussed by a renowned international faculty.

We look forward to welcoming an international audience in order to provide the practicing physician with the most up-to-date information in the latest scientific guidelines and at the same time give a comprehensive update of novel insights relevant both to the prevention and treatment of cardiovascular diseases.

**Prof. Carlos Jerjes Sanchez Diaz**

**Prof. Ciro Indolfi**

**Prof. Jose Patricio Lopez Jaramillo**

**Prof. Pasquale Perroni Filardi**

**Prof. Giuseppe Rosano**

## **CO-PRESIDENTS**

### **Prof. Carlos Jerjes Sanchez Diaz**

Sistema Nacional de Investigadores II  
Unidad de Investigacion Clinica en Medicina SC  
Monterrey, Mexico City (MX)

### **Prof. Ciro Indolfi**

Istituto di Cardiologia dell'Università  
Magna Graecia di Catanzaro, Catanzaro (IT)

### **Prof. Jose Patricio Lopez Jaramillo**

Universidad de Santander (UDES)  
Bucaramanga Santander (CO)

### **Prof. Pasquale Perroni Filardi**

Dipartimento di Scienze Biomediche Avanzate,  
Università degli Studi di Napoli Federico II, Scuola di Specializzazione  
in Malattie dell'apparato cardiovascolare dell'Università  
Federico II di Napoli Policlinico federiciano, Naples (IT)

### **Prof. Giuseppe Rosano**

Molecular and Clinical Sciences Institute  
St George's University of London  
St George's Hospitals NHS Trust  
Heart Failure Association of the European  
Society of Cardiology, London (UK)

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Centro Direzionale Milanofiori  
I-20089 Rozzano (Milan, Italy)  
Edificio L - Strada 6  
Phone +39 02 55308110 - Fax +39 02 55305739  
E-mail: milan@fondazione-menarini.it  
www.en.fondazione-menarini.it

### **SCIENTIFIC SECRETARIAT TARGET MOTIVATION S.R.L**

Venice, Italy  
congress@targetmotivation.it

# PROGRAMME

## FRIDAY, 21<sup>st</sup> APRIL 2023- MORNING

08.30 a.m. 09.00 a.m.	Registration
09.00 a.m. 09.15 a.m.	<p>Opening  <b>C. Jerjes Sanchez Diaz</b> (Mexico City, MX); <b>J. P. Lopez Jaramillo</b> (Bucaramanga, Santander,CO); <b>G. Rosano</b>(London, UK); <b>C. Indolfi</b>(Catanzaro, IT);  <b>P. Perrone Filardi</b> (Naples, IT)</p> <p><b>G. Caracciolo</b> (Florence, IT) Fondazione Internazionale Menarini  Welcome and Introduction</p>

### SESSION I –CV RISK FACTORS

Chairpersons:	<p><b>G. Payró</b> (Mexico City, IT)  <b>P. Perrone Filardi</b> (Naples, IT)</p>
09.15 a.m. 09.35 a.m.	<p><b>E. Martínez Flores</b> (Mexico City, MX)  Testing and interpreting lipid profile</p>
09.35 a.m. 09.55 a.m.	<p><b>G. Payró</b> (Mexico City, MX)  Anticoagulation in Stroke prevention</p>
09.55 a.m. 10.15 a.m.	<p><b>C. Jerjes Sanchez Diaz</b> (Mexico City, MX); <b>F. Martinez</b> (Argentina);  <b>J. A. Magaña Serrano</b> (Mexico City, MX)  Cardiovascular risk factors in South America</p>
10.15 a.m. 10.30 a.m.	Discussion
10.30 a.m. 11.00 a.m.	Coffee break



## SESSION II – HYPERTENSION

Chairpersons:	<b>J.L. Briseño de la Cruz</b> (Mexico City, MX) <b>A. Coca Payeras</b> (Barcelona, SP)
11.00 a.m. 11.20 a.m.	<b>G. Savarese</b> (Stockholm, SE) How to integrate Office, Home, ABPM and new devices
11.20 a.m. 11.40 a.m.	<b>F. Medina Palomino</b> (Lima, PE) Screening for Target Organ Damage
11.40 a.m. 12.00 p.m.	<b>J.L. Briseño de la Cruz</b> (Mexico City, MX) Treatment strategies in daily practice
12.00 p.m. 12.20 p.m.	<b>G. Rosano</b> (London, UK) β-blockers for the treatment of arterial hypertension- are they all the same?
12.20 p.m. 12.40 p.m.	<b>K. Tsioufis</b> (Athens, GR)- <i>Online presentation</i> A road map to future hypertension guidelines: are some changes needed?
12.40 p.m. 01.00 p.m.	Discussion
01.00 p.m. 02.00 p.m.	<i>Lunch</i>

