



FONDAZIONE
INTERNAZIONALE
MENARINI



Pirogov Russian National
Research Medical University
(RNRMU)



MOSCOW (RUSSIA), DECEMBER 18TH-19TH 2019

**INTERNATIONAL SYMPOSIUM ON:
DIABETES MELLITUS
FROM SCIENCE TO
CLINICAL PRACTICE**

VENUE: RADISSON SLAVYANSKAYA HOTEL AND BUSINESS CENTRE

CO-PRESIDENTS OF THE MEETING

Tatyana Y. Demidova & Sergey A. Lukyanov

Pirogov Russian National Research
Medical University (RNRMU)
Endocrinology Department
Moscow, Russia

CO-ORGANIZED BY

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PROGRAMME

WEDNESDAY, DECEMBER 18TH, 2019 – MORNING

08.00 a.m. 09.00 a.m.	<i>Registration</i>
09.00 a.m. 09.30 a.m.	<i>Opening ceremony, Welcome addresses</i> Tatyana Y. Demidova (Moscow, RU) & Sergey A. Lukyanov (Moscow, RU)

SESSION I - MANY FACES OF DIABETES: FROM PATHOGENESIS TO PRACTICE

Chairpersons:	Tatyana Y. Demidova (Moscow, RU) Eberhard Standl (Münich, DE)
09.30 a.m. 10.00 a.m.	Eberhard Standl (Münich, DE) New insights into pathogenesis of Type 2 Diabetes
10.00 a.m. 10.30 a.m.	Piero Marchetti (Pisa, IT) Precision Medicine in Diabetes Mellitus
10.30 a.m. 11.00 a.m.	Antonio Ceriello (Milan, IT) The role of different hyperglycemia/s in diabetic complications
11.00 a.m. 11.30 a.m.	<i>Coffee Break</i>

SESSION II - DIABETES AND RISK FACTORS

Chairpersons:	Vera N. Larina (Moscow, RU) Athanasios J. Manolis (Athens, GR)
11.30 a.m. 12.00 p.m.	Philip Home (Newcastle, UK) Diabetes, ageing and obesity, what is the link
12.00 p.m. 12.30 p.m.	Antonio Ceriello (Milan, IT) Pre-diabetes and Cardiovascular Disease
12.30 p.m. 01.00 p.m.	Aimilia Papakostantinou (Athens, GR) Different implications of the diet in Diabetes patients
01.00 p.m. 02.00 p.m.	<i>Lunch</i>

WEDNESDAY, DECEMBER 18TH, 2019 – AFTERNOON

SESSION III - DIABETES TREATMENT – OVERCOMING THE GAPS

Chairpersons:	Tatyana Y. Demidova (Moscow, RU) Antonio Ceriello (Milan, IT)
02.00 p.m. 02.30 p.m.	Eberhard Standl (Münich, DE) How to close the gap between where we are and where we could be?
02.30 p.m. 03.00 p.m.	Erifili Hatziagelaki (Athens, GR) New opportunities in Diabetes treatment
03.00 p.m. 03.30 p.m.	Philip Home (Newcastle, UK) Prospects for the future of insulin therapy
03.30 p.m. 04.00 p.m.	<i>Coffee Break</i>

SESSION IV - COMORBIDITIES

Chairpersons:	Antonio Coca (Barcelona, ES) Philip Home (Newcastle, UK)
04.00 p.m. 04.30 p.m.	Giuseppe Mancia (Milan, IT) Diabetes patients and hypertension: diagnostic approach, risk stratification and treatment
04.30 p.m. 05.00 p.m.	Antonio Coca (Barcelona, ES) Diabetes and Brain damage
05.00 p.m. 05.30 p.m.	Athanasios J. Manolis (Athens, GR) Diabetes and chronic coronary syndrome: ESC guidelines on the management of a critical approach
05.30 p.m. 06.00 p.m.	<i>General discussion and closing remarks</i> Tatyana Y. Demidova (Moscow, RU) & Sergey A. Lukyanov (Moscow, RU)