## FRIDAY, 21<sup>st</sup> APRIL 2023- AFTERNOON

### SESSION III – HEART FAILURE

Chairpersons:	<b>J. A. Magaña Serrano</b> (Mexico City, MX) <b>G. Rosano</b> (London, UK)
02.00 p.m. 02.20 p.m.	<b>A. Rakisheva</b> (Almaty, KZ) Diagnosis and definition of HF
02.20 p.m. 02.40 p.m.	<b>M. Metra</b> (Brescia, IT)- <i>online presentation</i> Treatment of HFrEF – Guidelines and emerging treatments
02.40 p.m. 03.00 p.m.	<b>F. Martinez</b> (Cordoba, AR) Diagnosis and management of HFpEF
03.00 p.m. 03.20 p.m.	<b>O. Chioncel</b> (Bucharest, RO)- <i>online presentation</i> Diagnosis and therapeutic approaches of AHF
03.20 p.m. 03.30 p.m.	Discussion
03.30 p.m. 04.00 p.m.	<b>R. Ferrari</b> (Ferrara, IT) Honorary Lecture A 40-year long journey in heart failure
04.00 p.m. 04.30 p.m.	<i>Coffee break</i>

## SESSION IV – RECENT GUIDELINES IN CVD

Chairpersons:	<b>J. P. Lopez Jaramillo</b> (Bucaramanga, Santander,CO); <b>G. Savarese</b> (Stockholm, SE)
04.30 p.m. 04.50 p.m.	<b>A. Rakisheva</b> (Almaty, KZ) Key messages from 2022 ESC guidelines on Cardio-oncology
04.50 p.m. 05.10 p.m.	<b>P. Perrone Filardi</b> (Naples, IT) Key messages from 2022 ESC guidelines on management of patients undergoing non-cardiac surgery
05.10 p.m. 05.30 p.m.	<b>C. Indolfi</b> (Catanzaro, IT) AHA/ACC guidelines for the evaluation and diagnosis of chest pain
05.30 p.m. 06.00 p.m.	Summary of Day 1
06.00 p.m.	End of the day

# PROGRAMME

SATURDAY, 22<sup>nd</sup> APRIL 2023- MORNING

## SESSION V – HOT TOPICS IN CVD I

Chairpersons:	<b>C. Jerjes Sanchez Diaz</b> (Mexico City, MX) <b>R. Ferrari</b> (Ferrara, IT)
08.30 a.m. 08.50 a.m.	<b>M. Camafort Babkowski</b> (Barcelona, SP) Biomarkers for the diagnosis and management of CVD
08.50 a.m. 10.10 a.m.	<b>M. Metra</b> (Brescia, IT)- <i>online presentation</i> COVID-19 and the heart
09.10 a.m. 09.30 a.m.	<b>M. Volterrani</b> (Rome, IT) Cardiac rehabilitation in HF and in ischaemic heart disease
09.30 a.m. 09.50 a.m.	<b>C. Jerjes Sanchez Diaz</b> (Mexico City, MX) TAVI or SAVR across the disease spectrum
09.50 a.m. 10.10 a.m.	<b>A. J. Manolis</b> (Piraeus, GR)- <i>online presentation</i> PCI/CABG or medical therapy. Which patient benefits most?
10.10 a.m. 10.30 a.m.	Discussion
10.30 a.m. 11.00 a.m.	<i>Coffee break</i>

## SESSION VI – CHRONIC CORONARY SYNDROMES

Chairpersons:	<b>J. A. Magaña Serrano</b> (Mexico City, MX) <b>M. Volterrani</b> (Rome, IT)
11.00 a.m. 11.30 a.m.	<b>J. P. Lopez Jaramillo</b> (Bucaramanga, Santander, CO) The role of oral glucose-lowering drugs in CV prevention
11.30 a.m. 12.00 p.m.	<b>R. Azañero Reina</b> (Lima, PE) How to diagnose and monitor ischaemic heart disease with limited resources
12.00 p.m. 12.30 p.m.	<b>M. Volterrani</b> (Rome, IT) Antianginal drugs – beyond the haemodynamic effect
12.30 p.m. 01.00 p.m.	<b>A. J. Manolis</b> (Piraeus, GR)- <i>online presentation</i> State of the art approach to angina: tailoring treatment to the evidence
01.00 p.m. 02.00 p.m.	<i>Lunch</i>