THURSDAY, DECEMBER 19TH, 2019 – MORNING

SESSION V - COMPLICATIONS OF DIABETES

Chairpersons:	Ivan G. Gordeev (Moscow, RU) Massimiliano Ruscica (Milan, IT)
09.30 a.m. 10.00 a.m.	Massimiliano Ruscica (Milan, IT) Lipid role in Diabetes Mellitus
10.00 a.m. 10.30 a.m.	Ivan G. Gordeev (Moscow, RU) Diabetes mellitus and Atherosclerotic Heart Disease
10.30 a.m. 11.00 a.m.	Vera N. Larina (Moscow, RU) Diabetes mellitus and Heart failure
11.00 a.m. 11.30 a.m.	<i>Coffee Break</i>
Chairpersons:	Igor G. Nikitin (Moscow, RU) Giuseppe Mancia (Milan, IT)
11.30 a.m. 12.00 p.m.	Igor G. Nikitin (Moscow, RU) Nonalcoholic steatohepatitis (NFSH) in Diabetes
12.00 p.m. 12.30 p.m.	Tatyana Y. Demidova (Moscow, RU) Diabetes eye disease
12.30 p.m. 01.00 p.m.	Oxana A. Kislyak (Moscow, RU) Diabetes kidney disease
01.00 p.m. 01.30 p.m.	<i>Lunch</i>

THURSDAY, DECEMBER 19TH, 2019 – AFTERNOON

SESSION VI - EVOLUTION OF TRENDS FOR DIABETES TREATMENT STRATEGIES

Chairpersons:	Marina V. Shestakova (Moscow, RU) Piero Marchetti (Pisa, IT)
01.30 p.m. 02.00 p.m.	Piero Marchetti (Pisa, IT) Targeting the beta cell to tackle Type 2 Diabetes
02.00 p.m. 02.30 p.m.	Marina V. Shestakova (Moscow, RU) New Russian guidelines for type 2 Diabetes Treatment
02.30 p.m. 03.00 p.m.	Olga D. Ostroumova (Moscow, RU) Deprescribing in elderly patients with DM
03.00 p.m. 03.30 p.m.	<i>Coffee Break</i>
Chairpersons:	Minara S. Shamkhalova (Moscow, RU) Erifili Hatziagelaki (Athens, GR)
03.30 p.m. 04.00 p.m.	Minara S. Shamkhalova (Moscow, RU) Treatment strategies Kidney Disease in Diabetes
04.00 p.m. 04.30 p.m.	Olga D. Ostroumova (Moscow, RU) Diabetes and cognitive disorders
04.30 p.m. 05.00 p.m.	Tatyana Y. Demidova (Moscow, RU) Treatment strategies of Diabetic Cardiovascular Disease
05.00 p.m. 05.30 p.m.	Nebojsa Lalic (Belgrade, SRB) CVOT: what can we translate to clinical practice
05.30 p.m. 05.45 p.m.	Discussion
05.45 p.m. 06.00 p.m.	Take home messages Concluding remarks Tatyana Y. Demidova (Moscow, RU) & Sergey A. Lukyanov (Moscow, RU)

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Forscherguppe Diabetes eV
Munich Helmholtz Centre
Munich-Neuherberg, Germany

GENERAL INFORMATION

MEETING VENUE

The venue for the Meeting will be **Radisson Slavianskaya Hotel**
Europe Square, 2 – Moscow (Russia)

SECRETARIAT DURING THE MEETING

The Secretariat will be open at the following times:
Wednesday, December 18th 2019 from 08.00 a.m. to 06.00 p.m.
Thursday, December 19th 2019, from 08.30 a.m. to 05.30 p.m.

OFFICIAL LANGUAGE

The official language of the Meeting will be English.
Simultaneous translation will be provided.

REGISTRATION

The meeting is free to attend.
For more information and to register please visit the following website:
www.fondazione-menarini.it

Direct link available here:
<https://www.en.fondazione-menarini.it/Home/Events/International-Symposium-On-Diabetes-Mellitus-From-Science-To-Clinical-Practice/706/Presentation>

TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections. A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.
The center will be open at the following times:
Wednesday, December 18th 2019 from 08.00 a.m. to 06.00 p.m.
Thursday, December 19th 2019, from 08.30 a.m. to 05.30 p.m.

LUNCHEES AND COFFEE BREAKS

Lunches and coffee breaks will be served in the Meeting area.

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