## SATURDAY, 22<sup>nd</sup> APRIL 2023- AFTERNOON

### SESSION VII – HOT TOPICS IN CVD II

Chairpersons:	<b>R. Azañero Reyna</b> (Lima, PE) <b>C. Indolfi</b> (Catanzaro, IT) <b>E. Pisani</b> (Rome, IT)
02.00 p.m. 02.20 p.m.	<b>P. Perrone Filardi</b> (Naples, IT) How to achieve comprehensive prevention of CVD
02.20 p.m. 02.40 p.m.	<b>M. Camafort Babkowski</b> (Barcelona, SP) Heart failure & ejection fraction
02.40 p.m. 03.00 p.m.	<b>M. Volterrani</b> (Rome, IT) How to integrate digital health into patient management
03.00 p.m. 03.20 p.m.	<b>J. A . Magaña Serrano</b> (Mexico City, MX) Hypertension and Stroke risk
03.20 p.m. 03.40 p.m.	<b>C. Jerjes Sanchez Diaz</b> (Mexico City, MX) Antithrombotic therapy in high CV risk patients
03.40 p.m. 04.00 p.m.	<b>J.G. Tamayo Maya</b> (Medellín, CO) Arterial hypertension and microbiota
04.00 p.m. 04.30 p.m.	Discussion
04.30 p.m. 05.00 p.m.	Take home messages
05.00 p.m.	Concluding remarks



## FACULTY LIST

### **Ruben Azañero Reyna**

Sociedad Peruana de Cardiología  
Sociedad Peruana de Hipertensión  
Arterial, Lima (PE)

### **José Luis Briseño De La Cruz**

Coronary Care Unit and emergency  
cardiovascular care In National Institute  
of Cardiology Ignacio Chávez, National  
society of cardiology in Mexico City,  
National University of Mexico and Anhuac  
University, Mexico City (MX)

### **Miguel Camafort Babkowski**

Clinical Institute of Medicine and  
Dermatology ESH Excellence Hypertension  
Unit & Heart Failure Unit Hospital  
Clínica, University of Barcelona School of  
Medicine, Barcelona (SP)

### **Ovidiu Chioncel**

Emergency Institute for Cardiovascular  
Diseases 'Prof. C.C. Iliescu', Bucharest,  
Romania. University of Medicine Carol Davila  
Bucharest (RO)

### **Antonio Coca Payers**

University of Barcelona, Spain European  
Society of Hypertension, Barcelona (SP)

### **Roberto Ferrari**

University Cardiological Center of Ferrara,  
University of Ferrara, Italy. Scientific  
Department of Medical Trial Analysis  
(MTA), Lugano Switzerland  
Ferrara (IT)

### **Ciro Indolfi**

Cardiology Specialization School and  
Director of the Research Center on  
Cardiovascular Diseases, founder and  
Director of the Cardiology Institute of the  
Magna Graecia University of Catanzaro  
Catanzaro (IT)

### **Carlos Jerjes Sanchez Diaz**

Vascular Medicine and Cardiology  
Institute, TecSalud. School of Medicine  
and Health Sciences, Tecnológico de  
Monterrey, Mexico City (MX)

### **Jose Patricio Lopez Jaramillo**

Universidad de Santander (UDES)  
Bucaramanga, Santander (CO)

### **José Antonio Magaña Serrano**

Heart Failure and Cardiac  
Transplantation Program, Cardiology  
Hospital, National Medical Centre "Siglo  
XXI", Mexican Institute of Social Security  
(IMSS), National Association of Mexican  
Cardiologists (ANCAM), Mexico City (MX)

### **Athanasios J. Manolis**

Department of Cardiology "Metropolitan"  
Hospital, Piraeus (GR)

### **Felipe Martinez**

Universidad Nacional de Córdoba.  
Instituto DAMIC/Fundación Rusculleda,  
Córdoba (AR)

## FACULTY LIST

### **Enrique Martinez Flores**

H. Cardiology Centro Médico  
Nacional Siglo XXI IMSS  
Mexico City (MX)

### **Felix Medina Palomino**

Peruvian Society of Hypertension  
Universidad peruana Cayetano Heredia,  
Lima (PE)

### **Marco Metra**

Cardiology ASST Spedali Civili and  
University of Brescia Editor-in-Chief,  
European Journal of Heart Failure  
President-Elect Heart Failure  
Association of ESC  
Brescia (IT)

### **Gerardo Payró**

National Institute of Nutrition  
“Salvador Zubirán” Mexico  
Mexico City (MX)

### **Pasquale Perroni Filardi**

Department of Advanced Biomedical  
Sciences, University of Naples Federico II;  
Director of the School of Specialization in  
Diseases of the Cardiovascular System of  
the Federico II University of Naples and  
head of the PI of Cardiomyopathies and  
Pulmonary Hypertension of the Federico II  
General Hospital  
Naples (IT)

### **Eliana Pisani**

ASL Roma 2 Poliambulatorio  
di Casalbertone  
Rome (IT)

### **Amina Rakisheva**

Scientific Institution of Cardiology and  
Internal Medicine, Almaty, Kazakhstan HFA  
Association of Cardiologists of Kazakhstan,  
Almaty (KZ)

### **Giuseppe Rosano**

Molecular and Clinical Sciences Institute St  
George's University of London St George's  
Hospitals NHS Trust Heart  
Failure Association of the  
European Society of Cardiology  
London (UK)

### **Giuliano Savarese**

Division of Cardiology, Department of  
Medicine, Karolinska Institutet,  
Stockholm (SE)

### **Juan G. Tamayo Maya**

Bolivarian pontifical University(UPB),  
internal medicine University-CES  
Medellín (CO)

### **Kostantinos Tsioufis**

1st Cardiology Clinic, National and  
Kapodistrian University of Athens,  
Hippokration Hospital, Greece,  
Athens (GR)

### **Maurizio Volterrani**

Exercise Science and Medicine San Raffaele  
Open University of Rome Cardio Pulmonary  
Department IRCCS San Raffaele  
Rome (IT)

## HOW TO REGISTER AND JOIN THE EVENT

### VIA WEBSITE AND/OR APP - HYBRID EVENT

Subscription to the Reserved Area and to the Event of your interest is required.  
REGISTRATION IS FREE.

### RESIDENTIAL EVENT

Via website [www.en.fondazione-menarini.it](http://www.en.fondazione-menarini.it)

#### IF YOU ARE ALREADY A SUBSCRIBER TO THE FONDAZIONE MENARINI RESERVED AREA

- 1) Please **visit the page of the congress** of your interest:

<https://www.en.fondazione-menarini.it/Home/Events/EDITION-HOT-TOPICS-IN-CARDIOVASCULAR-MEDICINE-2023-First-edition/832/Presentation>

- 2) Click on **“SUBSCRIBE TO RESIDENTIAL EVENT”** and **LOG IN** with your credentials.

- 3) Choose which days you wish to attend.

**You will receive a confirmation email including your registration QR CODE for entering the event.**

#### IF YOU ARE NOT YET A SUBSCRIBER, REGISTER **FOR FREE** IN THE FONDAZIONE MENARINI RESERVED AREA

- 1) Go to [www.en.fondazione-menarini.it](http://www.en.fondazione-menarini.it) and click on **“Reserved Area”** (home page, on the right)

- 2) To **register in the reserved area**, just fill in the form, available here:

[www.en.fondazione-menarini.it/Home/Sign-up-the-Reserved-Area](http://www.en.fondazione-menarini.it/Home/Sign-up-the-Reserved-Area)

- 3) Fill in all the mandatory fields and complete the registration, click on **REGISTER** (only once).

Wait for the confirmation page to appear, do not click on anything or leave the page.

Once you receive confirmation, return to the home page, you will already be logged-in to the reserved area.

- 4) **Visit the page of the congress** of your interest:

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## HOW TO REGISTER AND JOIN THE EVENT

### LIVE STREAMING

Via website [www.en.fondazione-menarini.it](http://www.en.fondazione-menarini.it)

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- 2) Click on **“SUBSCRIBE TO LIVE STREAMING”** and **LOG IN** with your credentials, check the Privacy Notice and click on **“ATTEND”**.

**You can enjoy the LIVE STREAMING for free on 21<sup>st</sup> and 22<sup>nd</sup> April 2023.**

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### VIA FONDAZIONE MENARINI APP

Download the APP of Fondazione Menarini, click here or scan the QR CODE:

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## GENERAL INFORMATION

### MEETING VENUE

The venue for the meeting will be the Congress Center of the Hotel Paradisus Cancun, BOULEVARD KUKULCAN, 16,5 KM CANCUN (MX)

Meeting rooms: MURILLO and MIRO

### OFFICIAL LANGUAGE

The official language of the meeting is English. Simultaneous translation will be provided in Spanish

### LIVE STREAMING EVENT ONLINE ON

Friday, 21<sup>st</sup> April 2023: 09.00 a.m. - 06.00 p.m.

Saturday, 22<sup>nd</sup> April 2023: 08:30 a.m. - 05.00 p.m.

### SECRETARIAT DURING THE MEETING

The Secretariat will be open at the following times:

Friday, 21<sup>st</sup> April from 08:00 a.m. to 06:00 p.m.

Saturday, 22<sup>nd</sup> April from 8:00 a.m. to 05:00 p.m.

Kindly note that all the times refer to the Local standard time (GMT-5)

### REGISTRATION

The meeting is free to attend.

For more information and to register please visit the following website:

[www.en.fondazione-menarini.it/Home](http://www.en.fondazione-menarini.it/Home)

### TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections.

A Business Center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the Business Center at least one hour before the session starts.

### LUNCHES AND COFFEE BREAKS

Lunches and coffee breaks will be provided during the meeting.

### ATTENDANCE CERTIFICATE

The attendance certificate will be provided via email upon request.

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